



Behavioral Wellness Commission Meeting

Wednesday, November 15, 2017

3:00 PM to 5:00 PM

Santa Barbara Children's Large Conf. Rm

Santa Maria Large Conf. Rm

NAMI Montana, 555 Fuller Ave #3

Meeting Minutes

Meeting Facilitator: Sharon Byrne, 4th District, Behavioral Wellness Commission Chair.

Department of Behavioral Wellness Staff: Pam Fisher, Assistant Director of Clinical Operations; Karen Campos, Behavioral Wellness Commission Program Administrator; Tammy Summers, Santa Barbara Assisted Community Treatment (ACT) Team and Assisted Outpatient Treatment (AOT) Manager; John Doyel; Drug and Alcohol Program Manager.

Roll Call: Commission Members Present: Das Williams, 1st District Supervisor; Rod Pearson, 1st District; Wayne Mellinger, 1st District; Jeffery Moore, 1st District; Jan Winter, 1st District; Ruth Ackerman, 2nd District; Mary Richardson, 3rd District; Tom Franklin, 3rd District; Ciara Wong, 3rd District; Sharon Byrne, 4th District, Chair; Charles Huffines, 5th District; Ann Eldridge, 5th District; James Rohde, 5th District; John Truman, 5th District.

Commission Members Absent: Alicia Journey, Vice Chair, 2nd District; Sharon Rumberger, 2nd District; (excused); Judy Blue, 2nd District; (excused).

Establish Quorum: Chair Byrne established quorum.

General Public Comment: None at this meeting.

1. **Welcome and Introductions** Chair Byrne welcomed everyone followed by self-introductions.
2. **Chair Announcements** – Chair Byrne announced the following:
 - Mental Health/Behavioral Health Boards and Commissions training in San Diego will be held January 19 and 20th.
 - Behavioral Health Board members are invited to the Adult Resident Facility Stakeholder Engagement in Rialto, San Bernardino County, hosted by the CA Mental Health Planning Council on Tuesday, December 5th.
 - Santa Barbara Response Network will be hosting first aid training on November 18th.
3. **Review and Approve Minutes of the October 18, 2017 Meeting** Commissioner Mellinger made a motion to approve the minutes as presented with one amendment; item number 2, 4th bullet, change the word *chad* to *child*. Commissioner Huffines seconded. Commissioners Wong and Truman abstained. No objections. Motion carried.

New Business

4. **Opioid Crisis Discussion model after Monterey County** – Dr. Flynn from Cottage Hospital ER heads the Opioid Safe Committee which distributes Naloxone and monitors prescriptions at the hospital. He speaks about the Opioid crisis in our community and what steps are being taken to control over prescription which includes

tracking through the Controlled Substance Utilization Review and Evaluation System (CURES) database and lower dose prescriptions.

5. **Laura's Law & Assertive Community Treatment Discussion** – Tammy Summers, Santa Barbara ACT Manager provides an overview of ACT and AOT and speaks on differences between the two services. The population seen between these two services are primarily alcohol, meth, and marijuana users and very few with opioid use. They have an alcohol and drug service specialist on both teams who determines if there is an immediate need to detox, if not the team works with the client to develop personalized services by using the American Society of Addiction Medicine (ASAM) criteria to screen.

Pam Fisher, Assistant Director of Clinical Operations reports that the Department received data from outside evaluator and offered to present at a later meeting, key findings on AOT pilot program.

6. **Behavioral Wellness Access Line Test Calls** – no presentation at this meeting.
7. **Correspondence** – none at this meeting.
8. **Reports of Officers, Boards: Chair, Site Visits, Liaisons to other Committees and BWC Special Committees**

- A. **BWC Site Review Compilation Ad Hoc Subcommittee Update** – Commissioners Franklin and Ackerman report that they had 6 Commissioners sign up for site visits and asked them to make appointments with the sites. Commissioner Franklin encourages everyone to participate.

- B. **BWC California Mental Health Council (CMHPC) Data Notebook Ad Hoc Subcommittee** - Commissioner Moore reports that the subcommittee has not yet met, Commissioners Blue, Huffines, Ackerman and Moore plan to conference call and will report next month. **Next steps:** understand expectations, initiate first meeting with staff and understand issues with data.

- C. **Sheriff Community Corrections Input Group** – Commissioner Truman reports that they hired a new health services administrator to oversee Mental Health. Also, they are looking to hire an onsite psychiatrist. Policies and Procedures on safety cells are being worked on.

9. **Executive Director's Report** Ms. Fisher presents her monthly report which highlights the following items:

Behavioral Wellness supports the Veteran's stand down on Saturday, October 21 at the Santa Maria fair grounds; Key findings have been identified from the AOT pilot program launched January 2017; Tina Wooton, Peer Empowerment Manager has been awarded the State Words to Deeds XI Paradigm Award in the State Champion category; Results from Reducing Racial and Ethnic Disparities (R.E.D) grant have been identified and will be incorporated in the Cultural Competency plan; Santa Barbara regional all staff meeting was held on November 1st; Santa Maria Valley Youth and Family Center Director, Judi Nishimori, MFT to Retire at the end of December; Medi-Cal Beneficiary Booklet has been revised; New and Revised Policies reflecting enhancements and changes to programs and practices have been approved; Significant Reduction in Department Audit Liabilities; On October 4th the Department held FY 17-18 annual CBO contract kick off meeting with all CBO's; Annual 5150 training complete; Nurturing Hope Conference organized by Casa Pacifica will be held from January 15-18 at the Crowne Plaza Hotel in Ventura; Director of Child Abuse Listening Mediation (CALM), Anita Fernandez-Low to retire December 19; National and State News included along with the Systems Change Calendar.

10. **Upcoming Agenda Items** – the Commission discussed the following potential agenda items for upcoming meetings: Host a viewing of the Resiliency ACE film (suggested by Commissioner Journey); Santa Maria Mental Health Treatment Court Update (suggested by Commissioner Eldridge); Discontinuation of Services Policy (suggested by Commissioner Huffines); Sheriff's Behavioral Science Unit Update, Eddie Hsueh (suggested by Commissioner Franklin); Long Term 3 Year Plan discussion (suggested by commissioner Ackerman); NAMI Holistic model to look at Homelessness; Capacities on 5150's (suggested by Commissioner Journey).

11. **Adjournment** at 5:00 pm