



SANTA BARBARA COUNTY
ADVISORY BOARD ON ALCOHOL & OTHER DRUG PROBLEMS
300 North San Antonio Road, Santa Barbara, CA 93110
Phone (805) 681-5440 / Fax (805) 681-5413
<http://www.countyofsb.org/behavioral-wellness/home.c>

Draft Meeting Minutes
May 2nd, 2016 – 3:00 P.M. to 5:00 P.M.
Pea Soup Andersen’s Pavilion Room, Buellton, CA

Members Present: **Ruth Ackerman**, 2nd District; **Judy Blue**, 2nd District; **Chris Burtness**, 3rd District; **Sharon Byrne**, 1st District; **Jim Laponis**, 1st District; **Sharon Rumberger**, 2nd District, **Jennifer Smith**, 3rd District; **Kati Smith**, 3rd District; **James Rohde**, 3rd District; **Tom Urbanske**, 5th District
(Absence) **Mike Cordero**, 5th District; **Edwin Weaver**, 4th District,

ADP Staff/Behavioral Wellness: **John Doyel**, **Lucero Garcia**, **Chris Burke**
Public: **Mary Conway**, People Helping People (PHP), **Linda Neutz**, E-Eshora CCCC, INC. & Ladies Recovery for Life, **Anna Zucker**; Recovery Community

I. Call to Order

- Advisory Board Chair Byrne called the meeting to order at 3:09 p.m. Advisory Board members and attendees introduced themselves.

II. Introductions/ Announcements

- K. Smith announced that she had the opportunity to try out the new drug bins at the County Safety Center and states that it is very easy to use.
- Ms. Neutz and Ms. Zucker from Lady’s Recovery for Life in Lompoc announced they are here attending the meeting.

III. Approval of Minutes

- Corrections to the April 4th, 2016 minutes: Under item VIII, 1st bullet, delete the phrase beginning with “The Ad Hoc subcommittee meeting...K. Smith’s assistance on formulating Bylaws.”

A motion to approve the minutes as amended was made by Board member Jim Laponis and seconded by Board member Kati Smith. The minutes were approved unanimously.

IV. Public Comment

- Mary Conway provided a printed article by Bill Cirone discussing on the Marijuana (MJ) Initiatives, an “Ungodly Mess”. The article is about the drug’s accessibility and

notion that it is a legal drug playing havoc on young people's minds. Chair Byrne requested the Board to observe the different marijuana initiatives.

- Chair Byrne reported there was a supervisory debate hosted by the Legal Women's Voters on banning MJ store front dispensaries in Santa Barbara. The city of Santa Barbara approved three medical MJ dispensaries and the proposed locations are in Mission, Milpas, Outer State, Upper De La Vina, and West Pueblo areas. There is no THC level limit for the proposed dispensaries product at this time.

V. Approval of the draft letter of support for the proposed banned on powdered alcohol

- Mr. Doyel notified Board members that Mr. Weaver is not attending the meeting. He then mentioned Mr. Weaver found that the product has not gone into production and does not function as it is marketed. A letter of support is unnecessary at this time.

A motion to move the approval of the draft letter of support for the proposed banned on powdered alcohol to next month's agenda was made by Jennifer Smith and seconded by Board member Kati Smith. The motion was approved unanimously.

VI. Merging the MHC & ADP Advisory Board Ad Hoc Subcommittee

- Ms. Rumberger explained the draft Bylaws for the proposed Behavioral Wellness Commission and will take all suggestions into consideration. A second draft will be created in the next two weeks.
- Mr. Laponis stated that the Bylaws are moving forward fairly quickly, he then quoted a statement by Michael Gorodezky, "There is a new commission to a new era." Chair Byrne requested this quote to be incorporated in the presentation to the Board of Supervisors (BOS).
- Mr. Doyel reported that for the first time the MHC is addressing addiction stating that a majority of mental health issues are caused by dependence and/or co-occurring issues.
- Mr. Laponis explained that the MHC does not incorporate the recovery process and that they do need to because ADP understands recovery.
- Chair Byrne reported that MHC is impressed with Mr. Doyel responsiveness, the action based ADP meetings and how the ADP Advisory Board is such a devoted group.
- Chair Byrne suggested creating a mission statement for the draft Bylaws that reflects the community's needs. Ms. Byrne further explained by asking the question, "What is the group's intent to serve?" Ms. Rumberger agreed to write a draft mission statement into Article II of the Bylaws.
- Mr. Doyel reported he had a discussion with Pam Fisher; Deputy Director of Clinical Operations, concerning the possibility that ADP might become marginalized with the MH matters. He then stated that Ms. Fisher would be helpful in maintaining ADP's integrity and the merge will be a much more efficient system.

VII. Site Reviews

- Ms. Ackerman reported she was pleased with the new Aegis Director, Ms. Barker and the site visit went well. She stated that the change in the Aegis philosophy is that they

do not want to have career methadone clients and that the new younger clients are requesting 21-day detoxes. She explained Aegis is looking forward to incorporating a mental health component and has hired new counseling staff. Currently they are 70 percent Medi-Cal and 30 percent private pay.

- Fourth District Supervisor, Peter Adam's article was discussed concerning issues surrounding Aegis in Santa Maria (SM). The article provoked a discussion on the concerns of harm reduction. Mr. Urbanske indicated Peter Adam's major concern is that people weren't graduating from treatment services or titrating off of methadone and how one could quantify the treatment. Mr. Doyel reported that The Harm Reduction Model is a good discussion for there are positives and negatives to this type of treatment approach. The positives are that it is an entitlement to the client that cannot be denied and the negatives are that it is more difficult to get off methadone than heroin and that people stay on it too long. Does a methadone program provide enough treatment and do we treat transitional age youth with methadone? Mr. Doyel confirmed ADP staff has made unannounced visits to SM Aegis and the neighboring issues have improved. The county's first line of referral and only option for opiate addiction is methadone. The length of stay for methadone is 30 months on average.
- K. Smith reported on the site visit she did at a drug court graduation involving Coast Valley, Lady's Recovery for Life, Victory Outreach and Good Samaritan. The event was described as Jubilee.

VIII. Education and Prevention Subcommittee

- This agenda item will no longer be a standing item. It was decided that the Merging of the MHC & ADP Advisory Board Ad Hoc Subcommittee will take precedence.

IX. Program Manager's Report, including System Changes & MJ Legislation Update

- **Naloxone Distribution:** Mr. Doyel reported that Naloxone is the antidote used for Opioid Overdose; the cost of one kit with 2 doses is \$164.00.
- **Medicated Assisted Treatment (MAT):** Mr. Doyel is writing a plan for MAT which will include a policy and procedure.
- **Organized Delivery System (ODS) Waiver Work Group:** Mr. Doyel will be writing about a 75-page ODS Implementation plan.
- **Isla Vista (IV) Update:** Mr. Doyel reported the two projects in IV, the Safe Center (SC) and Intervention & Treatment Services are to provide mental health and alcohol and drug services. The SC is currently looking for funding to keep going. Mr. Doyel announced he completed the county paperwork to lease the "CADA Suite" located above the proposed SC site. This facility will be providing services for co-occurring disorders and screening for treatment.
- **Quality Care Management Coordinator (QCMC):** Mr. Doyel reported that Kassie Knudsen, Marriage and Family Therapist Intern (MFTI) was recently hired for the QCMC position.
- **Strengthening Families Program (SFP):** Mr. Doyel indicated he is working on establishing a treatment model at the Los Prieto's Boys Camp which will be offered on Sunday's. Additional staffing of therapists will be required for this evidence-based family skills training.

- **Adult and Adolescent Outpatient Program Evaluation:** Mr. Doyel acknowledged K. Smith's effort on assisting with analyzing the data for the past 2 quarters demonstrating success rates between 40-55 percent. Mr. Doyel stated that the report highlights a couple of problem areas with the agency's confirming that they do need help in those areas.

X. New Business

- Joint meeting with Mental Health Commission (MHC) next month.
- Review draft Bylaws for the merge of MHC & ADP
- Approval of the draft letter of support for the proposed banned on Powdered Alcohol

XI. Adjournment

- Chair Byrne entertained a motion to adjourn, Mr. Laponis motioned and it was seconded by Mr. Rumberger to adjourn the meeting.
- The meeting adjourned at 4:45 P.M.
- The next ADP Advisory Board meeting will take place on June 9th, 2016 from 3:00 PM – 5:00 PM. This will be a Joint Meeting with the Mental Health Commission.