

ACKNOWLEDGMENTS

The HIV Program of the Santa Barbara Public Health Department, together with California State University Channel Islands Nursing Program, is pleased to present this edition of the HIV/AIDS manual for the year 2017.

The purpose of this manual is for the benefit of all individuals living with HIV/AIDS in Santa Barbara County and for family, friends, and service providers who play an essential role in linking individuals to services.

This manual was produced by compiling information from various amounts of community resources in Santa Barbara County. Information on this manual comes directly from each community resource website and/or by phone calls made to each resource for data collection. If your organizations services are on this manual and you wish to have them removed or updated please contact us at (805) 346-8433. For organizations seeking to be included in the next edition of this manual contact us at (805) 346-8433 or e-mail us at hiv@sbcphd.org.

For questions and/or suggestions, please call (805) 346-8433 or e-mail us at hiv@sbcphd.org.

Design

Gabriela Magana, CSU Channel Islands Nursing Student

Production

Santa Barbara County Public Health Department HIV Program

HOW TO USE THIS MANUAL

This guide can be used by beginning at the Table of Contents (page 4) and looking for a specific resource of interest. Another way can be by going to the index (page 138) of the manual and looking for a specific organization.

Efforts were made to include as much information as possible from respective organizations. Please keep in mind information may have changed since the production of the manual and that this manual is only a guide to community resources. We suggest always contacting the organization or service of interest to confirm information on this manual.

To access to electronic version of this manual please visit <http://cosb.countyofsb.org/phd/hiv>.

CONTENTS

ORGANIZATION	PAGE
Health Insurance	5
Food	28
Mental Health	37
Substance Abuse	48
Housing	70
Infectious Disease Specialists	97
Dental Care	108
HIV/Hepatitis C Testing	127
Other Resources	134

HEALTH INSURANCE

Medi-cal

234 Camino Del Remedio,
Santa Barbara, CA
PHONE: (805) 681-4404

1100 W. Laurel Ave.,
Lompoc, CA
PHONE: (805) 737-7080

2125 S. Centerpointe Pkwy.,
Santa Maria, CA
PHONE: (805) 346-7135

<http://www.coveredca.com/medi-cal/>

For interpreter services please contact 877-814-1861.

HOURS:

Santa Barbara Office
Monday - Friday, 8:00 a.m.-
4:00 p.m.

Lompoc Office
Monday - Friday, 8:00 a.m.-
4:00 p.m.

Santa Maria Office
Monday -Friday, 8:00 a.m.-
4:00 p.m.

ELIGIBILITY:

Medi-Cal covers low-income adults, families with children, seniors, persons with disabilities, children in foster care as well as former foster youth up to age 26, and pregnant women.

REGISTRATION:

Online, in-person, or by mail.

FEES:

No fees to apply. The cost depends on what health insurance programs and financial assistance you qualify for, as well as which plan you choose. You can use the cost calculator at CoveredCA.com to find the cost and see if you qualify for help paying insurance.

HEALTH INSURANCE

WAITING PERIOD:

A letter will be sent within 45 days to tell you which program you and/or your family qualify for. If you have not received a notification within 45 days call 1-800-300-1506 or visit your local county social services office.

PRIMARY SERVICES:

Medi-Cal covers low-income adults, families with children, seniors, persons with disabilities, children in foster care as well as former foster youth up to age 26, and pregnant women.

HEALTH INSURANCE

Medicare

234 Camino Del Remedio,
Santa Barbara, CA
PHONE: (805) 681-4404

1100 W. Laurel Ave.,
Lompoc, CA
PHONE: (805) 737-7080

2125 S. Centerpointe Pkwy.,
Santa Maria, CA
PHONE: (805) 346-7135

<http://www.coveredca.com/medi-cal/>

<http://cosb.countyofsb.org/phd/fiscal.aspx?id=32394>

HOURS:

Santa Barbara Office
Monday - Friday, 8:00 a.m.-
4:00 p.m.

Lompoc Office
Monday - Friday, 8:00 a.m.-
4:00 p.m.

Santa Maria Office
Monday -Friday, 8:00 a.m.-
4:00 p.m.

ELIGIBILITY:

People with disabilities (such as AIDS) and those with illnesses and chronic conditions associated with aging.

REGISTRATION:

Online, in-person, or by mail.

FEES:

No fees to apply. The cost depends on what health insurance programs and financial assistance you qualify for, as well as which plan you choose. You can use the cost calculator at CoveredCA.com to find the cost and see if you qualify for help paying insurance.

HEALTH INSURANCE

WAITING PERIOD:

A letter will be sent within 45 days to tell you which program you and/or your family qualify for. If you have not received a notification within 45 days call 1-800-300-1506 or visit your local county social services office.

PRIMARY SERVICES:

Medicare is a federal health insurance program that is an important source of health insurance coverage for those with disabilities (such as AIDS) and those with illnesses and chronic conditions associated with aging.

Medicare Part A (Hospital Insurance)

Medicare Part B (Medical Insurance)

Medicare Part C (Medicare Advantage Plans)

Medicare Part D (Prescription Drug Coverage)

HEALTH INSURANCE

Santa Barbara Medi-cal Application Assistance

American Indian Health And Services, INC
4141 State Street B11
Santa Barbara, CA 93110
Phone: 805-681-7356
E-mail: dperez@aihscorp.org
Languages: English/Spanish

Monday – Thursday, 10:00a.m. – 6:00p.m.

County Of Santa Barbara ADMHS
300 N. San Antonio Rd, Bldg 1
Santa Barbara, CA 93110
Phone: 805-682-5220
E-mail: ngottli@co.santa-barbara.ca.us
Languages: English/Spanish

Monday – Friday, 8:00a.m. – 5:00p.m.

County Of Santa Barbara ADMHS
4500 Hollister Ave
Santa Barbara, CA 93110
Phone: 805-692-4833
E-mail: dhuddleston@co.santa-barbara.ca.us
Languages: English/Spanish

Monday – Friday, 8:00a.m. – 5:00p.m.

County Of Santa Barbara ADMHS
315 Camino Del Remedio, Suite A
Santa Barbara, CA 93110
Phone: 805-681-5450
E-mail: obehrendtsen@co.santa-barbara.ca.us
Languages: English/Spanish

Monday – Friday, 8:00a.m. – 5:00p.m.

HEALTH INSURANCE

Santa Barbara Medi-cal Application Assistance

**County Of Santa Barbara
ADMHS
315 Camino Del Remedio, B
Santa Barbara, CA 93110
Phone: 805-681-5450
E-mail: ewalters@co.santa-
barbara.ca.us
Languages: English/Spanish**

**Monday – Friday, 8:00a.m. –
7:00p.m.
Saturday and Sunday,
10:00a.m. – 6:00p.m.**

**County of Santa Barbara
ADMHS
4444 Calle Real
Santa Barbara, CA 93110
Phone: 805-681-5190
E-mail: lagutierrez@co.santa-
barbara.ca.us
Languages: English/Spanish**

**Monday – Friday, 8:00a.m. –
5:00p.m.**

**SBCEO Community Health
Initiative of Santa Barbara
3970 La Colina Rd, 6
Santa Barbara, CA 93110
Phone: 805-964-4710
E-mail: jrrios@sbceo.org
Languages: English/Spanish**

**Monday – Friday, 9:00a.m. –
5:00p.m.**

**Santa Barbara County Public
Health Department
345 Camino Del Remedio, Bldg.
4
Santa Barbara, CA 93110
Phone: 805-681-5488
E-mail:
graciela.prado@sbcphd.org
Languages: English/Spanish**

**Monday – Friday, 8:00a.m. –
5:00p.m.**

HEALTH INSURANCE

Santa Barbara Medi-cal Application Assistance

<p>County Of Santa Barbara ADMHS 2034 De La Vina St Santa Barbara, CA 93105</p>	<p>Monday – Friday, 8:00a.m. – 5:00p.m.</p>
<p>Santa Barbara Cottage Hospital 400 W. Pueblo Street Santa Barbara, CA 93105 Phone: 805-569-7563 E-mail: sdepaola@sbch.org Languages: English/Spanish</p>	<p>Monday – Friday, 2:00p.m. – 6:00p.m. Saturday, 11:00a.m. – 3:00p.m.</p>
<p>Santa Barbara Neighborhood Clinics 5580 Calle Real Goleta, CA 93111 Phone: 805-617-7878 E-mail: robert.escobar@sbclinics.org Languages: English/Spanish</p>	<p>Monday – Wednesday, 8:00a.m. – 7:00p.m. Thursday – Friday, 8:00a.m. – 6:00p.m. Saturday, 8:30a.m. – 12:00p.m.</p>
<p>Santa Barbara Neighborhood Clinics 628 W. Micheltorena St. Santa Barbara, CA 93101 Phone:805-963-1546 & 805-617-7856 E-mails: yessenia.marroquin@sbclinics.com angelica.perez@sbclinics.org amalia.priego@sbclinics.com Languages: English/Spanish/Korean</p>	<p>Monday – Wednesday, 8:00a.m. – 7:00p.m. Thursday – Friday, 8:00a.m. – 6:00p.m. Saturday, 8:30a.m. – 12:00p.m.</p>

HEALTH INSURANCE

Santa Barbara Medi-cal Application Assistance

California Coverage & Health Initiatives

915 E. Montecito St.
Santa Barbara, CA 93103

Phone: 805-964-4710

E-mail: tdooley@sbceo.org

Languages: English/Spanish

Monday – Friday, 9:00a.m. – 5:00p.m.

Santa Barbara County Public Health Department

1136 E. Montecito St.
Santa Barbara, CA 93103

Phone: 805-568-2099

E-mail: elvia.lopez@sbcphd.org

Languages: English/Spanish

Monday – Friday, 8:00a.m. – 5:00p.m.

Santa Barbara County Public Health Department

535 East Yanonalli St
Santa Barbara, CA 93103

Phone: 805-568-2099

E-mail: elvia.lopez@sbcphd.org

Languages: English/Spanish

Monday – Friday, 8:00a.m. – 5:00p.m.

Santa Barbara County Public Health Department

816 Casique St.
Santa Barbara, CA 93103

Phone: 805-568-2099

E-mail: elvia.lopez@sbcphd.org

Languages: English/Spanish

Monday – Friday, 8:00a.m. – 5:00p.m.

HEALTH INSURANCE

Santa Barbara Medi-cal Application Assistance

<p>Santa Barbara Neighborhood Clinics 915 N. Milpas St. Santa Barbara, CA 93103 Phone: 805-963-1641 E-mail: cinthia.alonso@sbclinics.org Languages: English/Spanish</p>	<p>Monday – Tuesday, 8:00a.m. – 7:00p.m. Wednesday – Friday, 8:00a.m. – 6:00p.m. Saturday, 8:30a.m. – 12:00p.m.</p>
<p>Santa Barbara Neighborhood Clinics 970 Embarcadero del Mar Isla Vista, CA 93117 Phone: 805-968-1511 E-mail: gabriela.gonzalez@sbclinics.org Languages: English/Spanish</p>	<p>Monday – Friday, 8:00a.m. – 6:00p.m. Saturday, 8:30a.m. – 12:00p.m.</p>
<p>Santa Barbara County Public Health Department 931 Walnut Ave. Carpinteria, CA 93013 Phone: 805-560-1050 E-mail: caroline.alarcon@sbcphd.org Languages: English/Spanish</p>	<p>Monday – Friday, 8:00a.m. – 5:00p.m.</p>
<p>Santa Ynez Tribal Health Clinic 90 Via Juana Lane Santa Ynez, CA 93460 Phone: 805-688-7070 E-mails: rsisson@sythc.org info@sythc.org Languages: English/Spanish</p>	<p>Monday – Friday, 8:00a.m. – 5:00p.m.</p>

HEALTH INSURANCE

Santa Barbara Medi-cal Application Assistance

**Santa Ynez Valley People
Helping People**
3325 Pine Street, Room 25
Santa Ynez, CA 93460
Phone: 805-686-0295
E-mail: php@syvphp.org

**Monday, Thursday, Friday,
8:30a.m. – 5:00p.m.**
**Tuesday – Wednesday,
1:00p.m. – 5:00p.m.**

HEALTH INSURANCE

Covered California
PHONE: 888-975-1142

<http://www.coveredca.com/>

HOURS:

See *Santa Barbara County Department of Social Services Offices* for hours and locations for assistance in the application process.

ELIGIBILITY:

You and your family may be eligible for free coverage from Medi-Cal, affordable insurance through Covered California, or both.

REGISTRATION:

You can enroll in affordable health insurance from Covered California during the Open Enrollment period each winter.

FEES:

Free assistance with application process through the the county's social services department.

WAITING PERIOD:

Visit one of the Santa Barbara County Social Services Department Offices for more information.

PRIMARY SERVICES:

Provide counseling, support groups, workshops, and classes offered create opportunities for you to learn, heal, and grow.

HEALTH INSURANCE

Title III Ryan White Grant

Carpinteria Health Care Center

**931 Walnut Ave
Santa Barbara 93013
Phone: (805) 560-1050**

**Monday – Friday, 7:40a.m. -
12:00p.m. and 12:40p.m. -
5:00p.m.**

Franklin Health Care Center

**1136 E Montecito St,
Santa Barbara 93103
Phone: (805) 568-2099**

**Monday – Friday, 7:40a.m. -
12:00p.m. and 12:40p.m. -
5:00p.m.**

Lompoc Health Care Center

**301 North R Street
Lompoc, CA 93436
Phone: (805) 737-6400**

**Monday – Friday, 08:00a.m. -
12:00p.m. - 1:00p.m. -
5:00p.m.
Saturday Urgent Care Hours,
8:00a.m. - 12:00p.m.**

Santa Barbara Health Care Center

**345 Camino Del Remedio
Santa Barbara, CA 93110
Phone: (805) 681-5488**

**Monday – Friday, 8:00a.m. -
5:00p.m.**

Santa Maria Health Care Center

**2115 S. Centerpointe
Parkway
Santa Maria CA 93455
Phone: (805) 346-7230**

**07:30 AM - 12:00 PM - 1:00
PM - 7:00 PM
Monday - Friday**

<http://cosb.countyofsb.org/phd/fiscal.aspx?id=32394>

HEALTH INSURANCE

ELIGIBILITY:

A patient, may be eligible for the Title III Grant if they at or below 250% of the federal poverty level and do not qualify for any type of health care coverage (Medi-Cal, Medicare, MIA, Private Insurance). Patients must agree to track and submit signed log with copies of receipts for outpatient healthcare, dental, mental health, prescriptions and over the counter medications.

REGISTRATION:

Contact any of the Health Care Centers for more information or to register.

FEES:

Free to apply, aid does not have to be paid pack.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

Title III Ryan White Grant supports comprehensive primary health care and other services for individuals who have been diagnosed with HIV or AIDS and is being case managed by Public Health Department or a subcontractor.

HEALTH INSURANCE

Community Counseling & Education Center
923 Olive St, Suite 1
Santa Barbara, CA 93101
PHONE: (805) 962-3363

<http://www.ccecsb.org/>

HOURS:

Administrative Office Hours:

Monday - Friday: 9:00 a.m. - 4:00 p.m.

Closed Saturday and Sunday

Counseling Services Hours:

Monday - Friday: 9:00 a.m. - 8:00 p.m.

Saturday: 9:00 a.m. - 2:00 p.m.

Sunday: Closed

ELIGIBILITY:

All ages.

REGISTRATION:

Online or in-person.

FEES:

Based on your income and the number of people supported by that income. Fees are \$25-\$75 per session for most, and \$20-\$75 per session for single parents, students and those on a fixed income. Do not accept Medi-care or Medi-Cal.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

Provide counseling, support groups, workshops, and classes offered create opportunities for you to learn, heal, and grow.

HEALTH INSURANCE

Benefits and Referral Center

300 N. San Antonio Road, Room B 100

Santa Barbara, CA 93110

PHONE: (805) 681-5390

FAX: (805) 681-5424

PATIENT PORTAL AND CLAIM STATUS: (805) 681-5393

<http://cosb.countyofsb.org/phd/BRC/>

HOURS:

Call to make an appointment.

ELIGIBILITY:

Individuals do not have to be a Public Health patient.

REGISTRATION:

For an appointment call 805-681-5393.

FEES:

All assistance is provided free of charge.

WAITING PERIOD:

For an appointment call 805-681-5393.

PRIMARY SERVICES:

Provide support to a variety of indigent care programs for the Santa Barbara County Public Health Department and assist Santa Barbara County residents who are uninsured and who are not eligible for other healthcare coverage.

HEALTH INSURANCE

California Major Risk Medical Insurance Program
300 N. Department of Health Care Services MCQMD-MS 4410
Major Risk Medical Insurance Program
P.O. Box 2769
Sacramento, CA 95812-2769
PHONE: (800)-289-6574

<http://www.dhcs.ca.gov/services/Pages/MajorRiskMedicalInsuranceProgram.aspx>

HOURS:

Monday – Friday, 8:30a.m. – 5:00p.m.

ELIGIBILITY:

- Must be a resident of California
- Cannot be eligible for both Medicare Part A and Part B (unless eligible solely due to end-stage renal disease.
- You cannot be eligible to purchase any health insurance for continuation of benefits under COBRA or Cal-COBRA.
- You were denied coverage in the previous 12 months.

REGISTRATION:

Complete the application that can be found at http://www.benefitscafe.com/wp-content/uploads/2015_MRMIP_Application_and_Handbook.pdf and submit by mail.

FEES:

The MRMIP has an annual household \$500 deductible you must satisfy before the plan will begin paying for certain covered services.

HEALTH INSURANCE

WAITING PERIOD:

If the MRMIP reaches maximum enrollment, applicants and dependents will be placed on a waiting list. Applicants and dependents will be enrolled when spaces become available in order of the date of receipt on which the completed application was received. Any time spent on the waiting list does not count toward the three-month pre-existing condition exclusion period or post-enrollment waiting period (once enrolled) unless the applicant has been on the waiting list at least 180 days. If the applicant has been on the waiting list 180 days or longer, the full three-month exclusion/waiting period will be waived.

PRIMARY SERVICES:

Provides health insurance for Californians who were unable to obtain coverage in the individual insurance market.

HEALTH INSURANCE

Health Care for the Homeless Program

**Carpinteria Health Care
Center**
931 Walnut Ave
Santa Barbara 93013
PHONE: (805) 560-1050

**Monday- Friday, 7:40a.m.
– 12:00p.m. and
12:40p.m. – 5:00p.m.**

**Lompoc Health Care
Center**301 North R
StreetLompoc, CA 93436
PHONE: (805) 737-6400

**Monday – Friday,
8:00a.m. – 12:00p.m. and
1:00p.m. – 5:00p.m.**

**Santa Maria Health Care
Center**
2115 S. Centerpointe
Parkway
Santa Maria CA 93455
PHONE: (805) 346-7230

**Monday – Friday,
7:30a.m. – 12:00p.m. and
1:00p.m. – 7:00p.m.**

Franklin Health Care Center
1136 E Montecito St,
Santa Barbara 93103
PHONE: (805) 568-2099

**Monday- Friday, 7:40a.m.
– 12:00p.m. and
12:40p.m. – 5:00p.m.**

**Santa Barbara Health Care
Center**
345 Camino Del Remedio
Santa Barbara, CA 93110
PHONE: (805) 681-5488

**Monday- Friday. 8:00a.m.
– 5:00p.m.**

<http://cosb.countyofsb.org/phd/BRC/>

HEALTH INSURANCE

ELIGIBILITY:

Services are available for homeless children, youth, adults, expectant mothers and seniors in Santa Barbara County or those at-risk of homelessness (proof of legal residency is not required). You may qualify for services if you are living without shelter, staying in a shelter or transitional housing program, or housed in a residential alcohol and drug treatment program with no stable housing to go to upon program completion.

REGISTRATION:

To access services, patients may sign-up at any of the Health Care Center locations, including the Shelter based satellite locations.

FEES:

Depending on your income, you may qualify for reduced or no fee services; patients will not be refused service based on ability to pay.

WAITING PERIOD:

Call for more information.

PRIMARY SERVICES:

Any individual lacking stable housing and needing primary health care may be eligible to participate in the Health Care for the Homeless Program.

HEALTH INSURANCE

Indigent Care Program (ICP)

Benefits and Referral Center
300 N. San Antonio Road, Room B 100
Santa Barbara, CA 93110
PHONE: (805) 681-5390

<http://cosb.countyofsb.org/phd/BRC/>

HOURS:

Call to make an appointment.

ELIGIBILITY:

- Eligible medical diagnosis/condition;
- Current resident of Santa Barbara County for past 15 days, based on proof of residency;
- US citizen or permanent resident alien;
- Be 21-64 years old; and
- Meet the financial income and asset limits set for the program.

REGISTRATION:

You may apply up to 7 days before or 7 days after a scheduled medical visit. You must complete the Covered California application process and be screened for ICP eligibility. If initial screening requirements are met, you contact the Benefits and Referral Center (BRC) to set up an appointment to apply for ICP. If you were not screened for ICP during the Covered California application process and would like to be screened contact the Benefits and Referral Center (BRC) at 805-681-5390.

HEALTH INSURANCE

FEES:

ICP-covered services are provided with no cost to you at time of service. However, a monthly Share-of-Cost will be calculated and billed to you.

WAITING PERIOD:

Call to make an appointment to apply for this program.

PRIMARY SERVICES:

The ICP provides eligible, uninsured residents of Santa Barbara County with medical care by paying for part of the costs. The ICP is not an insurance program, it is public assistance.

HEALTH INSURANCE

Santa Barbara County Department of Social Services Offices

Carpinteria Family Resource Center
5241 Eighth Street
Carpinteria, CA
Phone: 805-681-4401

Every Tuesday 9:00a.m. – 3:00p.m.

Franklin Service Center
1111 E. Mason Street, Room 12
Santa Barbara, CA
Phone: 805-681-4401

Every Wednesday 8:30 a.m. – 12:00 p.m.

PATH/Casa Esperanza
816 Cacique St.
Santa Barbara, CA
Phone: 805-681-4401

Every Wednesday 9:30 a.m. - 11:00 a.m.

Marian Hospital
1400 E. Church Street
Santa Maria, CA
Phone: 805-346-7135

Mondays, 9:00 a.m. - 12:00 p.m.
Thursdays, 1:00 p.m. - 4:00 p.m.

Santa Ynez Valley People Helping People
545 N. Alisal Road, Suite 102
Solvang, CA
Phone: 805-737-7135

Every other Tuesday, 9:00 a.m. - 12:00 p.m.

Santa Barbara County Public Health Department of Social Services
234 Camino Del Remedio
Santa Barbara, CA 93110
Phone: 805-681-4401

Monday - Friday, 8:00 a.m. - 4:00 p.m.

HEALTH INSURANCE

Santa Barbara County Department of Social Services Offices

**Santa Barbara County Public
Health Department of Social
Services**
1100 W. Laurel Ave.
Lompoc, CA
Phone: 805-737-7080

**Monday - Friday, 8:00 a.m. -
4:00 p.m.**

**Santa Barbara County Public
Health Department of Social
Services**
2125 S. Centerpointe Pkwy.
Santa Maria, CA
Phone: 805-346-7135

**Monday - Friday, 7:30 a.m. -
4:30 p.m.**

GROCERY DISTRIBUTION

ORGANIZATION	PHONE	HOURS
Catholic Charities 607 W. Main St. Santa Maria, CA	805-922-2059	Monday- Friday, 9:00 a.m. - 4:00 p.m. (Call first)
Central Coast Rescue Mission 1207 N. McClelland Santa Maria, CA	805-614-0220	Wednesday, 12:00 p.m. - 1:00 p.m.
Coast Valley Worship Center 1265 W. McCoy Ave, Santa Maria, CA	805-739-8845	Tuesday, 10:30 a.m. - 11:30 a.m.
Hope Community 3010 Skyway Dr. Ste F Santa Maria, CA	805-320-2877	Third Thursday of the month, 5:00 p.m. - 6:00 p.m.
OASIS – Orcutt Senior Center 420 Soars Rd. Santa Maria, CA	805-937-9750	Third Thursday of the month, 9:30 a.m. - 11:30 a.m.
Orcutt Presbyterian 993 Patterson Road Santa Maria, CA	805-937-4974	Friday, 2:00 p.m. - 4:00 p.m.
Power of God Church 1503 N. McClelland St. Santa Maria, CA	805-614-0220	Saturday, 11:00 a.m. - 12:00 p.m.
Salvation Army 200 W. Cook Ave Santa Maria, CA	805-349-2421	Daily (Call First)
Seventh Day Adventist 1775 S. Thornburg St Santa Maria, CA	805-925-7118	Every other Tuesday, 1:00 p.m. - 3:00 p.m.

GROCERY DISTRIBUTION

ORGANIZATION	PHONE	HOURS
St. Peter's Episcopal Church 402 S. Lincoln St. Santa Maria, CA	805-922-3575	Thursday, 8:30 a.m. - 10:00 a.m.
Victory Harvest Church of God 619 N. Railroad Ave. Santa Maria, CA	805-361-0203	Third Monday of the month, 8:00 a.m. - 10:00 a.m.
Vineyard Church 200 S. East St. Santa Maria, CA	805-922-1015	Sunday, 9:15 a.m. - 10:00 a.m.
Nipomo Food Basket 197 W. Teft Nipomo, CA	805-619-7681	Monday/Tuesday/Thu rsday/Friday, 10:00 a.m. - 1:00 p.m.
St. Patrick's Church 501 Fair Oaks Arroyo Grande, CA	805-489-2680 x31	Tuesday/Wednesday/ Thursday, 4:00 p.m. - 5:00 p.m.
People Helping People - Creekside Village 260 Gonzales Dr. Los Alamos, CA	805-686-0295	Every other Thursday, 10:00 a.m. - 11:00 a.m.
People Helping People - Santa Ynez Mission 1760 Mission Dr, Solvang, CA	805-686-0295	Every other Thursday, 11:00 a.m. - 12:00 p.m.
Catholic Charities 609 E. Haley Santa Barbara, CA	805-965-7045	Monday - Friday, 9:00 a.m. - 4:00 p.m.
Unity Shoppe 110 W. Sola Santa Barbara, CA	805-965-4122	Monday - Friday, 12:00 p.m. - 5:00 p.m.

GROCERY DISTRIBUTION

ORGANIZATION	PHONE	HOURS
New Life Church 50 W. Alamar Santa Barbara, CA	805-687-1116	Third Wednesday of the month, 3:00 p.m. - 6:00 p.m.
Grace Food Pantry 3869 State St. Santa Barbara, CA	805-687-2628	First, Second, and Fourth Saturday of the month, 9:00 a.m. - 10:30 a.m.
Iglesia Bautista 736 W. Islay Santa Barbara, CA	805-896-8602	Every other Thursday, 4:00 p.m. - 6:00 p.m.
Salvation Army 4849 Hollister Ave. Santa Barbara, CA	805-964-8738 x11	By appointment
Salvation Army 4849 Hollister Ave. Santa Barbara, CA	805-964-8738	Last Thursday of the month, 5:00 p.m. - 6:00 p.m.
Good Shepherd Pantry 380 N. Fairview Goleta, CA	805-967-6101	First Saturday of the month, 9:00 a.m.
Catholic Charities 914 Walnut Ave Carpinteria, CA	805-684-8621	Monday - Friday, 9:00 a.m. - 12:00 p.m.
Food for Angels Isla Vista 781 Embarcadero Del Mar Isla Vista, CA	805-968-1280	Monday, 3:45 p.m. - 4:30 p.m.
Catholic Charities IV 6550 Picasso Rd. Isla Vista, CA	805-968-1078	Thursday, 3:00 p.m. - 4:30 p.m.

FOOD PANTRIES

ORGANIZATION	PHONE	HOURS
Beatitude House 267 Campodónico Ave Guadalupe, CA	805-343-6322	Tuesday, 11:30 a.m. - 12:45 p.m.
Buellton Senior Center (behind post office) 164 W Hwy 246 Buelton, CA	805-688-4571	Monday - Friday, 9:00 a.m. - 3:00 p.m.
New Hope Christian Church 213 N. J St Lompoc, CA	805-819-0441	Wednesday, 11:00 a.m. - 3:00 p.m.
Catholic Charities 329 N. 2nd St Lompoc, CA	805-737-4140	Monday - Friday, 10:00 a.m. - 12:00 p.m., 12:30 p.m. - 3:30 p.m.

PREPARED HOT MEALS

ORGANIZATION	PHONE	HOURS
Salvation Army 200 W. Cook Ave Santa Maria, CA	805-349-2421	Monday- Friday, 11:30 a.m. - 12:30 p.m.
Rescue Mission 1207 N. McClelland Santa Maria, CA	805-614-0220	Wednesday (food bags only), 12:00 p.m.
Rescue Mission @ SM Foursquare 709 N. Curryer St Santa Maria, CA	805-614-0220	Monday, 5:00 p.m. - 6:30 p.m.
Rescue Mission @ Power of God Church 1503 N. McClelland St Santa Maria, CA	805-614-0220	Friday, 5:00 p.m. - 6:30 p.m.
Buellton Senior Center 164 W. Hwy 246 Santa Maria, CA	805-688-4571	Monday - Friday, 12:00 p.m. - 1:00 p.m.
Nazarene 500 E North Ave Lompoc, CA	805-736-6415	Sunday, 4:00 p.m. - 5:00 p.m.
Foursquare 125 N. C St. Lompoc, CA	805-736-2772	Monday, 4:00 p.m. - 5:00 p.m.
St. Timothy 403 N J St Lompoc, CA	805-736-6220	Tuesday, 5:00 p.m. - 5:45 p.m.
Bethany Lutheran 135 S. E St. Lompoc, CA	805-736-8615	Wednesday, 12:00 p.m. - 1:00 p.m.

PREPARED HOT MEALS

ORGANIZATION	PHONE	HOURS
First Baptist 220 W. Cypress Lompoc, CA	805-736-7110	Thursday, 5:00 p.m. - 5:45 p.m.
La Purisima 213 W Olive Lompoc, CA	805-735-3068	Friday, 5:00 p.m. - 5:45 p.m.
New Life Christian 816 N. C St. Lompoc, CA	805-736-9826	Third Saturday of the month, 5:00 p.m. - 6:00 p.m.
Salvation Army 423 Chapala St. Santa Barbara, CA	805-962-6281	Monday - Saturday (Breakfast), 7:30 a.m. Sunday (Dinner), 6:00 p.m.
Santa Barbara Rescue Mission 535 E. Yananoli St. Santa Barbara, CA	805-966-1316	Daily, 5:40 a.m. and 6:30 p.m.
St. Brigid's Fellowship 976 Embarcadero Del Mar Santa Barbara, CA	805-685-5400	Monday, 4:30 p.m. - 5:00 p.m.

MOBILE FOOD PANTRIES

ORGANIZATION	PHONE	HOURS
Family Service Center 4681 11th St. Guadalupe, CA	805-343-1194 or 805-922-2059	Last thursday of the month, 12:00 p.m.
Pacific Southern Baptist 3600 Pinewood Dr. Tanglewood, CA	805-709-1538	Second Friday of the month, 11:00 a.m.
Catholic Charities Richardson Park New Cuyama, CA	805-922-2059	Third Wednesday of the month, 12:00 p.m.
Santa Rita Village 926 W. Apricot Ave. Lompoc, CA	805-736-8877	Fourth Wednesday, 10:30 a.m.
First United Methodist Church 925 N. F St. Lompoc, CA	805-736-1271	Third Wednesday of the month, 3:00 p.m.
Lower Westside 520 Wentworth Ave. Santa Barbara, CA	805-967-5741	First Tuesday of the month, 1:00 p.m.
Franklin Community Center 1136 E. Montecito St. 805-967-5741	805-967-5741	Third Tuesday of the month, 2:00 p.m.
United Boys and Girls Club 5638 Hollister Ave. Santa Barbara, CA (Behind Goleta Community Cntr.)	805-967-5741	Fourth Thursday of the month, 3:00 p.m. - 4:30 p.m.
St. Joseph's Church 1532 Linden Ave. Carpinteria, CA	805-967-5741	First Wednesday of the month, 1:30 p.m. - 3:30 p.m.

MOBILE FARMERS MARKET

ORGANIZATION	PHONE	HOURS
Church at the Crossroads 236 La Lata Dr. Buelton, CA	805-688-3075	Second Wednesday of the month, 12:00 p.m.
New Hope Christian Church 213 N. J St. Lompoc, CA	805-736-4115	Fourth Tuesday of the month, 12:00 p.m.
Westside Community Center 423 W. Victoria Santa Barbara, CA	805-967-5741	Monday, 1:00 p.m.
Franklin Neighborhood Center 1136 E. Montecito Santa Barbara, CA	805-967-5741	Thursday, 1:00 p.m.
Lower Westside Ave 520 Wentworth Ave. Santa Barbara, CA	805-967-5741	Third Tuesday of the month, 1:00 p.m.
St. Joseph's Church 1532 Linden Ave Carpinteria, CA	805-684-2181	Third Wednesday of the month, 1:30 p.m.
Main Family Resource Center 5201 8th St. Carpinteria, CA	805-967-5741	Fourth Wednesday of the month, 3:30 p.m.
Church at the Crossroads 236 La Lata Dr. Buelton, CA	805-688-3075	Second Wednesday of the month, 12:00 p.m.
New Hope Christian Church 213 N. J St. Lompoc, CA	805-736-4115	Fourth Tuesday of the month, 12:00 p.m.

BROWN BAG PROGRAM

SOUTH COUNTY

4554 Hollister Ave.
Santa Barbara, CA 93110
PHONE: 805-967-5741
FAX: 805-683-4951

NORTH COUNTY

490 W. Foster Rd.
Santa Maria, CA 93455
PHONE: (805) 937-3422
FAX: (805) 937-8750

<http://foodbanksbc.org/programs/brown-bag-program/>

HOURS:

South County: Monday – Friday, 7:00a.m. – 4:00p.m.
North County: Monday – Friday, 7:00a.m. – 4:00p.m.

ELIGIBILITY:

- Must be over 60 years old.
- Must self-certify earnings are below Emergency Food Assistance Program (EFAP) Maximum Income Guidelines of \$1,471.25 for an individual and \$1,991.25 for a couple

REGISTRATION:

Online or in-person.

FEES:

Aid received does not have to be paid back.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

Brown Bag Programs for seniors serve almost 1,200 very low-income elderly people who struggle to pay for housing, health care, and basic needs on fixed incomes. Recipients receive two bags of groceries each month to supplement their food budgets and to maintain a healthy, independent lifestyle.

ADULT MENTAL HEALTH SERVICES (ADMHS)

**4444 Calle Real
Santa Barbara, CA
PHONE: (888) 868-1649**

**117 North B Street
Lompoc, CA 93436
PHONE: (805) 737-6690**

**500 West Foster Road
Santa Maria, CA 93455
PHONE: (805) 934-6380**

www.countyofsb.org/admhs

HOURS:

Monday – Friday, 8:00a.m. – 5:00p.m.

ELIGIBILITY:

Medi-cal beneficiaries with severe mental illness and/or substance use disorders and individuals experiencing mental health crises.

REGISTRATION:

Call for more information. There are many programs targeting different needs.

FEES:

Vary by service.

INSURANCE PLANS ACCEPTED AND FEES:

Vary by program.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

The department is responsible for ensuring the provision of mental health services mandated by the State of California for children with serious emotional disturbance, adults with serious mental illness and all Medi-Cal beneficiaries with specialty mental health needs.

CRISIS AND RECOVERY EMERGENCY SERVICES (C.A.R.E.S.)

<p>CARES Clinic Santa Maria 212 West Carmen Lane Santa Maria, CA 93458 PHONE: (805) 934-6315</p>	<p>Offers assessment/treatment for people with severe, persistent mental illness. CARES is part of the SB County Department of Alcohol, Drug and Mental Health Services.</p>
<p>C.A.R.E.S. Outreach</p> <p>Access Team/CARES South 2034 De La Vina St. Santa Barbara, CA 93105 PHONE: (805) 884-6850</p> <p>CARES North 212 West Carmen Lane Santa Maria, CA 93458 PHONE: (805) 739-8700</p>	<p>Crisis and recovery emergency services. Call for help with assessment and psychiatric referral.</p>
<p>CARES Mobile Crisis PHONE: (888) 868-1649</p>	<p>Serves adults and older adults (18 years +) experiencing a psychiatric crisis or mental health emergency in northern and southern Santa Barbara County. The CARES Mobile Crisis Program substantially enriches crisis services, providing clients appropriate alternatives to hospitalization whenever possible.</p>

CRISIS STABILIZATION UNIT (CSU)

Crisis Stabilization Unit (CSU) 305 Camino Del Remedio Santa Barbara, CA PHONE: (805) 884-1640	Safe, nurturing short-term, voluntary emergency treatment option for individuals experiencing a mental health emergency. Services available up to 23 hours.
Anka Crisis Residential South 66 South San Antonio Road Santa Barbara, CA 93110 PHONE: (805) 947-5175	
Anka Crisis Residential North 212 West Carmen Lane Santa Maria, CA 93458 PHONE: (805) 739-8706	

COUNSELING SERVICES

Community Counseling & Education Center
923 Olive St, Suite 1
Santa Barbara, CA 93101
PHONE: (805) 962-3363

<http://www.ccecsb.org/>

HOURS:

Administrative Office Hours:

Monday - Friday: 9:00 a.m. - 4:00 p.m.

Closed Saturday and Sunday

Counseling Services Hours:

Monday - Friday: 9:00 a.m. - 8:00 p.m.

Saturday: 9:00 a.m. - 2:00 p.m.

Sunday: Closed

ELIGIBILITY:

All ages.

REGISTRATION:

Online or in-person.

INSURANCE PLANS ACCEPTED AND FEES:

Based on your income and the number of people supported by that income. Fees are \$25-\$75 per session for most, and \$20-\$75 per session for single parents, students and those on a fixed income. Do not accept Medi-care or Medi-Cal.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

Provide counseling, support groups, workshops, and classes offered create opportunities for you to learn, heal, and grow.

COUNSELING SERVICES

New Beginnings Counseling Center
324 East Carrillo Street, Suite C
Santa Barbara, CA 93101
PHONE: (805) 963-7777

<http://sbnbcc.org/>

HOURS:

Hours vary, call for more information.

ELIGIBILITY:

All ages.

REGISTRATION:

Call the office for additional information on registration.

INSURANCE PLANS ACCEPTED AND FEES:

Fees vary by service, call for more information.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

Provides psychological counseling and supportive services to low-income families and individuals in the Santa Barbara community.

COUNSELING SERVICES

**Family Service Agency-
Santa Barbara**
123 W. Gutierrez St.
Santa Barbara, CA
PHONE: (805) 965-1001

**Family Service Agency-
Lompoc**
110 South C St., Ste. A
Lompoc, CA
PHONE: (805) 735-4376

<http://fsacares.org/youth-family-behavioral-health/>

HOURS:

Hours vary, call for more information.

ELIGIBILITY:

Children, youth, and families.

REGISTRATION:

Call the office for additional information on registration.

INSURANCE PLANS ACCEPTED AND FEES:

If you do not have insurance, sliding scale fees, based on your income, ability to pay, and other health care coverage, are determined in consultation with your therapist.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

Counseling professionals specialize in early childhood issues including anxiety, depression, and other behavior problems. For families facing difficult issues like substance abuse or neglect, the Intensive In-Home Therapy team is specially trained in non-traditional counseling practices.

COUNSELING SERVICES

Family Therapy Institute
111 E. Arrellaga St.
Santa Barbara, CA 93101
PHONE: (805) 882-2400
FAX: (805) 882-2422

HOURS:

Monday – Friday, 9:00 a.m. - 6:00 p.m.

On-call 24 hours a day, 7 days a week for clinical emergencies (must be current clients).

ELIGIBILITY:

Services are for adults.

REGISTRATION:

If you would like to schedule a meeting with a therapist and are not already seeing one at FTI, please call (805) 882-2400 x 115. Leave a message and a therapist will contact you as quickly as possible to find the clinician most suited to your needs.

INSURANCE PLANS ACCEPTED AND FEES:

Prior to attempting to make an appointment with a therapist, contact your insurance company and obtain the following information found here to expedite the process.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

FTI has a multi-disciplinary staff of psychologists, clinical social workers, marriage and family therapists, a consulting psychiatrist, as well as registered interns.

COUNSELING SERVICES

Hosford Clinic (Through UCSB)
Education Bdg., Rm. #1151
Santa Barbara, CA 93106-9490
PHONE: (805) 893-8064
FAX: (805) 893-7762

<http://education.ucsb.edu/hosford>

HOURS:

Call to schedule an appointment.

ELIGIBILITY:

Services are for adults.

REGISTRATION:

If you would like to schedule a meeting with a therapist and are not already seeing one at FTI, please call (805) 882-2400 x 115. Leave a message and a therapist will contact you as quickly as possible to find the clinician most suited to your needs.

INSURANCE PLANS ACCEPTED AND FEES:

- The standard fee is \$100/50 minute session and the standard intake fee (2-3 hours) is \$200.
- UCSB Students pay only \$15 per session.
- If you cannot afford the standard fees, a reduced fee may be set using a sliding scale.
- The sliding scale ranges from \$20 to \$100 per 50 minute session and from \$30 to \$200 per intake. Fees are set with reference to gross annual household and number of dependents.
- Accepts credit/debit Visa/Mastercard and checks made out to UC Regents.

COUNSELING SERVICES

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

The clinic offers individual adult, adolescent, and child treatment as well as family and couples therapy. A staff psychiatrist is available to our clients for medication consultation and management.

COUNSELING SERVICES

Pacific Pride Foundation
126 East Haley Street, Suite A-11
Santa Barbara, CA 93101

Santa Maria Office
819 West Church Street
Santa Maria, CA 93454

PHONE: (805) 963-3636 ext. 130

<http://www.pacificpridefoundation.org/index.php/mental-health/counseling-services>

HOURS:

Counseling hours vary, call for more information.

ELIGIBILITY:

LGBT and HIV/AIDS communities.

REGISTRATION:

To make an appointment in our Counseling Center (located in Santa Barbara) please contact Patrick Lyra at patrick@pacificpridefoundation.org or at (805) 963-3636 x130.

INSURANCE PLANS ACCEPTED AND FEES:

Sliding scale fee based on income and number of dependents.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

Provides affordable psychotherapy for the LGBT and HIV/AIDS communities of Santa Barbara County.

COUNSELING SERVICES

Eastside Neighborhood Clinic
915 N. Milpas St.
Santa Barbara, CA 93103
PHONE: (805) 963-1641
FAX: (805) 962-6616

<http://www.sbclinics.org/clinics/eastside-neighborhood-clinic/>

Goleta Neighborhood Clinic
5580 Calle Real
Goleta, CA 93111
PHONE: (805) 617-7878
FAX: (805) 617-7880

<http://www.sbclinics.org/clinics/goleta-neighborhood-clinic/>

HOURS:

Appointments available Monday—Thursday, 8:30a.m.—5:00p.m.

ELIGIBILITY:

Services are for adults.

REGISTRATION:

Call one of the clinics to make an appointment.

INSURANCE PLANS ACCEPTED AND FEES:

Fees vary by service, call for more information.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

Provides bio-psycho-social assessments, psychotherapy, drug/alcohol counseling, social service consults, and connection with community resources.

COUNCIL ON ALCOHOLISM AND DRUG ABUSE (CADA)

S. COUNTY OFFICE

232 E. Canon Perdido St.

Santa Barbara, CA 93101

PHONE: (805) 963-1433

E-MAIL: info@cadاسب.org

N. COUNTY OFFICE

526 E. Chapel Street

Santa Maria, CA 93454

PHONE: (805) 925-8860

E-MAIL: northcounty@cadاسب.org

<http://cadاسب.org/>

HOURS:

Monday – Friday, 8:30a.m. – 5:00p.m.

ELIGIBILITY:

Varies by program.

REGISTRATION:

Call or visit the information for more information.

FEES:

Vary by service.

INSURANCE PLANS ACCEPTED:

Call for more information for information on specific services.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

CADA provides assessment, crisis counseling, interventions, outpatient treatment, detox and referral services for adults including pregnant women.

PROJECT RECOVERY

133 E. Haley St.

Santa Barbara, CA 93101

PHONE: 805-308-8547

E-MAIL: projectrecovery@cadاسب.org

<http://cadاسب.org/adult-services/adult-outpatient-treatment/>

HOURS:

Drug testing

Monday-Friday 12:30 p.m. - 1:30 p.m. & 5:30 p.m. - 6:15 p.m.

ELIGIBILITY:

Call for more information.

REGISTRATION:

Call treatment center for more information.

INSURANCE PLANS ACCEPTED AND FEES:

Project Recovery accepts Medi-Cal, private insurance or self-pay. Fees for clients who self pay are \$45.00 for Drug Testing and \$85.00 per week for Outpatient Treatment which includes drug testing. Scholarships for treatment are available.

WAITING PERIOD:

Contact agency for information.

PRIMARY SERVICES:

Project Recovery Treatment Center provides adult outpatient treatment with targeted programs for pregnant and parenting women and their children, Spanish-speaking clients, and those with specialized needs. We serve individuals who along with substance addiction have a dual diagnosis or co-occurring mental health disorder such as PTSD, Depression and/or Anxiety Disorders.

NARCOTIC TREATMENT PROGRAMS

Aegis Santa Barbara
4129 State Street
Santa Barbara, CA 93110
PHONE: (805) 964-4795
FAX: (805) 683-3027

Aegis Santa Maria
115 E. Fesler Street
Santa Maria, CA 93454
PHONE: (805) 922-6597
FAX: (805) 922-5978

E-MAIL: info@aegistreatmentcenters.com
<http://aegistreatmentcenters.com/>

HOURS:

Santa Barbara Office

Monday – Friday, 6:00a.m. - 2:30p.m. (Closed 10:00 a.m. - 11:00 a.m.)

Saturday, Sunday, Holidays: 6:00a.m. - 9:00a.m.

Santa Maria Office

Monday – Thursday, 6:00a.m. – 7:30p.m. (Closed 10:00 a.m. - 11:00 a.m & 1:30 p.m. - 3:00 p.m.)

Friday: 6:00a.m. - 2:30p.m. (Closed 10:00 a.m. - 11:00 a.m.)

Saturday, Sunday, Holidays: 6:00a.m. - 9:00a.m.

ELIGIBILITY:

Depends on client need.

REGISTRATION:

Patients must schedule an admission appointment with the clinic. Walk-ins are welcome but priority is given to scheduled appointments.

INSURANCE PLANS ACCEPTED AND FEES:

Aegis is a Medi-Cal and Medicare provider. Aegis is also an approved provider for major HMOs, PPOs, IPAs (e.g. Kaiser Permanente, Health Net, United Health) and large employer plans (e.g. Wells Fargo, Target, UC System). Over 50% of Aegis' existing patients have their treatment paid in full by Medi-Cal, Medicare.

NARCOTIC TREATMENT PROGRAMS

INSURANCE PLANS ACCEPTED AND FEES:

Aegis is a Medi-Cal and Medicare provider. Aegis is also an approved provider for major HMOs, PPOs, IPAs (e.g. Kaiser Permanente, Health Net, United Health) and large employer plans (e.g. Wells Fargo, Target, UC System). Over 50% of Aegis' existing patients have their treatment paid in full by Medi-Cal, Medicare.

WAITING PERIOD:

Admission process takes 2-3 hours.

PRIMARY SERVICES:

Outpatient services providing medication-assisted treatment for Narcotic (Heroin, Vicodin, Oxycontin) abuse and dependence. Individuals in NTP attend treatment services daily including taking prescribed doses of methadone and or other medications and attending counseling sessions.

DETOXIFICATION SERVICES

Another Road Detox

113 South M Street

Lompoc, CA 93436

PHONE: (805) 736-0357 x207

FAX: (800) 969-9350

<http://goodsamaritanshelter.org/another-road-detox>

ELIGIBILITY:

Clients are interviewed in person or by phone (brief contact to determine suitability for services). Files are reviewed from previous admissions if suitable for continued services.

Unsuitability - Violent behavior: Recovery Point provides a safe and non-violent environment that the client can detox in. Staff then determine which individuals are suitable for services.

REGISTRATION:

The intake process involves a brief interview, initial assessment summary, background history, health questionnaire, and medical history. Intake information includes social, psychological, physical or behavioral problems that are related to alcohol and drug problems. Intake information provides a history of withdrawal, type & length of time alcohol or drugs were used & educational/vocational status.

INSURANCE PLANS ACCEPTED AND FEES:

There is a one time administrative fee of \$150.00 for Santa Barbara Co. residents. Out of County clients are asked to pay in full upon intake. There is a daily fee of \$25.00 for Santa Barbara County residents, and a \$50.00 per day for non-county residents (if paid in full). Payment plans are available for Santa Barbara County residents who are unable to pay in full.

DETOXIFICATION SERVICES

WAITING PERIOD:

Varies, call for more information on availability.

PRIMARY SERVICES:

State of California Department of Health Care Services (DHCS) licensed 24/7 residential non-medication detox facilities to safely withdraw from AOD. Detox residential services include providing a safe, healthy and supportive living environment; withdrawal, stabilization, abstinence, and linkages to continued treatment are the primary goals.

DETOXIFICATION SERVICES

Recovery Way Home

604 W. Ocean Ave

Lompoc, CA 93456

PHONE: (805) 736-0357

FAX: (805) 969-9350

<http://goodsamaritanshelter.org/recovery-way-home>

ELIGIBILITY:

Recovery Way Home has requirements of 6 months minimal stay, with a maximum of 18 months for females with up to 2 children each under the age of 5. Recovery Way Home is a clean and sober living environment.

REGISTRATION:

Call to schedule a registration appointment.

INSURANCE PLANS ACCEPTED AND FEES:

Fees are on a sliding scale, call for more information.

WAITING PERIOD:

Varies, call for more information on availability.

PRIMARY SERVICES:

Clean and sober living environment

DETOXIFICATION SERVICES

Turning Point Treatment

604 W. Ocean Ave

Lompoc, CA 93456

PHONE: (805) 736-0357

FAX: (805) 969-9350

<http://goodsamaritanshelter.org/turning-point-2>

ELIGIBILITY:

Call for more information about eligibility and space availability.

REGISTRATION:

Call to schedule a registration appointment.

INSURANCE PLANS ACCEPTED AND FEES:

Vary, call for more information.

WAITING PERIOD:

Varies, call for more information for space availability.

PRIMARY SERVICES:

State of California Department of Health Care Services (DHCS) licensed 24/7 residential non-medication detox facilities to safely withdraw from AOD. Detox residential services include providing a safe, healthy and supportive living environment; withdrawal, stabilization, abstinence, and linkages to continued treatment are the primary goals.

DETOXIFICATION SERVICES

Recovery Point Acute Care
401-B W. Morrison Ave.
Santa Maria, CA 93458
PHONE: (805) 347-3338 ext. 102
FAX: (805) 929-7730

[http://goodsamaritanshelte
r.org/recovery-point-detox-
acute-care](http://goodsamaritanshelte
r.org/recovery-point-detox-
acute-care)

Recovery Point
245 E. Inger Dr., Ste 103B
Santa Maria, CA 93456
PHONE: (805) 346-8185

[http://goodsamaritanshelte
r.org/recovery-point](http://goodsamaritanshelte
r.org/recovery-point)

ELIGIBILITY:

Call for more information about eligibility and space availability.

REGISTRATION:

Call to schedule a registration appointment.

INSURANCE PLANS ACCEPTED AND FEES:

Vary, call for more information.

WAITING PERIOD:

Varies, call for more information for space availability.

PRIMARY SERVICES:

Recovery Point Acute Care is a 12-bed inpatient drug and alcohol detox program that provides 7-14 day acute detoxification. The program provides a safe and protected residential environment for clients suffering from withdrawal symptoms who are unable to build a clean and sober foundation on their own. Clients may initiate sobriety and begin permanent recovery from drug or alcohol abuse while attending private counseling sessions, through 24 hour staff supervision and support, through local treatment providers in the community and by participation in the 12-step program and aftercare, which includes barrier free relapse treatment.

DETOXIFICATION SERVICES

State of California Department of Health Care Services (DHCS) licensed 24/7 residential non-medication detox facilities to safely withdraw from AOD. Detox residential services include providing a safe, healthy and supportive living environment; withdrawal, stabilization, abstinence, and linkages to continued treatment are the primary goals.

TC House & Project P.R.E.M.I.E.

P.O. Box 5908

Santa Maria, CA 93456

PHONE: (805) 925-0315

FAX: (805) (805) 346-1787

<http://goodsamaritanshelter.org/project-premie>

ELIGIBILITY:

Priority will be given to low-income women, and pregnant women with severe drug or alcohol abuse problems.

REGISTRATION:

Most services are available free of charge or on a sliding scale.

INSURANCE PLANS ACCEPTED AND FEES:

Pregnant & parenting women and their children, who have alcohol or drug problems.

WAITING PERIOD:

Varies, call for more information for space availability.

OUTPATIENT DRUG FREE TREATMENTS

**Coast Valley Substance Abuse
Treatment Center**
1414 S. Miller St. Suite 11
Santa Maria, CA 93454
PHONE: (805) 739-1512

**Coast Valley Substance Abuse
Treatment Center**
133 N. F. Street
Lompoc, CA 93436
PHONE: (805) 735-7525

**Coast Valley Substance Abuse
Treatment Center**
1133 North H St. Suite F
Lompoc, CA 93436
PHONE: (805) 322-8014

<http://www.coastvalleyworship.com/coast-valley-substance-abuse-treatment-center.html>

ELIGIBILITY:

Call a treatment center for more information on eligibility for specific services. Services are available to adults and adolescents.

REGISTRATION:

Call a treatment center for more information.

INSURANCE PLANS ACCEPTED AND FEES:

Prices vary by service, call for more information on specific service fees.

WAITING PERIOD:

Varies depending on service requested, call for more information.

PRIMARY SERVICES:

Coast Valley SATC provides group counseling, individual counseling, and drug testing services to adults and adolescents.

OUTPATIENT DRUG FREE TREATMENTS

Zona Seca

26 W. Figueroa St.

Santa Barbara, CA 93101

PHONE: 805-963-8961

FAX: 805-963-8964

E-MAIL: ajbarton@zonaseca.com

<http://www.zonaseca.com/professionals-drug-diversion>

ELIGIBILITY:

For clients referred by the California court system who have been arrested for the first time for (1) being under the influence of controlled substance, or both, (2) being in possession of a controlled substance, or both, or (3) being under the influence of alcohol in a public place.

REGISTRATION:

Call for more information.

INSURANCE PLANS ACCEPTED AND FEES:

\$1000 for the drug diversion program. A down payment of \$200 is required when signing up for the program or at the first session. Monthly payments can be arranged. Credit cards are accepted for the entire amount or in monthly payments.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

The Drug Diversion Program at Zona Seca consists of 10 individual therapy sessions, 10 group sessions and 10 twelve-step meetings and also includes random drug testing. Topics covered include drugs and alcohol and relapse, discovering underlying issues that cause the client to use alcohol and/or drugs, HIV/AIDS education, referrals for clients who may possibly have a dual diagnosis.

CO-OCCURRING / DUAL DIAGNOSIS SERVICES

Phoenix of Santa Barbara Inc.

PHONE: (805) 965-3434

FAX: (805) 965-3797

Phoenix House

**107 E Micheltorena
Santa Barbara, CA**

Mountain House

**37 Mountain Drive
Santa Barbara, CA 93103**

<http://www.phoenixofsb.org/>

ELIGIBILITY:

Clients who have both a psychiatric and substance abuse condition.

REGISTRATION:

Call for more information.

INSURANCE PLANS ACCEPTED AND FEES:

Call for more information, fees vary by client.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

Provides a range of mental health recovery-oriented services, with the goal of helping individuals and families cope and thrive in the face of a variety of psychiatric and substance abuse conditions.

CO-OCCURRING / DUAL DIAGNOSIS SERVICES

**Dual Diagnosis Program
107 E Micheltorena Street
Santa Barbara, CA 93101
PHONE: 965-3434**

<http://www.phoenixofsb.org/dual-diagnosis-program/>

ELIGIBILITY:

Clients who have both a psychiatric and substance abuse condition.

REGISTRATION:

For admission interview contact program manager.

INSURANCE PLANS ACCEPTED AND FEES:

Medi-Cal, private-pay, Prop-36 and specialized grant funding.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

Individual, group, and family counseling, individual treatment planning, assistance with recovery, relapse prevention, on-site testing, case management, and transportation.

CO-OCCURRING / DUAL DIAGNOSIS SERVICES

**Sanctuary Centers - Drug-Free Services Program and
Sanctuary Centers - Intensive Outpatient Treatment
P.O. Box 551
Santa Barbara, CA 93102
PHONE: (805) 569-2785**

<http://www.sanctuarycenters.org/co-occurring-disorders.html>

ELIGIBILITY:

Clients who have both a psychiatric and substance abuse condition.

REGISTRATION:

Call for more information.

INSURANCE PLANS ACCEPTED AND FEES:

Medi-cal, sliding scale, private pay.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

Sanctuary Centers - Drug-Free Services Program provides specialized counseling services tailored to the needs of people diagnosed with both mental health and substance use disorders.

Sanctuary Centers - Intensive Outpatient Treatment Provides comprehensive treatment for substance abuse and mental health issues.

CO-OCCURRING / DUAL DIAGNOSIS SERVICES

New Heights & PEI Transitional Age Youth (TAY)

117 North B St
Lompoc, CA 93463
PHONE: (805) 737-6600
FAX: (805) 737-6670

500 West Foster Rd.
Santa Maria, CA 93455
PHONE: (805) 934-6385
FAX: (805) 934-6525

429 N. San Antonio Rd.
Santa Barbara, CA 93110
PHONE: (805) 884-1602

<https://www.mhsinc.org/listing/new-heights-pei-transitional-age-youth-tay-2/>

ELIGIBILITY:

Transition age youth, ages 16-24, who have been diagnosed with a severe mental illness and co-occurring disorders.

REGISTRATION:

Anyone who lives in Santa Barbra County can be referred to the program including self-referrals. For a referral, call 1-888-868-1649.

INSURANCE PLANS ACCEPTED AND FEES:

Call for more information and ask about free services.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

Outpatient services to transitional age youth (TAY), ages 16 through 24, who are living with severe mental illness and co-occurring disorders.

CO-OCCURRING / DUAL DIAGNOSIS SERVICES

Psychiatry and Inpatient Medical Detoxification
400 W. Pueblo St.
Santa Barbara, CA 93105
PHONE: (805) 569-7253

<http://www.cottagehealth.org/services/psychiatry-and-addiction-medicine/psychiatry-and-inpatient-medical-detoxification/>

ELIGIBILITY:

Voluntary 18-year-olds and above.

REGISTRATION:

Patients are admitted by private professionals or through the facility's Emergency Psychiatric Services.

INSURANCE PLANS ACCEPTED AND FEES:

Medi-care and most private insurances.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

Assist our patients in completing medical detoxification and withdrawal from alcohol, sedatives, and opiates.

YOUTH AND FAMILY TREATMENT CENTERS

Daniel Bryant Youth & Family Treatment Center
1111 Garden Street
Santa Barbara, CA 93101
PHONE: (805) 730-7575

<http://cadasb.org/youth-services/daniel-bryant-youth-center/>

ELIGIBILITY:

Youth ages 10-19.

REGISTRATION:

Call the office for more information.

INSURANCE PLANS ACCEPTED AND FEES:

Medi-cal, private insurance, and self-pay.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

Outpatient treatment for youth, ages 10-19 who are struggling with substance abuse. Programs can range from eight weeks to six months depending on the severity of the teen's use.

YOUTH AND FAMILY TREATMENT CENTERS

Santa Maria Valley Youth & Family Center

105 N. Lincoln

Santa Maria, CA 93458

PHONE: 805-928-1707

FAX: 805-922-4797

<http://smvyfc.org/mental-health/>

ELIGIBILITY:

Youth ages 5-21.

REGISTRATION:

Must call SMVYFC or go to the office.

INSURANCE PLANS ACCEPTED AND FEES:

Medi-cal or low cost sliding-scale fee. Nobody will be denied access to counseling services due to inability to pay.

WAITING PERIOD:

Call for more information.

PRIMARY SERVICES:

Provides individual, family, and group counseling services to children ages 5-21, on a fee for service basis. Counseling is provided for a variety of issues including sexual abuse, rape, incest, domestic violence, drug and alcohol abuse/dependency, anger management, parent concerns, gang involvement, bicultural assimilation, questioning sexuality (gay, lesbian, bisexual), depression, trauma, anxiety, and other issues.

SERVICES FOR WOMEN AND CHILDREN

Casa Serena (Residential Living)

1515 Bath Street

Santa Barbara, CA 93101

PHONE: (805) 966-1260 Ext 1

E-MAIL: recovery@casaserena.org

<http://casaserena.org/contact-us/>

ELIGIBILITY:

Must be pregnant/postpartum or be a woman with children willing to make a 90-day commitment.

REGISTRATION:

Must register in person with a case manager.

INSURANCE PLANS ACCEPTED AND FEES:

Call for more information.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

Serves pregnant/post partum women and women with children. Perinatal services include Outpatient Drug-Free treatment, counseling, Day Care Rehabilitative and Transitional Residential Living. These services are enhanced to address the unique needs of women.

SERVICES FOR WOMEN AND CHILDREN

Perinatal Program- CADA
Outpatient Drug-free Treatment
133 E. Haley St
Santa Barbara, CA 93101
PHONE: (805 308-8549
E-MAIL: projectrecovery@cadasb.org

<http://cadasb.org/adult-services/perinatal-program/>

ELIGIBILITY:

The Perinatal Program serves pregnant women and parents of both genders with substance abuse issues and provides transportation and onsite child care.

REGISTRATION:

Must call to set up an intake appointment.

INSURANCE PLANS ACCEPTED AND FEES:

Medi-Cal, private insurance or self-pay.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

Program components include early recovery issues; pregnancy and parenting skills; and nutrition and exercise education.

CLEAN AND SOBER LIVING

Clean & Sober Living

Santa Maria, CA 93456

PHONE: (805) 346-8185

FAX: (866) 653-0813

E-MAIL: projectrecovery@cadassb.org

<http://www.goodsamaritanshelter.org/clean-sober-living>

ELIGIBILITY:

- 30 days or more of sobriety preferred. If less than one year clean & sober, the CSL resident will be required to enroll in a treatment program for at least 6 months.
- If unemployed, resident will have 60 days to secure employment unless medically or psychologically unable.
- All residents will submit to random drug testing.
- All residents are required to attend house meetings and attend no less than three NA/AA meetings per week.
- Must have and be actively working with a 12-step sponsor. If a resident does not currently have a sponsor, he/she will be given 30 days to do so.

REGISTRATION:

Must call to set up an intake appointment.

INSURANCE PLANS ACCEPTED AND FEES:

Call for more information.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

Good Samaritan Shelter supports three separate Clean and Sober Living (CSL) homes in Santa Maria, for men and women who are in recovery, and wish to maintain their sobriety.

HOUSING

Good Samaritan Shelter Services- Marks House
203 North N Street
Lompoc, CA 93436
PHONE: (805)735-9980

<http://goodsamaritanshelter.org/the-marks-house>

HOURS:

Call to schedule an appointment.

ELIGIBILITY:

Call for more information.

REGISTRATION:

Registration must be done in person.

FEES:

Varies, call for more information.

WAITING PERIOD:

Varies by space availability.

PRIMARY SERVICES:

Provides temporary transitional shelter where a family may stay together, while addressing the root causes of homelessness so that the family may never be homeless again. Supportive services include case management, encouraging families to learn about money management, parenting, education, employment and more.

HOUSING

Bridge House Emergency Shelter
2025 Sweeney Rd.
Lompoc, CA 93436
PHONE: (805) 735-4390

HOURS:

People must leave the shelter by 8:00 a.m. and return between 4:30p.m. – 6:00p.m. People who attend therapy or recovery meetings after 6:00p.m. must let the staff know so that accommodations can be made.

ELIGIBILITY:

- Must show photo identification
- Be a Santa Barbara County resident
- Be cleared through Megan's Law
- Pass drug test

REGISTRATION:

Registration is in person and check-in occurs from 4:30p.m. – 6:00p.m.

FEES:

Free

WAITING PERIOD:

First come, first serve service.

PRIMARY SERVICES:

A place where homeless families and individuals can find emergency shelter. The Bridge House provides case management to each individual client and referrals for clients to seek necessary financial, medical and other supportive services on an as needed basis.

HOUSING

PATH

**816 Cacique Street
Santa Barbara, CA 93103
PHONE: (805) 884-8481
FAX: (805) 965-3871**

HOURS:

People must leave the shelter by 8:00 a.m. and return between 4:30p.m. – 6:00p.m. People who attend therapy or recovery meetings after 6:00p.m. must let the staff know so that accommodations can be made.

ELIGIBILITY:

- Must show photo identification
- Be a Santa Barbara County resident
- Be cleared through Megan's Law
- Pass drug test

REGISTRATION:

Registration is in person and check-in occurs from 4:30p.m. – 6:00p.m.

FEES:

Free

WAITING PERIOD:

First come, first serve service.

PRIMARY SERVICES:

PATH Santa Barbara is addressing homelessness for individuals and the community. Our interim housing facility is dedicated to helping homeless individuals access the services they need to improve their health, increase their income, and transition to stable housing - all under one roof.

HOUSING

Santa Maria Emergency Shelter Campus
401 W. Morrisson Ave.
Santa Maria, CA 93456
PHONE: (805) 347-3338
FAX: (805) 681-4580

HOURS:

People must leave the shelter by 8:00 a.m. and return between 4:30p.m. – 6:00p.m. People who attend therapy or recovery meetings after 6:00p.m. must let the staff know so that accommodations can be made.

ELIGIBILITY:

- Must show photo identification
- Be a Santa Barbara County resident
- Be cleared through Megan's Law
- Pass drug test

REGISTRATION:

Registration is in person and check-in occurs from 4:30p.m. – 6:00p.m.

FEES:

Free

WAITING PERIOD:

First come, first serve service.

PRIMARY SERVICES:

The Good Samaritan Emergency Shelter is a 130-bed, 90 day facility that provides shelter for men, women and children. A hot evening meal is provided.

HOUSING

Good Samaritan Family Shelter
401-A West Morrison Ave
Santa Maria, CA 93458
PHONE: (805) 347-3338
FAX: (866) 681-4580

<http://goodsamaritanshelter.org/family-transitional-shelter>

HOURS:

Monday – Friday, 8:00 a.m. - 5:00 p.m. (Office hours)

ELIGIBILITY:

- Must show photo identification
- Be a Santa Barbara County resident
- Be cleared through Megan's Law
- Pass drug test
- Proof of income/employment, CalWorks, SSI, SSDI, General Relief, or other
- Birth certificate for adults and children in household, and CWS Case plan (if applicable)

REGISTRATION:

Anyone who is interested in the Family Shelter Program must fill out an application and provide proof of income. Families may stay for a period of 90 days, and are evaluated for extensions which may be granted up to a maximum 2 year stay.

FEES:

The cost of living at the family shelter is 30% of the resident's gross monthly income.

WAITING PERIOD:

First come, first serve service.

HOUSING

PRIMARY SERVICES:

Good Samaritan's Family Shelter Program provides temporary shelter for parents and their children. The Family Shelter Case Manager develops a partnership with each family and leads them towards self-sufficiency by providing counseling, referrals for housing, employment related services, budgeting, educational information, parenting education and more.

HOUSING

Overflow Shelter
245 E. Inger Drive, Suite 103-B
Santa Maria, CA 93454
PHONE: (805) 347-3338

HOURS:

People must leave the shelter by 8:00 a.m. and return between 4:30p.m. – 6:00p.m. People who attend therapy or recovery meetings after 6 p.m. must let the staff know so that accommodations can be made.

ELIGIBILITY:

- Must show photo identification
- Be a Santa Barbara County resident
- Be cleared through Megan's Law
- Pass drug test

REGISTRATION:

Registration is in person and check-in occurs from 4:30p.m. – 6:00p.m.

FEES:

Free

WAITING PERIOD:

First come, first serve service.

PRIMARY SERVICES:

The 40-bed overflow shelter provides emergency shelter for up to 90 days.

HOUSING

Clean & Sober Living
245 E. Inger Drive, Suite 103-B
Santa Maria, CA 93454
PHONE: (805) 346-8185
FAX: (866) 653-0813
<http://goodsamaritanshelter.org/csl>

HOURS:

Monday - Friday, 8:30 a.m. - 5:00 p.m.

ELIGIBILITY:

- 30 days or more of sobriety preferred. If less than one year clean & sober, the CSL resident will be required to enroll in a treatment program for at least 6 months.
- If unemployed, resident will have 60 days to secure employment unless medically or psychologically unable.
- All residents will submit to random drug testing.
- All residents are required to attend house meetings and attend no less than three NA/AA meetings per week.
- Must have and be actively working with a 12-step sponsor. If a resident does not currently have a sponsor, he/she will be given 30 days to do so.
- Each resident is responsible for his/her share of household chores and groceries

REGISTRATION:

Call for an appointment to register.

FEES:

Call for more information.

WAITING PERIOD:

Varies by space availability.

HOUSING

PRIMARY SERVICES:

Good Samaritan Shelter supports three separate Clean and Sober Living (CSL) homes in Santa Maria, for men and women who are in recovery, and wish to maintain their sobriety.

HOUSING

Casa de Familia
Santa Maria, CA
PHONE: (805) 347-3338

HOURS:

Hours vary, call to make an intake appointment.

ELIGIBILITY:

For more information call Casa de Familia.

REGISTRATION:

Call for more information on registration.

FEES:

Tenants pay 30 percent of their income in rent.

WAITING PERIOD:

Waiting list, based on need.

PRIMARY SERVICES:

Casa de Familia features one three-bedroom unit, four one-bedroom units and 11 two-bedroom units. It has drug and alcohol diversion counseling on site and immediate access to Good Samaritan's detoxification programs, as well as Head Start and after-school children's services on the campus.

HOUSING

Rancho Hermosa

PHONE: (805) 346-8185 Ext. 107

HOURS:

Hours vary, call to make an intake appointment.

ELIGIBILITY:

If a family has successfully completed a qualified program with Good Samaritan Shelter and meets the income requirements, they may apply with Good Samaritan Shelter to be added to the waitlist.

REGISTRATION:

Call for more information.

FEES:

Call for more information.

WAITING PERIOD:

Waiting list, based on need.

PRIMARY SERVICES:

Rancho Hermosa is a 47 unit affordable housing complex for very low income homeless households and households at risk of homelessness, who are diagnosed with substance abuse and/or severe mental illness.

HOUSING

Villa Majella of Santa Barbara
604 N. Kellogg Ave.
Goleta, CA 93111
PHONE: (805) 964-1650
E-MAIL: kelly@villamajella.org

<https://www.villamajella.org/>

HOURS:

Hours vary, call to make an intake appointment.

ELIGIBILITY:

Women 18 and over. Must have alcohol and drug sobriety in order to be accepted.

REGISTRATION:

For resident applications, call or e-mail Villa Majella of Santa Barbara.

FEES:

Call for more information.

WAITING PERIOD:

Call for more information.

PRIMARY SERVICES:

Villa Majella Maternity Home provides a safe, nurturing living environment, in a residential group home, that can accommodate six women through their pregnancy and 3 months after delivery.. Villa Majella will allow a resident to stay for up to six months after their baby is born, if the resident is on a wait list for a transitional living program.

HOUSING

Transition House
425 E Cota St
Santa Barbara, CA 93101
PHONE: (805) 966-9668

<http://transitionhouse.com/get-help/>

HOURS:

Monday - Friday, 10:00 a.m. - 4:00 p.m.

ELIGIBILITY:

- Capable and motivated to work towards self-sufficiency.
- Able and willing to meet weekly with a Case Manager and actively participate in the program, meet the Goals and Requirements.
- Sober from drugs and alcohol. Everyone 18 years of age and older is drug-tested upon entry.
- Able and willing to get along within a group-living environment.
- Willing to complete daily chores and follow House Rules.

REGISTRATION:

To get on the waiting list, you must sign-up in person at the Administrative Office, located at 425 E. Cota Street between the hours of 10:00 a.m. and 4:00 p.m. Monday – Friday.

FEES:

Call for more information.

WAITING PERIOD:

Depends on several factors, such as how many families are on the waiting list before you, the size of your family, how many beds are available, and whether or not you have previously stayed at Transition House and/or are a Santa Barbara County resident.

HOUSING

PRIMARY SERVICES:

Transition House provides three meals a day, sleeping quarters for families, linens and toiletries, childcare, assistance with long term goals, education, employment counseling, medical care, counseling referrals, money management help and referrals to other social services agencies.

HOUSING

Transition House's Emergency Shelter
425 E Cota St
Santa Barbara, CA 93101
PHONE: (805) 966-9668

<http://transitionhouse.com/programs-and-services/>

HOURS:

Monday - Friday, 10:00 a.m. - 4:00 p.m.

ELIGIBILITY:

- Capable and motivated to work towards self-sufficiency.
- Able and willing to meet weekly with a Case Manager and actively participate in the program, meet the Goals and Requirements.
- Sober from drugs and alcohol. Everyone 18 years of age and older is drug-tested upon entry.
- Able and willing to get along within a group-living environment.
- Willing to complete daily chores and follow House Rules.

REGISTRATION:

Call for more information.

FEES:

Call for more information.

WAITING PERIOD:

Varies, call for more information.

PRIMARY SERVICES:

Transition House's McCune Family Shelter houses between 15 – 22 families (up to 70 people), and provides food, shelter, and transitional case management lasting up to 120 days. Some families are given “rapid rehousing” assistance including cash for security deposits.

HOUSING

WillBridge

2904 State St., Suite "A"
Santa Barbara, CA 93105

PHONE: 805-564-1911

FAX: 805-564-1933

EMAIL: opportunity@willbridge.sbcoxmail.com

<http://www.willbridgesb.org/santa-barbara-transitional-housing>

HOURS:

Call to make an intake appointment.

ELIGIBILITY:

Must be referred from a community partner.

REGISTRATION:

Clients are referred from community partners: Alcohol Drug and Mental Health Services, Restorative Policing Team or Homeless Court, Santa Barbara Probation Department, Cottage Hospital, WillBridge Outreach Team and collaborating service providers. If you need a referral contact your case worker or agency advocate. Self referrals are not accepted.

FEES:

Call for more information.

WAITING PERIOD:

Varies, call for more information.

HOUSING

PRIMARY SERVICES:

Transitional Housing provides a safe haven, encouraging staff; comprehensive support programs to assist participants in reaching self-sufficiency; medication compliance; & a drug/alcohol free environment. WillBridge transitional home is shared housing offered to chronic homeless mentally ill adults. It is their first step when coming in from the streets; an alternative to incarceration; discharged from the jail or hospital and ready to begin the process of moving to greater independent living.

HOUSING

Hotel De Riviera
125 West Carillo St
Santa Barbara, California 93101
PHONE: (805) 962-7296

HOURS:

By appointment, call for more information.

ELIGIBILITY:

Call for more information.

REGISTRATION:

Call for more information.

FEES:

Call for more information.

WAITING PERIOD:

Varies, depending on space availability.

PRIMARY SERVICES:

30 Single resident occupancy units for homeless individuals suffering from mental illness combined with alcohol and/or drug problems.

HOUSING

Family Strengthening Program
4200 Calle Real
Santa Barbara, CA 93110
PHONE 805-683-6381
FAX 805-967-7508

<http://www.stvincents-sb.org/santa-barbara-church-family-strengthening>

HOURS:

Monday – Friday, 8:30 a.m. - 5:00 p.m.
Closed major holidays.

ELIGIBILITY:

St. Vincent's Family Strengthening Program serves single, low-income mothers (who may be pregnant) with one or two children maximum. Mothers over age 18 and children from birth to age five are eligible.

REGISTRATION:

To apply, complete the application and return it to St. Vincent's Family Strengthening Program. You can download the application online. Applications are also available at the office, 4200 Calle Real, Santa Barbara, or you can call (805) 683-6381 to request one be sent to you.

FEES:

Call for more information.

WAITING PERIOD:

Varies, depending on space availability.

HOUSING

PRIMARY SERVICES:

Designed to help each client create stability, and emotional and spiritual well-being for herself and her children. St. Vincent's residential program is a sober living environment that offers a complete range of services including case management, individual therapy, parenting education, a structured therapeutic setting, a schedule for the mothers, and a child development program for the children.

HOUSING

Sarah House
2612 Modoc Rd
Santa Barbara, CA 93105
PHONE: (805) 682-1515
RESIDENCE: (805) 563-9990
FAX: (805) 563-4761
E-MAIL: office@sarahhousesb.org

<http://www.sarahhousesb.org/>

HOURS:

By appointment, call for more information.

ELIGIBILITY:

Residents receiving end-of-life care must have a hospice diagnosis of generally less than 3 months and be a low-income individual making less than \$47,000 a year.

REGISTRATION:

Call for more information.

FEES:

Although some people are unable to contribute anything to the cost of their care, generally Sarah House asks that its Residents contribute 80% of their income.

WAITING PERIOD:

Varies, depending on space availability.

PRIMARY SERVICES:

An eight-bedroom home for low-income men and women receiving hospice care. Also provide care to those living with HIV/AIDS, whether they are at the end of their lives or they simply need a home for regaining health.

HOUSING

Domestic Violence Solutions

Santa Barbara Shelter
24-Hour Crisis Line
PHONE: (805) 964-5245

Lompoc Shelter
24-Hour Crisis Line
PHONE: (805) 736-0965

Santa Maria Shelter
24-Hour Crisis Line
PHONE: (805) 925-2160

Santa Ynez Valley
24-Hour Crisis Line
PHONE: (805) 686-4390

PHONE: (805) 963-4458 (non-emergency calls only)
<http://www.dvsolutions.org/default.aspx>

HOURS:

Crisis lines operate 24 hours a day.

ELIGIBILITY:

Women and children.

REGISTRATION:

For more information about the shelter call the non-emergency phone number listed above.

FEES:

Call for more information.

WAITING PERIOD:

Varies, depending on space availability.

PRIMARY SERVICES:

Women and children may stay in one of 3 confidential emergency shelters for up to 45 days, where they receive emotional support, food, clothing, goal planning assistance, advocacy for medical, legal and financial resources, information and referrals.

HOUSING

St. Vincent's

Villa Caridad - Senior Housing
4202 Calle Real
Santa Barbara, CA 93110
PHONE: (805) 683-4375

St. Vincent's Gardens - Family Housing
4234 Pozzo Circle
Santa Barbara, CA 93110
PHONE: (805) 967-4340

<http://www.stvincents-sb.org/santa-barbara-affordable-housing-programs>

HOURS:

Administrative Office Hours
Monday - Friday 9:00 a.m. - 5:00 p.m.
Closed major holidays

ELIGIBILITY:

Senior housing: Must be age 62 or older with income at or below 50% of area median.

Family housing: Low and very low income for families at or below 60% of area median.

REGISTRATION:

Call for more information on the registration process.

FEES:

For senior housing, residents will pay no more than 30% of their adjusted gross income for rent. For family housing, call for more information.

WAITING PERIOD:

Varies, depending on space availability.

HOUSING

PRIMARY SERVICES:

St. Vincent's, in partnership with Mercy Housing California, a prominent not-for-profit developer of community housing solutions, has developed 75 affordable units for low-income families and 95 affordable units for low-income seniors on St. Vincent's 21-acre site.

HOUSING

Housing Authority of the City of Santa Barbara
808 Laguna Street
Santa Barbara, CA 93101
PHONE: (805) 965-1071
FAX: (805) 564-7041

<http://hacsb.org/housing/>

HOURS:

Monday – Thursday, 8:00 a.m. to 5:00 p.m.
Friday, , 8:00 a.m. – 4:00 p.m.
Closed every other Friday.

ELIGIBILITY:

Varies by housing program.

REGISTRATION:

You can apply to be waitlisted online at
<https://hacsbwaitlist.org/landing> or in person.

FEES:

Varies by housing program.

WAITING PERIOD:

In general, an applicant’s wait for assisted housing is usually several years.

PRIMARY SERVICES:

Section 8 Housing
Public Housing
Workforce Housing
Senior Housing

HOUSING

Peoples' Self-Help Housing

Santa Barbara Office
26 E. Victoria Street
Santa Barbara, CA 93101
PHONE (805) 962-5152
FAX (805) 962-8152
E-MAIL: info@pshhc.org

Casas de las Flores
4090 Via Real #100 - Office
Carpinteria, CA 93013
PHONE: (805) 869-1531
FAX: (805) 869-1532
E-MAIL: cdlf@pshhc.org

Casas las Granadas
21 E. Anapamu Street
Santa Barbara, CA 93101
PHONE: (805) 699-7223
FAX: (805) 962-8152
E-MAIL: vichotel@pshhc.org

<http://www.pshhc.org/>

HOURS:

Monday – Friday, 8:00 a.m. to 5:00 p.m.
Closed for lunch 12:00 p.m. - 1:30p.m.

ELIGIBILITY:

Varies by housing program.

REGISTRATION:

Must directly contact each site to inquire about availability or to make an appointment.

FEES:

Varies by housing program.

WAITING PERIOD:

Varies by housing availability.

PRIMARY SERVICES:

Provide affordable housing and programs leading to self-sufficiency for low-income families, seniors, and other special needs groups on California's Central Coast.

HOUSING

Santa Barbara Community Housing Corporation
11 East Haley Street
Santa Barbara, CA 93101
PHONE: 805-963-9644
FAX: 805-963-3467
E-MAIL: frontdesk@chcsb.com

<http://www.chcsb.com/>

HOURS:

Monday - Friday, 8:30a.m. - 4:30p.m.

ELIGIBILITY:

Varies by housing unit.

REGISTRATION:

You can download the application online and mail or drop it off to the office. You can also visit the office for an application.

FEES:

Varies by housing unit.

WAITING PERIOD:

May take years before a unit becomes available.

PRIMARY SERVICES:

Provides several affordable housing projects throughout Santa Barbara County.

INFECTIOUS DISEASE PROVIDERS

Alan M Sugar, MD

Pueblo Multispecialty Clinic
317 West Pueblo St.
Santa Barbara, CA 93105
PHONE: (805) 681-7500
FAX: (805) 898-3301

HOURS:

Monday – Thursday, 08:00a.m. - 05:00p.m.
Friday, 08:00a.m. - 12:00p.m.

INSURANCE PLANS ACCEPTED:

Santa Barbara Health Initiative
Healthy Kids Santa Barbara
San Luis Obispo Health Initiative

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease

INFECTIOUS DISEASE PROVIDERS

Mary-Louise Scully, MD

Pueblo Multispecialty Clinic
317 West Pueblo St.
Santa Barbara, CA 93105
PHONE: (805) 898-3530
FAX: (805) 898-3301

Sansum Clinic
215 Pesetas Ln
Santa Barbara, CA 93110
PHONE: (805) 681-7500
FAX: (805) 681-1768

HOURS:

Pueblo Multispecialty Clinic
Monday – Thursday, 08:00a.m. - 05:00p.m.
Friday, 08:00a.m. - 12:00p.m.

Sansum Clinic
Monday – Thursday, 08:00a.m. - 05:00p.m.
Friday, 08:00a.m. - 12:00p.m.

INSURANCE PLANS ACCEPTED:

Santa Barbara Health Initiative
Healthy Kids Santa Barbara
San Luis Obispo Health Initiative

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease
Travel & Tropical Medicine

INFECTIOUS DISEASE PROVIDERS

Stephen Hosea, MD

Pueblo Multispecialty Clinic
317 West Pueblo St.
Santa Barbara, CA 93105
PHONE: (805) 898-3530
FAX: (805) 898-3301

Sansum Clinic
215 Pesetas Ln
Santa Barbara, CA 93110
PHONE: (805) 681-7500
FAX: (805) 681-1768

HOURS:

Pueblo Multispecialty Clinic
Monday – Thursday, 08:00a.m. - 05:00p.m.
Friday, 08:00a.m. - 12:00p.m.

Sansum Clinic
Monday – Thursday, 08:00a.m. - 05:00p.m.
Friday, 08:00a.m. - 12:00p.m.

INSURANCE PLANS ACCEPTED:

Santa Barbara Health Initiative
San Luis Obispo Health Initiative

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease

INFECTIOUS DISEASE PROVIDERS

David Fisk, MD

Pueblo Multispecialty Clinic
317 West Pueblo St.
Santa Barbara, CA 93105
PHONE: (805) 898-3100
FAX: (805) 898-3301

Sansum Clinic
215 Pesetas Ln
Santa Barbara, CA 93110
PHONE: (805) 681-7500
FAX: (805) 681-1768

HOURS:

Pueblo Multispecialty Clinic
Monday – Thursday, 08:00a.m. - 05:00p.m.
Friday, 08:00a.m. - 12:00p.m.

Sansum Clinic
Monday – Thursday, 08:00a.m. - 05:00p.m.
Friday, 08:00a.m. - 12:00p.m.

INSURANCE PLANS ACCEPTED:

Santa Barbara Health Initiative
Healthy Kids Santa Barbara
San Luis Obispo Health Initiative

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease

INFECTIOUS DISEASE PROVIDERS

Lynn Fitzgibbons, MD

**Santa Barbara Health Care Center
345 Camino Del Remedio
Santa Barbara, CA 93110
PHONE: (805) 681-5488
FAX: (805) 681-4923**

HOURS:

Monday – Friday, 08:00a.m. - 05:00p.m.

INSURANCE PLANS ACCEPTED:

Santa Barbara Health Initiative
Healthy Kids Santa Barbara
San Luis Obispo Health Initiative

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease

INFECTIOUS DISEASE PROVIDERS

Christopher Holland, MD

**J Trees Ritter Inc
1250 Peach St Ste M
San Luis Obispo, CA
PHONE: (805) 540-0689
FAX: (805) 541-4376**

HOURS:

Call clinic for more information.

INSURANCE PLANS ACCEPTED:

Santa Barbara Health Initiative
Healthy Kids Santa Barbara
San Luis Obispo Health Initiative

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease

INFECTIOUS DISEASE PROVIDERS

Seth E. Anderson, MD

Cottage Health

221 W. Pueblo St., Ste. B

Santa Barbara, California 93105-6814

PHONE: (805) 682-6461

FAX: (805) 563-1454

HOURS:

Call clinic for more information.

INSURANCE PLANS ACCEPTED:

Santa Barbara Health Initiative

Healthy Kids Santa Barbara

San Luis Obispo Health Initiative

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease

Tropical Medicine

Internal Medicine

INFECTIOUS DISEASE PROVIDERS

Franco Felizarta, MD

Community Health Centers - Nipomo

150 Trejas Pl.

Nipomo, CA 93444

PHONE: (805) 929-3211

FAX: (805) 929-6359

HOURS:

Monday – Friday, 8:30a.m. – 7:00p.m.

INSURANCE PLANS ACCEPTED:

Santa Barbara Health Initiative

Healthy Kids Santa Barbara

San Luis Obispo Health Initiative

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease

INFECTIOUS DISEASE PROVIDERS

Jethro T. Ritter, MD

**J Trees Ritter Inc
1250 Peach St Ste M
San Luis Obispo, CA
PHONE: (805) 540-0689
FAX: (805) 541-4376**

HOURS:

Call clinic for more information.

INSURANCE PLANS ACCEPTED:

Call to see if your insurance plan has a contract with this agency.

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease

INFECTIOUS DISEASE PROVIDERS

Charish Barry, MD

Petite Pediatrics
1525 State Street, Suite 206
Santa Barbara, CA 93101
PHONE: (805) 845-1221
FAX: (805) 845-1224

HOURS:

Monday, Tuesday, Thursday, 9:00a.m. – 4:30p.m.
Closed Wednesday and Friday

INSURANCE PLANS ACCEPTED:

Cottage Health System Employee Health Plan
Anthem Blue Cross Prudent Buyer Plan
Cigna
United Healthcare
All PPO insurance plans as an out-of-network provider
Do not accept HMO insurance plans

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease

INFECTIOUS DISEASE PROVIDERS

Mitchell Kushner, MD

**Santa Barbara Health Care Center
345 Camino Del Remedio
Santa Barbara, CA 93110
PHONE: (805) 681-5488
FAX: (805) 681-4923**

HOURS:

Monday – Friday, 08:00a.m. - 05:00p.m.

INSURANCE PLANS ACCEPTED:

Santa Barbara Health Initiative

WAITING PERIOD:

Call clinic for more information.

SPECIALTY:

Infectious Disease

DENTAL SERVICES

Western Dental Services Inc.
5680 Calle Real
Goleta, CA
PHONE: (805) 979-3155

Western Dental Services Inc.
2205 S Broadway
Santa Maria, CA
PHONE: (805) 346-2130

HOURS:

Goleta Office

Monday – Friday, 9:00a.m. - 6:00p.m.

Saturday, 8:00a.m. - 4:30p.m.

Closed on Sunday

Santa Maria Office

Monday – Friday, 9:00a.m. - 6:00p.m.

INSURANCE PLANS ACCEPTED:

Aetna

Ameritas

Anthem

Assurant Avesis

Blue Cross

Blue Shield

Cigna

Connection (GEHA)

Delta Dental

Dental Benefits

Providers

Dentegra

Dentemax

Denti-Cal

Diversified Dental

First Continental

First Dental Health

Gaurdian

Healthsmart

Humana

Maverest

MetLife

Pacific Health Alliance

Principal PPO

SERVICES:

General Dentistry

Oral Surgery

Pedodontistry

DENTAL SERVICES

Prasan Parmar, DDS INC
1133 N H St. Suite L
Lompoc, CA
PHONE: (805) 736-8011

1414 S. Miller St., Suite 7
Santa Maria, CA 93454
PHONE: (805) 922-5884

HOURS:

Lompoc Office

Hours vary, call for more information.

Santa Maria Office

Monday – Wednesday, 9:00a.m. – 6:00p.m.

Thursday, 9:00a.m. - 1:00p.m.

Closed Friday, Saturday and Sunday

INSURANCE PLANS ACCEPTED:

Anthem BlueCross

Cigna

Delta Dental

Delta Dental DPO

Guardian

MetLife

Principal

United Concordia

United Healthcare

Western Growers

SERVICES:

General Dentistry

DENTAL SERVICES

Edward M. Mikowicz D.D.S.
112 S B ST
Lompoc, CA
PHONE: (805) 736-6571

HOURS:

Monday and Wednesday, 8:30a.m. - 5:00p.m.

Tuesday and Thursday 1:00p.m. - 5:00p.m.

INSURANCE PLANS ACCEPTED:

Medi-cal for clients 1 year to 12 years

All PPO

SERVICES:

General Dentistry

DENTAL SERVICES

Kashfi Sean, DDS
1532 Anacapa ST Suite 8
Santa Barbara, CA
PHONE: (805) 899-4282

HOURS:

By appointment only, hours vary.

INSURANCE PLANS ACCEPTED:

All insurance plans.

SERVICES:

General Dentistry

DENTAL SERVICES

Gonzalez And Carlos A Professional Dental Corp
532 N Milpas St
Santa Barbara, CA
PHONE: (805) 884-0111

HOURS:

Hours vary, call for more information.

INSURANCE PLANS ACCEPTED:

Call for more information.

SERVICES:

General Dentistry

DENTAL SERVICES

Jeff Peppard Inc
7 Ashley Ave
Santa Barbara, CA
PHONE: (805) 962-1237

HOURS:

Hours vary, call for more information.

INSURANCE PLANS ACCEPTED:

Most insurance plans, call for more information.

SERVICES:

General Dentistry

DENTAL SERVICES

Boris Zak, D.D.S.
Sea Breeze Dental Care
5168 Hollister Ave.
Santa Barbara, CA 93111
PHONE: (805) 692-8422

HOURS:

Monday -Thursday, 9:00a.m. - 6:00p.m.
Friday 8:00a.m. - 5:00p.m.

INSURANCE PLANS ACCEPTED:

Most insurance plans, call for more information.

SERVICES:

General Dentistry

DENTAL SERVICES

Hamlet Karapetian, DMD

Friendly Smiles Dental Group

201 N. College Dr. Suite 102

Santa Maria Ca. 93454

PHONE (805) 925-6939

Friendly Smiles Dental Group

1670 S Broadway

Santa Maria, CA

PHONE (805) 925-6939

HOURS:

Monday -Thursday, 9:00a.m. - 6:00p.m.

Friday 8:00a.m. - 4:00p.m.

INSURANCE PLANS ACCEPTED:

Medi-cal

Aetna

Blue Cross

Golden West HMO

MetLife

United Concordia

Pacific Union

Premier Access PPO

SERVICES:

General Dentistry

DENTAL SERVICES

Antaki Hourany DDS Inc.
1304 S Miller St
Santa Maria, CA
PHONE (805) 352-1188

HOURS:

Monday and Thursday, 10:00a.m. - 7:00p.m.
Tuesday and Wednesday, 9:00a.m. - 6:00p.m.

INSURANCE PLANS ACCEPTED:

HMO
PPO
Cash

SERVICES:

General Dentistry

DENTAL SERVICES

Ion Naumescu, DDS
1414 S Miller St Suite N
Santa Maria, CA
PHONE (805) 928-3780

HOURS:

Monday - Wednesday, 8:45a.m. - 5:00p.m.
Thursday, 8:45a.m.-12:00p.m.

INSURANCE PLANS ACCEPTED:

Medi-cal
Liberty Dental
Pacific Union
Guardian
Cigna

SERVICES:

General Dentistry

DENTAL SERVICES

Bing S. Qiao, DDS
1414 S Miller St Suite S
Santa Maria, CA
PHONE (805) 925-6229
FAX: (805) 925-6210
E-MAIL: drbingdental@gmail.com

HOURS:

Monday - Thursday, 9:00a.m. - 5:00p.m.

INSURANCE PLANS ACCEPTED:

Most insurance plans, including Denti-Cal and Medi-cal.

SERVICES:

General Dentistry

DENTAL SERVICES

Sol Reyes, DDS
1414 S Miller St Ste G
Santa Maria, CA
PHONE (805) 739-2716

HOURS:

Hours vary, call for more information.

INSURANCE PLANS ACCEPTED:

Call to see if your insurance plan is contracted.

SERVICES:

General Dentistry

DENTAL SERVICES

Zen Dental Group
Terry Yat Y. Tang, DDS
2050 S Broadway, Ste E
Santa Maria, CA
PHONE (805) 925-3717

HOURS:

Tuesday - Friday, 9:00a.m. - 6:00p.m.

INSURANCE PLANS ACCEPTED:

All insurance plans.

SERVICES:

General Dentistry

DENTAL SERVICES

Alice Barky, DDS
1023 W Main St
Santa Maria, CA
PHONE: (805) 688-1155

HOURS:

Call for more information.

INSURANCE PLANS ACCEPTED:

Medi-cal
Aetna
Blue Cross
MetLife
Guardian
Delta Dental
Assurance

SERVICES:

General Dentistry

DENTAL SERVICES

Jerry Merrell, DDS
2028 Village Ln Ste 101
Solvang, CA
PHONE (805) 688-1155

HOURS:

Call for more information.

INSURANCE PLANS ACCEPTED:

Call to see if your insurer is contracted.

SERVICES:

Oral Surgery

DENTAL SERVICES

Steven T Hutcherson, DDS, MS
1414 S Miller, Suite J
Santa Maria, CA
PHONE: (805) 922-9626

HOURS:

Hours vary, call for more information and to make an appointment.

INSURANCE PLANS ACCEPTED:

Private Insurances
PPO
Medi-cal

SERVICES:

Pedodontistry

DENTAL SERVICES

Eastside Family Dental Clinic
923 N. Milpas St.
Santa Barbara, CA 93103
PHONE: (805) 884-1998
FAX: (805) 884-1875

HOURS:

Monday – Friday, 7:45a.m. – 6:30p.m.

Saturday, 7:45 am – 12:30p.m.

INSURANCE PLANS ACCEPTED:

Call to see if your insurance plan is contracted.

SERVICES:

Oral Education and Prevention

Cosmetic Dentistry

Pediatric Dentistry

Implant Dentistry

Restorations: Fillings, Bridges and Crowns

Root Canal Therapy

Partial and Complete Dentures

DENTAL SERVICES

Goleta Neighborhood Dental Clinic
164 Kinman Ave
Santa Barbara, CA 93117
PHONE: (805) 617-7900
FAX: (805) 617-7899

HOURS:

Monday – Friday, 7:45a.m. – 5:00p.m.
Closed for Lunch from 12:00p.m. - 1:00p.m.

INSURANCE PLANS ACCEPTED:

PPO
Medi-cal

SERVICES:

Oral Education & Prevention
Cosmetic Dentistry
Pediatric Dentistry
Implant Dentistry
Restorations: Fillings, Bridges & Crowns
Root Canal Therapy
Partial & Complete Dentures

DENTAL SERVICES

**Community Health Centers
Broadway Dental**
210 N. Broadway
Santa Maria, CA 93454
PHONE: (805) 347-1171
FAX: (805) 347-1174

**Community Health Centers
Miller Street**
1414 S Miller St, Suite 8 & 9
Santa Maria, CA 93454
PHONE: (805) 345-3702
FAX: (805) 345-3795

Community Health Centers
425 W. Central, Suite 201
Lompoc, CA 93436
PHONE: (805) 737-1169
FAX: (805) 737-1772

HOURS:

Broadway Dental Office
Monday – Thursday, 8:00a.m. – 5:00p.m.
Friday, 8:00a.m. – 4:30p.m.
Saturdays by appointment.

Miller Street Office
Monday – Thursday, 8:00a.m. – 5:00p.m.
Friday, 8:00a.m. – 4:30p.m.

Lompoc Office
Monday, 8:00a.m. – 5:00p.m.
Tuesday – Thursday, 8:00a.m. – 6:00p.m.
Friday, 8:00a.m. – 4:30p.m.

INSURANCE PLANS ACCEPTED:

All private pay, full and partially insured, Medi-Cal and Medicare patients. For patients without insurance, a sliding fee scale based on income and family size is used to ensure that care is readily accessible to everyone.

SERVICES:

General Dentistry

HIV/STD TESTING

Pacific Pride Foundation

**126 E. Haley Street, Suite
A-11
Santa Barbara, CA 93101
Santa Maria, CA 93454
PHONE: 805-963-3636**

**819 W. Church Street
Santa Maria, CA 9345
PHONE: 805-963-3636**

<http://www.pacificpridefoundation.org/index.php/hiv-aids/testing-services>

HOURS:

Santa Barbara Hours
Wednesday, 3:00p.m. – 6:00p.m.

Santa Maria Hours
Thursday, 3:00p.m. – 6:00p.m.

ELIGIBILITY:

13 years and older

REGISTRATION:

If you are unable to make it to test during these times, please contact the testing staff at 805-963-3636 to make an appointment.

INSURANCE PLANS ACCEPTED AND FEES:

Free HIV testing.

WAITING PERIOD:

It will take 20-40 minutes to run the test and receive results. Results from conventional blood tests take one to two weeks.

PRIMARY SERVICES:

HIV and Hepatitis C testing

HIV/STD TESTING

American Indian Health and Services

**4141 State St
Suite B-6 (El Mercado)
Santa Barbara, CA 93110
PHONE: 805-681-7144**

<http://www.aihscorp.org/departments/medical/>

HOURS:

Monday – Thursday, 9:00 a.m.- 5:00 p.m.
By appointment or walk-in.

ELIGIBILITY:

Minors must be accompanied with an adult.

REGISTRATION:

You can call to make an appointment or make an appointment online.

INSURANCE PLANS ACCEPTED AND FEES:

Free with Medi-cal or Cencal.

WAITING PERIOD:

Varies, call before coming to the clinic.

PRIMARY SERVICES:

HIV & STD Testing

HIV/STD TESTING

Planned Parenthood California Central Coast

518 Garden Street
Santa Barbara, CA 93101
PHONE: 888.898.3806

415 E Chapel Street
Santa Maria, CA 93454
PHONE: 888.898.3806

<https://www.plannedparenthood.org/health-center/california/santa-barbara/93101/santa-barbara-center-3268-90170>

<https://www.plannedparenthood.org/health-center/california/santa-maria/93454/santa-maria-center-2250-90170>

HOURS:

Santa Barbara Hours
Monday, Wednesday, Friday,
7:30a.m. - 5p.m.
Tuesday - Thursday,
7:30p.m. - 8:00p.m.
Saturday, 8:00a.m.-5:00p.m.
By appointment only.

Santa Maria Hours
Monday, Tuesday,
Wednesday, Friday,
7:30a.m. - 5:00p.m.
Tuesday, 7:30a.m. -
8:00p.m.
Saturday, 8:00a.m.-
5:00p.m.
By appointment only.

ELIGIBILITY:

Must be 13 years or older, adult does not need to be present.

REGISTRATION:

You can call to make an appointment or make an appointment online.

INSURANCE PLANS ACCEPTED AND FEES:

Fees are determined on a sliding scale, based on your income and family size. Most fees are at a very low cost or free.

HIV/STD TESTING

WAITING PERIOD:

Varies, call before coming to the clinic.

PRIMARY SERVICES:

HIV Testing and Counseling

STI Testing

HIV/STD TESTING

UCSB Student Health Services

**University of California, Santa Barbara
M/C 7002 Santa Barbara, CA 93106-
7002**

PHONE: 805-893-5361

<http://studenthealth.sa.ucsb.edu/home>

HOURS:

Monday, Tuesday, Thursday, Friday, 8:00 a.m.- 4:30 p.m.

Wednesday, 9:00a.m. – 4:30p.m.

Thursday, 4:30p.m. – 7:00p.m.

By appointment only.

ELIGIBILITY:

UCSB students

REGISTRATION:

Call to schedule an appointment.

INSURANCE PLANS ACCEPTED AND FEES:

Gaicho Health Insurance are covered without a co-pay. For students who have their own private insurance cost is \$12.56 for the test plus a \$20.00 lab processing fee.

WAITING PERIOD:

Varies, call before coming to the clinic.

PRIMARY SERVICES:

HIV & STD Testing

HIV/STD TESTING

Santa Barbara County Public Health Dept.

**345 Camino del Remedio
Santa Barbara, CA
PHONE: (805) 681-5488**

**2115 S. Centerpointe
Parkway
Santa Maria, CA
PHONE: (805) 346-7230**

countyofsb.org/phd/hiv

HOURS:

Santa Barbara

Monday – Friday, 8:00a.m. – 5:00p.m.

By appointment only.

Santa Maria

Monday– Friday, 7:30a.m.– 12:00p.m. and 1:00p.m. –
7:00p.m.

ELIGIBILITY:

Age older than 12 years.

REGISTRATION:

Call to schedule an appointment.

INSURANCE PLANS ACCEPTED AND FEES:

Call for cost.

WAITING PERIOD:

Varies, call before coming to the clinic.

PRIMARY SERVICES:

HIV Testing

HIV/STD TESTING

Santa Barbara Neighborhood Clinics

Westside Neighborhood Clinic

**628 W. Micheltorena St.
Santa Barbara, CA 93101
PHONE: (805) 963-1546**

<http://www.sbclinics.org/clinics/westside-neighborhood-clinic/>

HOURS:

Monday – Friday, 8:15a.m. – 6:00p.m.
Saturday, 8:15a.m. – 12:00p.m.

ELIGIBILITY:

Age older than 12 years.

REGISTRATION:

By appointment, walk-ins welcome.

INSURANCE PLANS ACCEPTED AND FEES:

Some insurance plans accepted. Sliding scale fee ranges between \$45-\$139 based on income.

WAITING PERIOD:

Varies, call before coming to the clinic.

PRIMARY SERVICES:

HIV Testing
Hepatitis C Testing

OTHER RESOURCES: FINANCIAL ASSISTANCE

General Relief	
234 Camino del Remedio Santa Barbara, CA 93110 PHONE: 805-681-4401	Monday - Friday, 8:00 a.m.- 4:00 p.m.
PATH/Casa Esperanza 816 Cacique St. Santa Barbara, CA PHONE: 805-681-4401	Every Wednesday 9:30 a.m. - 11:00 a.m.
2125 S. Centerpointe Pkwy. Santa Maria, CA PHONE: 805-346-7135	Monday - Friday 7:30 a.m. - 4:30 p.m.
1444 S. Broadway Santa Maria, CA 93454 PHONE: 805-614-1300	Monday - Friday, 8:00 a.m.- 4:00 p.m.
Marian Hospital 1400 E. Church Street Santa Maria, CA PHONE: 805-346-7135	Monday 9:00 a.m. -12:00 p.m. Thursday 1:00 p.m. - 4:00 p.m.
1100 W. Laurel Ave. Lompoc, CA 93436 PHONE: 805-737-7080	Monday - Friday, 8:00 a.m.- 4:00 p.m.
Carpinteria Family Resource Center 5241 Eighth Street Carpinteria, CA PHONE: 805-681-4401	Every Tuesday 9:00 a.m. - 3:00 p.m.
Franklin Service Center 1111 E. Mason Street, Room 12 Santa Barbara, CA PHONE: 805-681-4401	Every Wednesday 8:30 a.m. - 12:00 p.m.

OTHER RESOURCES: FINANCIAL ASSISTANCE

General Relief	
Santa Ynez Valley People Helping People 545 N. Alisal Road, Suite 102 Solvang, CA PHONE: 805-737-7135	Every other Tuesday 9:00 a.m. - 12:00 p.m.

ELIGIBILITY:

Unemployable participants must provide proof of disability. Many people in this group are awaiting federal government approval of their total disability claims (SSI/SSP). Participants must sign an agreement to repay the county funds issued by deductions from future disability benefits. Our SSI/SSP Advocates provide participants with assistance with the SSI/SSP application process, and can help clients get to appointments and stabilize their living situations until the disability income is approved.

REGISTRATION:

You must apply in person.

FEES:

Employable participants are required to repay the county funds issued by participating in a Work Project -- performing necessary labor at local sites, such as the Social Services or Parks departments or a local homeless charity. Other employment services include referrals to Job Club and Job Search, where participants receive four weeks of assistance in seeking and securing a job.

WAITING PERIOD:

Call for more information.

OTHER RESOURCES: FINANCIAL ASSISTANCE

PRIMARY SERVICES:

The county-funded General Relief program offers small short-term loans to adults without children, who need assistance to meet their most basic shelter and personal needs. Adults applying for General Relief fall under two categories: employable or unemployable.

OTHER RESOURCES: SYRINGE EXCHANGE

Pacific Pride Foundation

Santa Maria Office
819 West Church Street
Santa Maria, CA 93454
PHONE: (805) 349-9947

Santa Barbara Office
126 East Haley Street,
Suite A-11
Santa Barbara, CA 93101
PHONE: (805) 963-3636

<http://pacificpridefoundation.org/index.php/hiv-aids/syringe-exchange>

HOURS:

Santa Barbara
Wednesday, 3:00p.m. – 6:00p.m.

Santa Maria
Thursday, 3:00p.m.- 6:00p.m.

ELIGIBILITY:

No questions or requirements

REGISTRATION:

No registration necessary.

FEES:

Free.

WAITING PERIOD:

Walk-in, no waiting period.

PRIMARY SERVICES:

Provides harm reduction, risk assessment, clean syringes and various other supplies and materials to help reduce the spread of blood born pathogens and support those who may be struggling with substance dependency.

INDEX

ORGANIZATION	PAGE
Health Insurance	
Benefits and Referral Center	19
California Major Risk Medical Insurance Program	20
Community Counseling & Education Center	18
Covered California	15
Health Care for the Homeless Program	22
Indigent Care Program (ICP)	24
Medi-cal	5
Medi-cal Application Assistance	9
Medi-care	7
Santa Barbara County Department of Social Services Offices	26
Title III Ryan White Grant	16
Food	
Brown Bag Program	36
Food Pantries	31
Grocery Distribution	28
Mobile Farmers Market	35
Mobile Food Pantries	34
Prepared Hot Meals	32
Mental Health	
Adult Mental Health Services (ADMHS)	37

INDEX

Anka Crisis Residential South	39
Anka Crisis Residential North	39
C.A.R.E.S. Clinic Santa Maria	38
C.A.R.E.S. Mobile Crisis	38
C.A.R.E.S. Outreach	38
Community Counseling & Education Center	40
Crisis Stabilization Unit	39
Eastside Neighborhood Clinic	47
Family Service Agency-Lompoc	42
Family Service Agency-Santa Barbara	42
Family Therapy Institute	43
Goleta Neighborhood Clinic	47
Hosford Clinic (Through UCSB)	44
New Beginnings Counseling Center	41
Pacific Pride Foundation	46
Substance Abuse	
Aegis	50
Another Road Detox	52
Casa Serena (Residential Living)	67
Clean & Sober Living	69
Coast Valley Substance Abuse Treatment Center	58
Council on Alcoholism and Drug Abuse	48

INDEX

Daniel Bryant Youth & Family Treatment Center	65
Dual Diagnosis Program	61
New Heights & PEI Transitional Age Youth (TAY)	63
Perinatal Program- CADA	68
Phoenix of Santa Barbara Inc.	60
Project Recovery	49
Psychiatry and Inpatient Medical Detoxification	64
Recovery Point	56
Recovery Point Acute Care	56
Recovery Way Home	54
Sanctuary Centers	62
Santa Maria Valley Youth & Family Center	66
TC House & Project P.R.E.M.I.E.	57
Turning Point Treatment	55
Zona Seca	59
Housing	
Bridge House Emergency Shelter	71
Casa de Familia	79
Clean & Sober Living Housing	77
Domestic Violence Solutions	91
Family Strengthening Program	88
Good Samaritan Family Shelter	74

INDEX

Good Samaritan Shelter Services-Marks House	70
Hotel De Riviera	87
Housing Authority of the City of Santa Barbara	94
Overflow Shelter	76
PATH	72
Peoples' Self-Help Housing	95
Rancho Hermosa	80
Santa Barbara Community Housing Corporation	96
Santa Maria Emergency Shelter Campus	73
Sarah House	90
St. Vincent's	92
Transition House	82
Transition House's Emergency Shelter	84
Villa Majella of Santa Barbara	81
WillBridge	85
Infectious Disease Specialists	97
Alan M Sugar, MD	97
Charish Barry, MD	106
Christopher Holland, MD	102
David Fisk, MD	100
Franco Felizarta, MD	104

INDEX

Jethro T. Ritter, MD	105
Lynn Fitzgibbons, MD	101
Mary-Louise Scully, MD	98
Mitchell Kushner, MD	107
Seth E. Anderson, MD	103
Stephen Hosea, MD	99
Dental Care	
Alice Barky, DDS	121
Antaki Hourany DDS Inc.	116
Bing S. Qiao, DDS	118
Boris Zak, D.D.S.	114
Broadway Dental	126
Community Health Centers	126
Eastside Family Dental Clinic	124
Edward M. Mikowicz D.D.S.	110
Goleta Neighborhood Dental Clinic	125
Hamlet Karapetian, DMD	115
Ion Naumescu, DDS	117
Jeff Peppard Inc	113
Jerry Merrell, DDS	122
Kashfi Sean, DDS	111
Miller Street	126
Gonzalez And Carlos A Professional Dental Corp	112

INDEX

Prasan Parmar, DDS INC	109
Sol Reyes, DDS	119
Steven T Hutcherson, DDS, MS	123
Western Dental Services Inc.	108
Zen Dental Group	120
HIV/STD Testing	
American Indian Health and Services	128
Pacific Pride Foundation	127
Planned Parenthood California Central Coast	129
Santa Barbara County Public Health Dept.	132
UCSB Student Health Services	131
Westside Neighborhood Clinic	133
Other Resources	134
Financial Assistance	134
General Relief	135
Syringe Exchange	137