
Director's Report

March 15, 2017



Alice Gleghorn, Ph.D., Director
Santa Barbara County Department of Behavioral Wellness
(805) 681-5220 ♦ <http://countyofsb.org/behavioral-wellness>

DEPARTMENT AND COUNTY NEWS

Planning Underway for Strengthening Families Pilot Program: Thanks to a \$51,490 grant from the Inter-Agency Policy Council, the Behavioral Wellness Department will launch a pilot Strengthening Families Program (SFP) in Santa Maria in April. Between five and 10 families will be served over a 10-week period. The families will be predominantly, if not exclusively, monolingual Spanish-speaking families whose children are either currently affected with substance use disorders or at high risk of becoming affected. Treatment will include family therapy and incentives to engage and maintain treatment engagement. Child care will be included for children under 10 years of age who are too young to engage in the treatment. The services will be provided by licensed clinicians who are trained in multi-family therapy and the SFP model.

The SFP will also be established as a primary prevention strategy beginning around October 1. Three 10-week sessions per region will be provided by contracted community-based organizations. These primary prevention services will be provided by licensed clinicians and/or certified drug and alcohol counselors to families who have not yet been affected by substance abuse disorders but are at high risk of becoming affected. For more information, see <https://www.strengtheningfamiliesprogram.org/>

Behavioral Wellness Offers Homeless Outreach at Opening of New Hope Community Center: On February 25, Behavioral Wellness Staff members Enrique Bautista and Evan Kudler provided homeless outreach during the grand opening of the New Hope Community Center in Santa Maria. Enrique and Evan staffed a table with information in English and Spanish about Behavioral Wellness programs and services and how to access them. Located at 406 West Mill Street, the community center is the result of about nine years of planning and collective work on the part of the New Hope Missionary Baptist Church, its members and many local organizations. The community center provides monthly assistance to homeless individuals.

Behavioral Wellness Policies and Procedures Strengthened: During FY 2016-2017, the Department of Behavioral Wellness drafted 50 new policies and submitted 12 policies for revisions. Forty of the new policies were Psychiatric Health Facility (PHF)-specific policies, all of which were approved by the PHF Governing Board and Medical Practice Committee. Three of the new policies drafted pertained to the Quality Care Management Division of Behavioral Wellness, two of the new policies were specific to the Alcohol and Drug Program, two concerned Patients' Rights, and one pertained to the Access to Quality Care and Services.

Recently approved policies appear below. All Behavioral Wellness policies and procedures may be found [here](#).

| Approved Department Policies July 2016 – March 2017 | | | |
|---|--------------|--|----------|
| | Policy # | Policy Name | Approval |
| 1 | MIS – 14.000 | Information Systems for Workforce Access and Termination Requirements | 1/10/17 |
| 2 | QCM – 4.015 | Staff Credentialing & Licensing | 12/22/16 |
| 3 | PR – 3.004 | Advance Directives – Adult Outpatient Services | 12/22/16 |
| 4 | PR – 3.005 | Second Opinion | 12/22/16 |
| 5 | QCM – 4.020 | Client Problem Resolution Process | 12/22/16 |
| 6 | CL – 8.204 | Katie A. | 12/22/16 |
| 7 | CL – 8.009 | Medication Consent | 12/22/16 |
| 8 | QCM – 4.011 | EPSDT/TBS Notification | 12/22/16 |
| 9 | QCM – 4.010 | Notices of Action | 12/22/16 |
| 10 | AQS – 2.007 | Cultural and Linguistic Competency | 12/14/16 |
| 11 | CL – 8.100 | Mental Health Client Assessment | 12/14/16 |
| 12 | CL – 8.102 | Mental Health Client Progress Notes | 12/14/16 |
| 13 | QCM – 4.021 | MHSA Issue Resolution Process | 12/14/16 |
| 14 | ADP – 7.037 | Trafficking Victims Protection Act of 2000 | 12/14/16 |
| 15 | ADP – 7.036 | Nondiscrimination and Institutional Safeguards for Religious Providers | 8/10/16 |
| 16 | CL – 8.303 | Psychiatric Mental Health Nurse Practitioners | 8/10/16 |

Approved PHF Policies July 2016 – March 2017

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| | Policy Name | Approval Date |
|-----------|--|----------------------|
| 1 | Patient Elopement | 2/22/17 |
| 2 | Denial of Rights | 2/9/17 |
| 3 | Client Problem Resolution Process | 1/25/17 |
| 4 | Access to Medication Storage Areas | 1/4/17 |
| 5 | Unusual Occurrence Reporting | 1/4/17 |
| 7 | Informed Consent for Psychiatric Medications | 1/4/17 |
| 8 | Social Services Documentation Standards | 1/4/17 |
| 9 | Care of Suicidal Patient | 1/4/17 |
| 10 | Visitors | 1/4/17 |
| 11 | Outside Food | 1/4/17 |
| 12 | Off-unit Therapeutic Passes | 1/4/17 |
| 13 | Medication Administration | 1/4/17 |
| 14 | On-Call Administrator | 1/4/17 |
| 15 | Care of Suicidal Patient | 1/4/17 |
| 16 | Critical Laboratory Values | 11/30/16 |
| 17 | Sexual Contact Between Patients | 10/17/16 |
| 18 | Hospital Construction and Renovation | 10/17/16 |
| 19 | Reportable Diseases, Conditions and Occurrences | 10/17/16 |
| 20 | Occupational Exposure to Communicable Diseases Other than Bloodborne Pathogens | 10/17/16 |
| 21 | Pharmacy Deliveries | 10/17/16 |
| 22 | Standard Precautions | 10/14/16 |
| 23 | Glucometer | 9/30/16 |
| 24 | Transcribing New Medication Orders | 9/30/16 |
| 25 | Stop Orders for Medications | 9/30/16 |
| 26 | Controlled Substance Management | 9/30/16 |
| 27 | Sample Medications | 9/30/16 |
| 28 | Patients' Own Medications | 9/30/16 |
| 29 | Emergency Medication Kit (E-Kit) | 9/30/16 |

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| 30 | Emergency Supplies and Drugs (E-Kit) | 9/30/16 |
| 31 | Employee Immunization | 9/9/16 |
| 32 | Ice Procurement, Storage and Handling | 9/9/16 |
| 33 | Disaster and Emergency Supplies for Dietary Services | 9/9/16 |
| 34 | Food Substitutions and Replacement Meals | 9/9/16 |
| 35 | Nutritional Screening and Assessment | 9/9/16 |
| 36 | PRN Medications | 9/9/16 |
| 37 | Medication Disposal | 9/9/16 |
| 38 | Medication Errors and Adverse Drug Reactions | 9/9/16 |
| 39 | Seclusion and Restraint | 9/9/16 |
| 40 | Staff Orientation and Training for Seclusion and Restraint | 9/9/16 |
| 41 | Access to Medication Storage Areas | 9/9/16 |
| 42 | Facility Surveillance and Inspection | 9/9/16 |
| 43 | Blood Glucose Monitoring | 9/9/16 |
| 44 | Therapeutic Diets | 9/9/16 |
| 45 | Washer and Dryer Disinfection/Soiled Laundry Handling | 9/9/16 |

NATIONAL AND STATE NEWS

Grant Webinar in Medication Assisted Treatment is March 27: The California Department of Health Care Services (HCS) will be hosting a webinar on March 27, 2017, regarding the SAMHSA Opioid State Targeted Response (STR) grant opportunity. The webinar will provide details on California's application, the Medication Assisted Treatment (MAT) Expansion Project. Please register for the MAT Expansion Project Webinar at: <https://attendee.gotowebinar.com/register/6390144258385237505>

California will strategically focus on populations with limited MAT access including rural areas, American Indian and Native Alaskan (AI/NA) tribal communities and statewide access to buprenorphine. The grant focuses on two projects: the California Hub and Spoke System (CA H&SS) and the Tribal MAT Project. The goals of the project are to implement the Hub and Spoke model in various areas throughout California which will improve access to Narcotic Treatment Programs (NTPs), Medication Units in counties with the highest overdose rates. The MAT Expansion Project will also increase the availability of buprenorphine statewide and increase MAT utilization for tribal communities. The presenters will be Karen Baylor and Marlies Perez. After registering, you will receive a confirmation email containing information about joining the webinar.

Addiction Medicine Officially Recognized as Medical Subspecialty: "For the first time ever, the more than 850,000 physicians who are certified by a member board of the [American Board of Medical Specialties \(ABMS\)](#) will be able to sit for an exam to obtain certification in the *sub-specialty of addiction medicine*. Physicians who are certified by any of the 24 Member Boards of the ABMS and have substantial

experience in the field of addiction medicine are eligible to apply to take the examination during the first five years that the exam is offered. Thereafter, a one-year addiction medicine fellowship will be required to take the examination. There are already [44 accredited addiction medicine fellowship programs](#). Review Course: To help physicians prepare for the exam, the [American Society of Addiction Medicine](#) will be conducting a review course for physicians in Dallas, Texas, from July 27-29. Physicians interested in certification or recertification can find more information on the course and a link to the course registration site [here](#). Certification Exam: The first certification exam will be offered in fall 2017, with anticipated application dates in April and May 2017. Details can be found [here](#).” From: ONDCP March 2017 Newsletter.

CDC Modernizes Pain Management and Prescription Guidelines with New App: “The Centers for Disease Control and Prevention (CDC) introduced a free Opioid Guideline App that allows users to access the agency’s recommendations on pain management and opioid treatment. The purpose of the app is to provide healthcare professionals and patients with quick reference materials on the prescription opioid overdose crisis and help them make informed clinical decisions. Features include a useful and intuitive Morphine Milligram Equivalent (MME) calculator for drugs such as hydrocodone, transdermal fentanyl, and other opioids. Additionally, the app contains summaries of key guideline recommendations, a glossary of terms, and an interactive motivational interview feature. For more information on the app, visit the CDC’s website by clicking [here](#). The app is free to download and can be found on the Apple App Store, the iTunes store, and the Google Play store by searching “CDC Opioid Guideline.” From: ONDCP March 2017 Newsletter.

SYSTEMS CHANGE CALENDAR

Change Agent Meeting: Change agents meet the fourth Wednesday of every month 9 – 11 am except during quarterly in-person meetings, which are 9 am – 12 noon. Video conferencing is available at the Santa Barbara Children’s Clinic, Small conference room; Lompoc Conference Room, ACT, upstairs, 401 E. Cypress and Large conference Room, 500 West Foster Road, Santa Maria. Questions: Nathan Post, npost@sbcswell.org.

Lompoc Regional Partnership Meeting: Meets at 301 N. R Street every other month on the third Tuesday. If you are interested in participating, please contact Jeanie Sleigh Jeanie.Sleigh@sbcphd.org or Sandy Fahey sfahey@sbcswell.org.

Santa Barbara Adult Regional Partnership: meets every 3rd Thursday of the month at 2:15 pm at the Santa Barbara Children’s Clinic, large conference room. Questions: Amanda Pyper, ampyper@co.santa-barbara.ca.us.

Santa Barbara Children’s Regional Partnership: 3rd Thursday of the month at 1:00 pm at the Santa Barbara Children’s Clinic, large conference room. Questions: Amanda Pyper, ampyper@co.santa-barbara.ca.us.

Santa Maria Children’s Regional Partnership Meeting is held every 3rd Monday of the month at 10 am in the large meeting room at the Foster Road Clinic. Questions: Amanda Pyper, epatarias@co.santa-barbara.ca.us

Santa Maria Adult Regional Partnership occurs every 3rd Monday of the month at 11 am in the large meeting room at the Foster Road Clinic. Questions: Amanda Pyper, epatarias@co.santa-barbara.ca.us

The Housing, Empowerment, Action and Recovery Team (HEART) meets the second Wednesday of every other month, 1:00-2:30 p.m. Locations: Behavioral Wellness Conference Room 261 and Santa Maria Annex via videoconference. Contact Laura Zeitz, lazeitz@sbcswell.org.

The Cultural Competency Action Team meets the second Friday of each month, 9:30-11:00 am, Locations: Behavioral Wellness Conference Room and Santa Maria Annex via videoconference. Contact Yaneris Muñiz, ymuniz@sbcbswell.org.

The Peer Action Team meets the third Thursday of the Month from 2 – 4:30 pm. Contact Tina Wooton, twooton@sbcbswell.org, regarding the location.

The Crisis Action Team meets the second Thursday of the month, 2:30 – 4:00 pm, Santa Barbara Children’s large conference room 119. Contact John Winckler, jwinckler@sbcbswell.org.

The Children’s System of Care Action Team meets the 4th Thursday of the month, 10:30 am - 12:00 noon. SELPA Conference Room, 240 E. Hwy. 246, Suite 200, Buellton CA 93127. Contact Ana Vicuña, avicuna@sbcbswell.org.