

Who We Serve/

How We are Funded

Drug Medi-Cal (DMC) Eligible Individuals:

Many of our programs are funded by the Drug Medi-Cal program, a benefit program of Medi-Cal for low-income adults. All youth aged 12 years and older are eligible for Minor Consent Drug Medi-Cal. Individuals who are Drug Medi-Cal recipients are entitled to the following substance use disorder services: AOD individual assessment, treatment planning sessions, group counseling, crisis counseling and discharge planning.

Court-Ordered and Grant Funded Eligible Individuals:

The County of Santa Barbara has limited funding for several court ordered programs including Proposition 36 (Substance Abuse and Crime Prevention Act). Drug Court and Federal Grants. Eligible individuals can have some, if not all, of their treatment funded through these programs so long as they comply with program requirements and contribute to the cost of treatment based on ability to pay.

CalWORKs Recipients:

The CalWORKs program provides temporary financial assistance and employment - focused services to families with minor children who have income and property below State maximum limits for their family size. Most able-bodied aided parents are also required to participate in the CalWORKs GAIN employment services program. CalWORKs recipients are eligible for AOD assessment, referral, case management, and treatment services.

Self-Pay:

AOD treatment services are based on a sliding fee scale where you will be assessed a fee based on your ability to pay. Cost should not be a barrier to seeking out treatment as many AOD programs have supplemental funding.

VETS – Veterans Entering Treatment Service

The VETS program newly, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), will expand and enhance treatment service options for participants (Veterans) of the Santa Maria Veterans Treatment Court (VTC). Services include case management, individual and group counseling, detox, sober living housing, psychiatric services and medication support. VETS will focus on the mental health and AOD needs of its participants including trauma exposure related to military service.

Priority Admission

- Females who are pregnant
- Other pregnant females needing SUD TX
- Injecting drug users
- Others needing SUD TX

How to Contact Us

Department of Behavioral Wellness

300 North San Antonio Road, Bldg 3

Santa Barbara, CA 93110-1332

countyofsb.org/behavioral-wellness

Phone: (805) 681-5440

FAX: (805) 681-5413

“A journey of a thousand miles begins with a single step”

-Confucius



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Alcohol and Other
Drug Services

Continuum
of Care

- ✓ Available Services
- ✓ Who We Serve
- ✓ How We are Funded
- ✓ Contact Information
- ✓ Priority Admission

Prevention:

Primary prevention services including education and early intervention services are targeted to prevent individuals from abusing substances before they begin using substances.

Detoxification Services:

Non-medically managed residential services for clients who need to eliminate alcohol or other drugs (AODs) from their system in a safe and sober environment.

Outpatient Drug Free (ODF):

Also simply called outpatient treatment, where the client does not reside in the treatment facility. Treatment services include assessment, individual and group counseling, random drug testing and other supportive services. Outpatient drug free services usually require attendance of 4-8 hours per week.

Perinatal Services:

Services for pregnant/post partum women and women with children. Currently perinatal services include Outpatient Drug Free treatment counseling, Day Care Rehabilitative and Transitional Residential Living. These services are enhanced to address the unique needs of women.

Intensive Outpatient Treatment (IOT):

The similar to the outpatient drug free services above but more intensive, lasting 3 or more hours but less than 24 hours per day for three or more days per week. Sometimes referred to as Day Care Rehabilitative (DCR). IOT usually requires attendance 9-20 hours per week. IOT individuals may live independently, semi-independently, or in a supervised residential facility which does not provide the service. IOT service are typically available when ODF is not sufficient to treat a client with multi-dimensional issues and is assessed as needing a more intensive form of treatment.

Case Management

Case Management Services are activities that coordinate and link necessary services to ensure successful treatment and recovery. Services may include outreach, individual service plans, monitoring and evaluation progress, and community resource referrals.

HIV/HCV Services

The Human Immunodeficiency Virus/ Hepatitis C (HIV/HCV) provides early intervention services to individuals receiving substance use disorder treatment. Services include HIV/HCV education, rapid testing, counseling and referrals for case management and treatment. HCV services are available only for clients that are HIV positive.

Residential Treatment

Residential or inpatient treatment services are the most intensive alcohol and other drug treatment services. Residential treatment is usually 24 hours per day for at least 30 days. Services provided in residential programs include personal recovery/treatment planning, educational sessions, social/recreational activities, individual and group sessions, and information about obtaining health, social, vocational, and other community services.

Narcotic Treatment Programs (NTP)

Narcotic Treatment Programs (NTP) are outpatient services providing medication-assisted treatment services for Narcotic (Heroin, Vicodin, Oxycotin) abuse and dependence. NTP individuals attend treatment services daily including taking prescribed doses of methadone and/or other medications and attending counseling sessions. NTPs may last from 21 days for detoxification services for up to years, depending on client need.

Youth and Family Treatment Centers

Provide treatment to youth who have begun using drugs and alcohol, and their families, in the community and through school based counseling services. The focus is on youth between the ages of 13 and 17. Programs provide age-appropriate developmental services and family involvement.

Aftercare/Recovery Oriented System of Care (ROSC)

Aftercare services may include infrequent meetings or check-in sessions with a counselor, random drug testing and/or self help group attendance. Recovery Oriented System of Care or ROSC is a network of self-help groups organized throughout the county to compliment 12 Step programs. ROSC groups are usually smaller, more interactive and resemble treatment groups more than 12 Step meetings.

Co-occurring (COD) or Dual Diagnosis (DDX) Services

Alcohol and other drug services for individuals who have both an alcohol or other drug problem and a mental health issue. COD/DDX services include the above services but are usually more flexible and individualized than standard AOD treatment groups. COD/DDX services may also include psychiatric services including medications.

DUI

Driving Under the Influence (DUI) services are first and multiple offender programs which provide education and counseling for persons who have a driving or boating violation involving alcohol and/or other drugs.

PC 1000 - Drug Diversion

PENAL CODE 1000 - Drug Diversion is a deferred entry of judgment program for non-violent drug offenders referred to treatment. Upon completion of treatment, charges are dismissed. Services include education, and individual and group counseling

TB Services

Tuberculosis screening to all clients seeking admission to any SUD program. TB skin results, education, prevention counseling and referrals to treatment.