



SANTA BARBARA COUNTY  
DEPARTMENT OF  
**Behavioral Wellness**  
A System of Care and Recovery

# Programmatic Policy and Procedure

<b>Section</b>	Psychiatric Health Facility (PHF)	<b>Effective:</b>	05/01/2007
<b>Sub-section</b>	Infection Prevention	<b>Version:</b>	2.0
<b>Policy</b>	Restraint Cleaning	<b>Last Revised:</b>	DRAFT
<b>Director's Approval</b>	_____	<b>Date</b>	_____
	Alice Gleghorn, PhD		
<b>PHF Medical Director's Approval</b>	_____	<b>Date</b>	_____
	Ole Behrendtsen, MD		
<b>Supersedes:</b>	Restraint Cleaning Protocol #115 eff. 5/1/2007	<b>Audit Date:</b>	
<b>Approvals:</b>	PHF Medical Practice Committee:		

## 1. PURPOSE/SCOPE

1.1. To establish restraint cleaning standards and procedures for the Santa Barbara County Psychiatric Health Facility (hereafter the "PHF"), and ensure patient and staff safety in accordance with state and federal regulatory requirements.

## 2. POLICY

- 2.1. Restraints shall be cleaned and/or disinfected immediately after each use per the manufacturer's instructions in accordance with infection prevention standards.
- 2.2. Products used for restraint cleaning shall be approved by the Environmental Protection Agency (EPA), the PHF Medical Practice Committee (MPC) and the PHF Governing Board.
- 2.3. Restraint cleaning will be completed by PHF Recovery Assistants or other staff as designated by the Team Lead.

## 3. RESTRAINT CLEANING PROCEDURE

- 3.1. All restraints will be cleaned and/or disinfected in the PHF laundry room only.
- 3.2. Wipe the restraint with a mild soap and warm water.
  - 1. For leather restraints, the webbing can be scrubbed with a soft brush and same solution.

- 3.3. When the restraints have come in contact with potentially infected materials (e.g., saliva, blood, stool), use **bleach wipes**.
  - 1. For leather restraints, allow them to air dry and apply neat's-foot oil.
- 3.4. To reduce the risk of rust, avoid letting cleaning liquids come into contact with the locking mechanisms.
- 3.5. Restraints that have been cleaned and/or disinfected will be returned to the nurses station as soon as they are dry.

**ASSISTANCE**

Andra Dillard, RN, MSN, CIC, PHF Infection Preventionist

**REFERENCE**

California Health and Safety Code  
*Sections 1180.1-1180.6*

California Code of Regulations – Social Security  
*Title 22, Section 77103*

Code of Federal Regulations – Public Health  
*Title 42, Section 482.13(e)*

**RELATED POLICIES**

[Seclusion and Restraint](#)

**REVISION RECORD**

DATE	VERSION	REVISION DESCRIPTION
DRAFT	2.0	<ul style="list-style-type: none"> <li>• Restraints will be cleaned according to the manufacturer’s instructions.</li> <li>• Products used for cleaning will be approved by the Environmental Protection Agency (EPA), the PHF Medical Practice Committee, and PHF Governing Board.</li> <li>• When the restraints have come in contact with potentially infected materials (e.g., saliva, blood, stool), staff will use SaniWipes.</li> <li>•</li> </ul>

***Culturally and Linguistically Competent Policies***

*The Department of Behavioral Wellness is committed to the tenets of cultural competency and understands that culturally and linguistically appropriate services are respectful of and responsive to the health beliefs, practices and needs of diverse individuals. All policies and procedures are intended to reflect the integration of diversity and cultural literacy throughout the Department. To the fullest extent possible, information, services and treatments will be provided (in verbal and/or written form) in the individual's preferred language or mode of communication (i.e. assistive devices for blind/deaf).*

DRAFT 12/10/18