

Employee Engagement & Appreciation Committee Newsletter

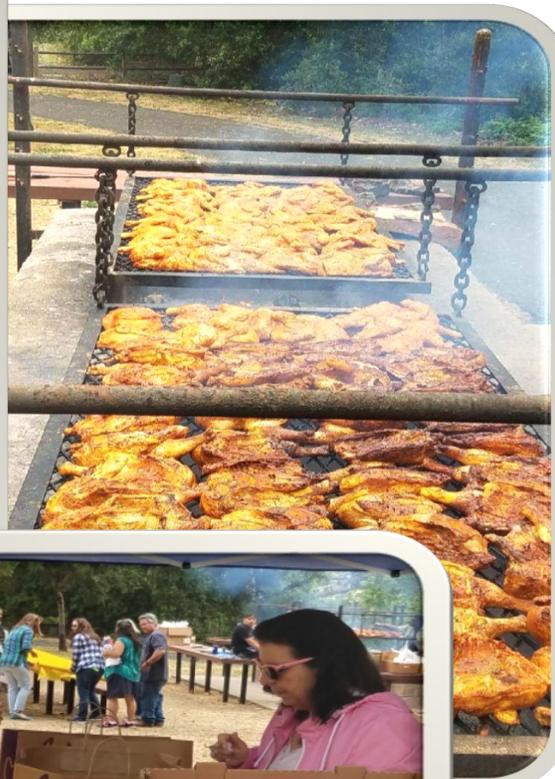
THIRD QUARTER 2017

THIRD
EDITION

EEAC
NEWSLETTER

We are looking for any photos taken from the All Staff Event May 25th , 2017. We will be publishing a special edition of the event around the end of August. If you could please send photos to the Employee Engagement and Appreciation Committee (EEAC) at

BWELLEEAC@SBCBWELL.ORG



Salute to a Star -S.T.A.R. Quarter 3

West County –Lompoc

Hadisha Person —LMFT Clinician LP Childrens Clinic



Hadisha Person is a dedicated, thorough, excellent clinician who is valued by the families she works with. She is steady, dependable, insightful, and a role model to others. She goes above and beyond her duties and comes in with a positive attitude and always supportive of her colleagues. She is an awesome individual. Hadisha is an ethical compassionate professional who goes out of her way to assist all of her BWell clients. She is an asset to the Children's Clinic given her vast knowledge and experience. Experienced clinicians and interns often go to her for clinical advice. She is collaborative in her approach to cases. The department is truly lucky to have such a well-rounded and gifted clinician. She is a calming presence and helpful during high stress situations. She is often recognized by the youth and families she serves, as a flexible and effective therapist. She cares deeply about clients and family. She stays on top of her

documentation, assessments, treatment plans, and trainings. She embodies what she encourages youth and families to do by engaging in good self-care and healthy boundaries. Hadisha is team oriented and the first to volunteer in assisting colleagues who are overwhelmed with case load or staffing emergency. She will not hesitate to go the extra yard to assist and stabilize clients whether it is working extra hours or volunteering to assist colleagues. She is always willing to discuss and resolve challenging and stressful situations. Hadisha is the clinician and BWell staff member that seasoned professionals seek out for advice.

Even though she is assigned to TAY, Hadisha frequently helps out with all age groups. She is not hesitant to take the most difficult cases. She has a gift of connecting with some of the most resistant clients and building rapport. Her wealth of experience and knowledge of the community is an asset to the people serviced out of B Well Clinic. She always has some kind and supportive words to say and more importantly, she is always ready to help.



The EEAC invites you to volunteer to join the committee. If you can't volunteer the entire fiscal year then maybe for a special project?

You must have your supervisors permission.

Please email
BWELLEAC@SBCB
WELL.ORG

Salute to a Star -S.T.A.R. Quarter 3 Winners

North County –Santa Maria

Epi Gomez —Case Worker CARES North

Epi is a great asset to the Mobile Crisis team in Santa Maria. He is knowledgeable, kind and a team player. He's hard working, flexible, calm and very intelligent. He is always bringing in food to support the team and to introduce spontaneity. His shift starts at 7am and he's up earlier making beans for all to enjoy during the day. He has been instrumental in supporting the team during staff turnover and not having enough employees to cover a 24 hour program.

Epi is wonderful to work with, willing to share his wealth of information and very kind. He demonstrates professionalism, acceptance and understanding at all times, no matter what's happening around. Epi has a can do attitude and is always willing to help and support the team. He's a great listener and is very empathetic with those around him. Epi has been a member of the CARES North team for many years and is very much aware of department policies and procedures and is willing to share with those around him as needed. He's on top of his documentation and is helpful when staff approach him with questions. He's able to use his even keel attitude to manage high stress situations in a very tactful and calm way. He works with minimum supervision and is a source of support to his team when needed. The CARES North team wouldn't be as functional as it is with ensuring coverage if it wasn't for Epi's initiative and team player attitude. He has gone above and beyond to also support other crisis service programs in SB and Lompoc.

Thank you Epi for all your great work!



Salute to a Star -S.T.A.R. Quarter 3 Winners

South County –Santa Barbara

Irina Ksykina —Practitioner Intern SB ACT Team



Irina Ksynkina is a self-directed, motivated, a great member of the team and more importantly, patient with clients. She is truly dedicated and passionate about working on the Santa Barbara County ACT team! Despite all the challenges that come with working with our severely and persistently mentally ill clients, Irina is fearless in her advocacy of them, and treats them with compassion with a non-judgmental attitude. She is dedicated to the fidelity of the model and even more driven to support her clients in their recovery.

She does all it takes to help

our clients achieve wellness. She is one of the most effective therapists and has been able to help clients transition from high utilizers of services with low MORS scores to re-integrated members of our community working volunteer positions and sustained employment. Irina has an incredible reputation in the community. Despite external pressures, Irina always demonstrates the highest of ethical standards, ensuring the client's needs, goals, and wants are the priority of her support. Her clinical judgment is on point and she is able to focus on the most client centered way to do any intervention she does and is able to coach other staff on strategies to bolster recovery. Irina also encourages and prompts other staff to attend to their own self-care.

Irina is reliable at work and a great resource for her coworkers who frequently ask for support and clinical guidance to manage the intense ACT case load. She can be outspoken and driven by her passion and dedication to her job and the philosophy of recovery. She regularly offers support to her teammates with their caseloads in providing crucial input on treatment planning and interventions. She listens to her colleagues and provides valuable feedback to help with team cohesion and to boost morale on the team. Irina provides a compassionate and caring attitude toward the clients served by her team. She has been actively involved in the Cultural Diversity workgroup looking to help create meaningful change to help our county pursue its goal of being culturally competent and reflective of the community we live in. Irina is a role model for other staff and for clients, personifying compassion, creativity, and a diligent work ethic. She goes above and beyond her job duties almost every day, whether it be by supporting other staff, covering holidays in the 24 hr program, staying after hours to help clients access specific services or housing, and by showing unrelenting passion and commitment to her job. Irina maintains a friendly positive attitude and sense of humor despite the enormity of the workload. Irina communicates effectively, is attentive, collaborative, and willingly available to assist her colleagues. Our clients are often in crises and she always remains calm, and grounded during these situations, which is so helpful for the client and other staff! Irina is very professional and confident. She remains cool and calm despite often being in stressful and challenging work situations.

Irina's conscientious unwavering professionalism, astute clinical excellence, and compassionate committed approach allow even the most guarded of clients with severe and persistent mental illness make significant gains in their recovery and wellness. Irina is most deserving of being awarded the South County STAR Quarterly Honor.

Congratulations to all the nominees. Your Peers are recognizing you STAR qualities and helping you shine! S.T.A.R. Quarter 4 nominations start August 4th, 2017. Don't forget to nominate your favorite staff person!

