



SANTA BARBARA COUNTY
ADVISORY BOARD ON ALCOHOL & OTHER DRUG PROBLEMS
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Draft Meeting Minutes
Advisory Board on Alcohol & Other Drug Problem
August 1, 2016 – 3:00 P.M. to 5:00 P.M.
Pea Soup Andersen's Pavilion Room, Buellton, CA

Members Present from the Advisory Board (ADP Board): Chris Burtness, 3rd District; Sharon Byrne, 1st District; Ruth Ackerman, 2nd District; Mike Cordero, 5th District; Jennifer Smith, 3rd District; James Rohde, 3rd District; Edwin Weaver, 4th District; (Absent. Sharon Rumberger, 2nd District, Judy Blue, 2nd District, Jim Laponis, 1nd District)

Behavior Wellness Staff: John Doyel, Chris Burke.

I. Call to Order

- Chair Byrne, called the meeting to order at 3:02 p.m. Advisory Board members and attendees introduced themselves.

II. Introductions/ Announcements

- Edwin Weaver announced on August 16, 2016 he will be attending the BOS meeting to present “smoke free parks” in Santa Maria county

III. Approval of Minutes

- Correction to the June 6th, 2016 Joint commission notes: Under item VI bullet point X “To be deleted” was added.

A motion to approve the Joint commission notes was agreed and accepted by Chris Burtness and seconded by Mike Cordero.

IV. Public Comment

- No Public comment

V. ADP Advisory Board Chair's Report

- Chair Byrne announced that Noozhawk is publishing an opioid epidemic series centered on the Santa Barbara / Isla Vista area.

VI. Proposed Behavioral Wellness Commission Update

- Chair Byrne announced that the Mental Health Commission (MHC) has met and agreed to approve the joint by laws to merge the MHC with the ADP Advisory Board. Jim Laponis wrote up the resolution for merging the two assemblages and with the attrition of Katie Smith there was a straight transfer of membership to the new commission. The Fourth and Fifth districts were slightly under represented.
- County CEO office is concerned with managing a 25 member board? The current combined teams are about 17 people.
- The joint commission By Laws are currently at the CEO's office which will go to the county council office, back to Chair Byrne and, then to Advisory Board. The objective is to have two supervisors put it on the agenda to discuss at BOS meeting.
- Chair Byrne stated that Dr. Gleghorn is on board with the integration and requested the joint commission Bylaws come from the Advisory Board and not the Behavior Wellness staff.

VII. Site visits/ Review

- Ms. Ackerman reported on her site visit with Project Recovery Perinatal Program. She reported the program was clean, welcoming, in a good location, and provided services in Spanish.. There was no signage to reduce fraternization. The program is focused on relapse prevention, treatment education, counseling and parenting skills. Transportation is provided. Project Recovery works closely with the following domestic violence shelters; Casa Serena, Transition House and Domestic Violence Solution.
- Ms. Ackerman has scheduled a site visit with Phoenix House at 11:00am Friday August 12th, 2016. Chair Byrne and Mr. Rhodes requested to attend the site visit.
- Chair Byrne requested Jennifer Smith be a part of the IV Safe House Program to get a "ground floor feel" of what is going on there. Jennifer Smith agreed to participate at some level.

VIII. Education and Prevention Sub Committee

- Chris Burtness stated there is a priority of soliciting community input with developing the joint commission. Chair Byrne responded using Jennifer Smith involvement with the IV Safe House as an example.
- Ruth Ackerman reported on the need to do site visits with the adolescent's treatment providers. John Doyel reported the adolescent programs are Daniel Bryant in Santa Barbara, Coast Valley in Lompoc, and Santa Maria Youth and family in Santa Maria. ADP works closely with CADA providing Screening, Brief Interventions, and Referral to Treatment Services at the high schools.

IX. Program Managers' Report

- **ODS Implementation Plan:** John Doyel reported working with Pam Fisher on two revised edits and it is now submitted to Alice for her review. The current plan includes acupuncture for detox, relapse preventions, medical detox, and adolescent community reinforcement approach which provides individual counseling for youth. The program

falls under ASAM level 3.1 which is live in residential treatment that provides 5 hours of groups a day. Residential adolescence treatment program are not sustainable with current the budget. CADA is expanding their services with case management, aftercare, and recovery support program that address chronic relapsing. Ruth reported that she would like more resources dedicated to youth services. Chair Byrne reported the Advisory Board can explore different options with Youth Service Centers. John reported there will be new covered benefits including case management and recovery support services..

- **Provider Evaluation:** Outpatient adult and adolescent treatment report was handed out and discussed. Chris Burtness reported that percentages are low. Mr. Doyel shared the MAT clients on methadone are not included in this report.
- **Medicated Assisted Treatment (MAT):** John Doyel reported the pilot program calls for 18 patients, approximately 6 in each region. Director Alice Gleghorn is currently reviewing and editing the MAT Innovations Plan.. The proposed plan proposes that selected clients be provided up to 8 months of Suboxone and 6 months of Vivitrol Limiting medications will encourage quality programming to ensure relapse prevention once the medications are discontinued.
- **IV Update:** John Doyel reported that Behavioral Wellness can no longer assume the risks and liabilities of being the lead agency for the proposed IV Safe Center. A lack of investment and unresolved concerns informed the decision. However, Mr. Doyel reported that the IV treatment (CADA Suites) project will move forward..
- **Quality Care Management Coordinator:** Kassie Knudsen is working out well and interviews for the second position are being held next week.
- **Strengthening Families:** Mr. Doyel has purchased training materials and is organizing a two day training seminar scheduled for September 26-27, 2016
- **BOS Presentations:** John Doyel will present the BeWell ADP Overdose Prevention and Reversal program to the BOS on 8/23/16. He mentioned that MAT is currently best practice and that County ADP is committed to providing MAT to its continuum of services.. Edwin Weaver posed the question, “What will the MAT programs do concerning clients with child care?” Legalization for Marijuana will be on the ballot for November.
- **Strategic Prevention Plan:** John Doyel reported every 5 years a complete SPP is to be completed. The current plan has the following four priorities; underage drinking, binge drinking, marijuana abuse, and prescription drug abuse. John Doyel requested involvement and council in identifying priorities for the next plan.

X. New Business

- Susan Rothschild will present the results for the Community Health Assessment
- Aegis Methadone Treatment Results
- Ruth Ackerman will “call in” in September

XI. Adjournment

- Chair Sharon Byrne motioned to adjourn; and seconded by Chris Burtness to adjourn the meeting.
- The meeting adjourned at 5:08 P.M.

The next ADP Advisory Board meeting will take place on October 3rd, 2016 from 3:00 PM – 5:00 PM.

DRAFT