



Behavioral Wellness Commission Meeting

Wednesday, October 18, 2017

3:00 PM to 5:00 PM

Santa Barbara Children's Large Conf. Rm

Santa Maria Large Conf. Rm

NAMI Montana, 555 Fuller Ave #3

Meeting Minutes

Meeting Facilitator: Sharon Byrne, 4th District, Behavioral Wellness Commission Chair.

Department of Behavioral Wellness Staff: Alice Gleghorn, Director; Karen Campos, Behavioral Wellness Commission Program Administrator; Laura Zeitz; Housing Coordinator; John Doyel; Drug and Alcohol Program Manager.

Roll Call: Commission Members Present: Das Williams, 1st District Supervisor; Rod Pearson, 1st District; Wayne Mellinger, 1st District; Jeffery Moore, 1st District; Jan Winter, 1st District; Alicia Journey, Vice Chair, 2nd District; Ruth Ackerman, 2nd District; Judy Blue, 2nd District; Sharon Rumberger, 2nd District; Mary Richardson, 3rd District; Tom Franklin, 3rd District; Sharon Byrne, 4th District, Chair; Charles Huffines, 5th District; Ann Eldridge, 5th District; James Rohde, 5th District.

Commission Members Absent: Ciara Wong, 3rd District (excused); John Truman, 5th District (excused).

Establish Quorum: Chair Byrne established quorum.

General Public Comment: None.

1. **Welcome and Introductions** Chair Byrne welcomed everyone followed by self-introductions.
2. **Chair Announcements** – Chair Byrne announces the following:
 - Lynne Gibbs with NAMI pointed out a video from Italy on treating the whole person. Chair Byrne would like to do a viewing at a future meeting.
 - Commissioner Weaver forwarded Rocky Mountain High report on the impact of legal marijuana for the past 5 years in Colorado.
 - Noozhawk article on a 22 year old arrested for stabbing in Santa Maria, family says he's mentally ill and needs treatment, not jail.
 - Chad Abuse Listening Mediation (CALM) is hosting a trauma focused 2 day session.
 - The Sheriff's department arrested multiple people in human trafficking operation.
3. **Review and Approve Minutes of the September 20, 2017 Meeting** Supervisor Williams made a motion to approve the minutes as presented. Commissioner Ackerman seconded. Abstained by the following Commissioners, Franklin, Winter, Rumberger and Richardson. No objections. Motion carried.

4. Reports of Officers, Boards: Chair, Site Visits, Liaisons to other Committees and BWC Special Committees

- A. BWC Site Review Compilation Ad Hoc Subcommittee Update** - Commissioners Ackerman and Franklin discussed the progress of the subcommittee and the adjustments that they will be making to the process after doing two test visits, one to the Psychiatric Health Facility and the other to Project Recovery. They introduce their evaluation forms, one on each site and briefly went over their reviews. Overall, positive feedback was given on both sites.

Commissioner Pearson presented a signup sheet of the different sites that Commissioners could sign up to conduct a site review.

Chair Byrne thanks this subcommittee for their extensive work and points out that this initiative addresses two of the Commissions goals; to cross pollinate and evaluate the Departments programs.

- B. BWC CMHPC Data Notebook Ad Hoc Subcommittee** - Commissioner Moore reports that the subcommittee has not yet met and will report next month.
- C. BWC Marijuana Ad hoc Subcommittee Update** Commissioner Ackerman reports that she emailed everyone who showed interest in participating in the subcommittee and has not heard back. Unless folks want to move forward, she will not continue to pursue this subcommittee.
- D. Forensic Action Team Update** Commissioner Rohde reports on some of the main issues discussed at the last meeting; Criminal Justice System and Treatment; AB109- Bridge from Jail to Freedom/Discharge Planning; Resiliency Interventions for Sexual Exploitation (RISE) Program, Safety from Sexual Trafficking; Housing - Legal Limits of Behavioral Wellness Department; Lack of County Beds; Addressing Problems at an Earlier Age and Collaboration with other Departments.
- E. Sheriff Community Corrections Input Group** – Commissioner Winter reports that complaints and requests from inmates who have had medical requests seem to be progressing fairly well. Many have reported to be satisfied in how medical issues are being handled. There is a form that families can fill out to inform the psychiatrists at the jail of inmate’s medications and important details to their treatment. Visitors were required to undergo a screening in order to visit, however they are changing the system to avoid so much inconvenience.

5. Correspondence – none at this meeting

6. Executive Director’s Report Dr. Gleghorn presents her monthly report which highlights the following items:

Recognition of Santa Maria Adult Clinic Medication Room Support Staff; Release of Residential Treatment Service Request for Proposal; Traumatic Stress and the Importance of Self Care; No Place Like Home Stakeholder Meeting; Board of Supervisors DACA Resolution; Fall Consumer Perception Survey Administration; Fewer 5150 Involuntary Holds Being Written; Board of Supervisors Updated on the PHF Governing Board; Active Shooter training for Behavioral Wellness Staff; National Staff and State News and the Systems Change Calendar.

New Business

- 7. Integrated Care Clinic Presentation** Laney Smith and Emmy Kelly, Behavioral Health Advocates with the new Integrated Care Clinic, a collaboration with Santa Barbara Neighborhood Clinics and Sanctuary Centers of Santa Barbara presented on the clinic services, goals and progress since their soft opening on July 13, 2017. They offer co-located medical, dental, and behavioral health care services specifically designed to provide holistic and supportive health care to those living with mental illness and substance use issues.

Since their soft opening, they have already served over 100 dental patients and almost 100 medical patients, and the clients who have come in for services have continued to come back for follow up appointments and continued care which is great as they are reaching their goals in reducing barriers to care for this population and are thrilled that they are increasing the overall health and well-being for this population while decreasing avoidable hospitalizations, emergency room visits, and overall health costs.

8. **Housing Update** – Laura Zeitz, Housing Coordinator reports that she helps manage many housing related projects and reports on the following recent developments; Crisis Residential Treatment Program, step down from inpatient and sometimes helps divert from the Crisis Stabilization Unit which is a 30 day peer ran program that has proven to be very successful, a second location in Santa Maria is in the works.

New project ran by Housing Authority will end up with 39 units for Continuum of Care Clients.

Celebrating one year anniversary of a Santa Barbara home that houses 5 folks taken off the street.

No Place like Home monies are to be redistributed back to the counties with the intention to end homelessness, Ms. Zeitz will be hosting a stakeholder meeting on November 14 in Santa Ynez, more information to be provided for those interested.

9. **Residential Treatment Request for Proposal (RFP)** – John Doyel, Alcohol & Drug Program Administrator invited two Behavioral Wellness Commissioners to participate in the Residential Treatment Services panel to determine contract awards for this service which involves two full days of work sometime mid November.

Action: Commissioner Mellinger made a motion to appoint Commissioners Ackerman and Pearson to the Residential Treatment Services panel to determine contract awards for this service. Commissioner Rohde appointed as backup. Commissioner Journey seconded. No objections. Motion carried.

10. **Upcoming Agenda Items** NAMI holistic model to look at homelessness; Film on Resilience/ACE test of up to 10 indicators in youth as indicators of trauma as an adult suggested by Commissioner Journey (will look at hosting a viewing on this film); Capacities on 5150's suggested by Commissioner Journey; Mental Health Treatment Court suggested by Commissioner Eldridge.

11. **Adjournment** at 5:00 pm