

Santa Barbara County Perinatal Program Providers:

Casa Serena

Oliver House

Santa Barbara, CA 93101

Phone (805) 966-1260, FAX (805) 966-6695

Council on Alcoholism & Drug Abuse

Project Recovery

Santa Barbara, CA

Phone (805) 564-6057, FAX (805) 963-8849

Good Samaritan Shelter Services

Project PREMIE

Santa Maria, CA 93454

Phone: (805) 925-0315

Turning Point

Lompoc, CA 93436

Phone: (805) 736-0357, FAX (805) 737-0389

Priority Admission

- Pregnant females who are pregnant
- Other pregnant females needing SUD TX
- Injecting drug users
- Others needing SUP treatment

Program Outcomes

Available research indicates that approximately 71% of babies born to women in perinatal treatment programs test negative for alcohol or other drug exposure.



Perinatal substance treatment programs are essential to ending the intergenerational cycle of abuse and addiction in children of chemically dependent adults.



Santa Barbara County Contact Information:

Department of Behavioral Wellness
300 North San Antonio Road, Bldg 3
Santa Barbara, CA 93110-1332

Alcohol and Drug Program

Phone: (805) 681-5440

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countyofsb.org/behavioral-wellness

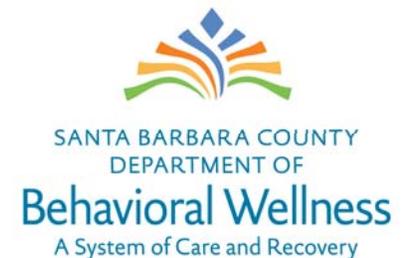
“To be in your children's memories tomorrow, You have to be in their lives today.”

— [Barbara Johnson](#)

County of Santa Barbara Alcohol and Drug Program

Perinatal Programs

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Background and Overview

The Department of Health Care Services oversees a statewide network of approximately 300 public-funded perinatal alcohol and other drug treatment programs that annually serve over 38,000 pregnant and parenting women, plus their children statewide.

As a result of the impact of alcohol-related birth defects on the community, the Santa Barbara County Alcohol Drug Program has adopted the State Perinatal Network Guidelines which makes it a priority to provide consistency and quality services to substance using pregnant and/or parenting mothers with child(ren) ages birth through 17. Women who are attempting to regain legal custody of their child(ren) also qualify for perinatal services.

Priority in Admission

For all women in perinatal funded services must be given in the following order:

- **Pregnant injection drug users;**
- **Pregnant substance users;**
- **Parenting injection drug users;**
- **Parenting substance users**

Goals and Objectives

Programs empower women to achieve and maintain clean and sober living, deliver healthy infants, strengthen family units, and lead self-sufficient and healthy lives.

Services are designed to be gender specific and culturally relevant to chemically dependent pregnant women or substance abusing mothers with children.

The State of California Perinatal Services Network Guidelines recommends counties include the following treatment modalities for pregnant women and their children:

- **Outpatient Drug-Free Treatment**
- **Intensive Outpatient Treatment**
- **Residential Treatment**
- **Medication Assisted Treatment**
- **Transitional Living Centers**



Components

- The use of nationally recognized evidence-based and trauma informed Substance Use Disorder (SUD) treatment curriculums including: Seeking Safety and Matrix
- Comprehensive case management services
- Cooperative child care
- Transportation to medical appointments
- Parenting skills building
- Child development and health education
- Linkages to prenatal care and HIV/TB Testing
- Counseling, education, vocational training, and other ancillary services

For women and children attending perinatal programs:

- Successful treatment outcomes increase with the length of time in treatment
- Therapeutic services for children results in fewer school drop-outs, less truancy, and reduced juvenile delinquency
- Child/mother reunifications increase
- Involvement with child welfare services and length of time children spend in foster placement decrease