



FAMILY SERVICE AGENCY

Since 1899

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PROGRAMS

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- Senior Services
- Youth & Family Behavioral Health

LOCATIONS

SANTA BARBARA
123 West Gutierrez Street
Santa Barbara, CA 93101
(805) 965-1001

LOMPOC
110 South C St., Suite A
Lompoc, CA 93436
(805) 735-4376

DOROTHY JACKSON
FAMILY RESOURCE CENTER
320 North J Street
Lompoc, CA 93436
(805) 742-2943

SANTA MARIA
120 East Jones St., Suite 130
Santa Maria, CA 93454
(805) 925-1100

CARPINTERIA
5201 Eighth Street, Suite 202A
Carpinteria, CA 93013
(805) 566-1620

FSACARES.ORG

April 27, 2016

Adriana de Bruin
Business Manager, County Executive Office
105 E. Anapamu Street, Room 406
Santa Barbara, CA 93101

Dear Ms. de Bruin,

We remain grateful for the County of Santa Barbara's generous support and for the opportunity to submit a \$30,000 funding request for Family Service Agency's School-Based Counseling program.

Available at K-12 school campuses in Carpinteria, Santa Barbara and Lompoc, our School-Based Counseling program helps at-risk students decrease the likelihood of high-risk behaviors and improve academic success. A grant from the County of Santa Barbara will allow FSA to begin a collaborative pilot program with the United Boys & Girls Clubs in Santa Barbara and Lompoc to provide counseling to at-risk students during summer months.

Thank you for your past support and for your consideration of our request today. Please contact our Director of Development, Denise Hinkle, at 965-1001, ext. 267 should you require further information. We look forward to hearing from you.

Sincerely,

Lisa Brabo, Ph.D.
Executive Director



County of Santa Barbara

FY 2016-17 Outside Agency Funding Request Form

Deadline for Submission: Monday, May 2, 2016, 5:00 p.m.

The Board of Supervisors *may* consider funding requests from outside agencies during the FY 2016-17 budget hearings in June 2016, if funding is available. An allocation of funding to outside agencies is not guaranteed.

Please submit the following by **5:00 p.m., Monday, May 2, 2016, NO EXCEPTIONS, via Email or Hardy Copy (postmarks will not be accepted):**

1. Provide a cover letter explaining your request; and
2. Fill out this application (no more than 2 pages); and
3. Attach the Line Item Budget spreadsheet (no more than 2 pages) for the agency's program request

Hearings are scheduled for June 13, 15, and 17, with Outside Agency Requests considered on one of these days (yet to be determined). The **requesting agency must be represented and present**; please plan accordingly.

Total Request: \$ 30,000

Name of Organization: Family Service Agency of Santa Barbara

Title of Program: School-Based Counseling New or ongoing program? Ongoing

Location(s) of services delivered: Santa Barbara, Lompoc and Carpinteria

Name of Agency Executive Director: Lisa Brabo, Ph.D.

Phone #: 805-965-1001, x240 Email: lbrabo@fsacares.org Website: www.fsacares.org

1. Briefly summarize the purpose of the program, why the funds are needed, and the benefit to the community:

Available at K-12 school campuses in Carpinteria, Santa Barbara and Lompoc, Family Service Agency's School-Based Counseling program helps at-risk students decrease the likelihood of high-risk behaviors and improve academic success. The need is great. Santa Barbara County has a high school dropout rate of 10.3% and one of the highest truancy rates in California. Countywide, more than 20% of children and adults live in poverty - a risk factor consistently associated with negative impacts like physical and mental health challenges; and for children, challenges with school performance. Compounding the problem is an inadequate number of professionals available to address residents' behavioral health needs. Currently, FSA's School-Based Counseling program has a wait list of 175 children. Along with the need to serve greater numbers of children, we have been approached by community partners and parents about providing counseling when school is not in session. A grant of \$30,000 from the County of Santa Barbara would be used to begin a collaborative pilot program with the United Boys & Girls Clubs in Santa Barbara and Lompoc to provide counseling to at-risk students during summer months.

2. Briefly summarize the service to be provided and how many people will be served:

During FY2015-16, FSA's School-Based Services will provide 420 or more family counseling sessions and serve 460 or more youth throughout Santa Barbara County. Our collaborative pilot program will allow us to provide additional counseling during the summer months to 90 children/youth on-site at the United Boys & Girls Clubs in Santa Barbara and Lompoc. The power of FSA's School-Based Counseling lies in its focus on prevention. Counselors design and implement appropriate intervention strategies based on assessments completed by parents, teachers, and outside sources such as physicians. Counselors work with children on a weekly basis, individually or in groups, participating in exercises and activities like goal setting and anger management skills. These activities are designed to promote appropriate emotional expression, problem-solving skills, and positive strategies for school success, addressing a variety of topics including divorce, peer pressure, bullying, substance abuse, self-esteem, and friendship. When necessary, counselors also provide social work services such as home visits and family therapy. All FSA counselors have completed, or are in the process of receiving, their MFT or LCSW licenses, and the majority are bilingual in Spanish and English.

3. Detail the timeline for providing the service:

The School-Based Counseling program was designed with a short-term problem-solving approach. On average, children are seen for a period of 10-14 weeks. The service plan is then reevaluated. If it is determined that the child's needs go beyond the scope of school-based counseling, the counselor refers the family to a community agency that can provide the services needed. On the other hand, if the child has shown improvement, the counselor contacts the teacher and parents/guardians to verify the progress and the child's sessions are concluded.

4. Describe key outcomes to be achieved with the funding and how they will be measured:

Of 450 students served during FY2015-16 and the additional 90 students we will serve over the summer months at the United Girls & Boys Club of Santa Barbara: 77% or more will achieve one or more objectives, such as a decrease in the number of negative behavioral incidents, an increase in positive communication skills, development of coping skills, or the acquisition of anger management skills. Counselors utilize the Behavior Assessment System for Children, Second Edition (BASC-2). Both teachers and parents complete the Teacher Rating and Parent Rating scale on each student at the beginning and end of counseling.



5. Describe if this is a one-time or ongoing request, and if funded in prior years and amounts:

This is a one-time request, which has not been funded in prior years.

6. Describe the agency's expertise and capacity to deliver services including fiscal stability:

Established in 1899, FSA programs ensure access to food, shelter, and other basic needs, as well as youth mentoring, case management, advocacy, and a wide-array of mental health programs. With a highly qualified staff of 80, forty-eight percent of whom are bilingual, FSA is committed to providing services that are responsive, effective and reflective of the communities we serve. FSA's careful financial management of its steady \$4 to \$5 million budget is shown through many years of clean fiscal audits and contract with Balance Financial Management.

7. Agency staff responsible for application: Denise Hinkle, Director of Development

County Staff Comments Only:

Address submittals to:

Adriana de Bruin
Business Manager, County Executive Office
105 E. Anapamu Street, Room 406
Santa Barbara, CA 93101

Requests can be emailed to: outsideagency@countyofsb.org

Questions: Please contact Adriana de Bruin, Business Manager, County Executive Office, at 568-3400.

**FY 2016-17 Line Item Budget
For Program**

Agency: Family Service Agency
 Program Name: School Summer Counseling
 Amount \$\$ Requested: \$30,000

Program Budget	FY 2016-17	
Funding Sources/Revenues	Committed	Uncommitted
County of Santa Barbara		\$30,000
County of SB Dept. of Behavioral Wellness		\$28,067
Total	0	58067

Funding Uses/Expenses	Budget
Salaries and Benefits	48,443
Consultants/IT	\$582
Mileage	\$150
Program Supplies	\$300
Telephone	\$243
Occupancy	\$900
Indirect (accounting; insurance; audit; and HR)	\$7,449
Total	58,067