



Section	Psychiatric Health Facility (PHF)	Effective:	8/18/16
Sub-section	Dietary Services		
Policy	Requests for Additional Food	Last Revised:	DRAFT
Policy #			
Director's Approval	_____	Date	_____
	Alice Gleghorn, PhD		
PHF Medical Director's Approval	_____	Date	_____
	Ole Behrendtsen, MD		
Supersedes:	New policy	Audit Date:	DRAFT

1. PURPOSE/SCOPE

- 1.1. To provide guidance when patients request additional food and to ensure the added food supports the nutritional and caloric needs of the patient.
- 1.2. To ensure patients maintain usual body weight without further weight gain during his/her stay at the Psychiatric Health Facility (PHF) with the purpose of preventing and/or controlling medical issues and conditions.

2. POLICY

- 2.1. In accordance with recognized dietary practices, patients will be provided with palatable, well-balanced diets that meet their nutritional, caloric and, when required, special dietary needs.
- 2.2. In keeping with the individual patient's nutritional and caloric needs, patient requests for additional food may be accommodated.

3. PROCEDURE

- 3.1. Patients will be served a predetermined menu of meals and snacks that meet individual nutritional and caloric needs.
- 3.2. If a patient requests additional food and that patient is not on a therapeutic diet, the patient may be provided with **additional servings of any food on the menu for that meal as available.**

3.3. Patients on a therapeutic diet, who request additional food, will be notified at that time that their request may exceed the nutrient recommendations of the therapeutic diet. After being notified, if they still request additional food, they will be provided with additional servings of the food for that meal as available.

REFERENCE

Food and Nutrition Board of the National Research Council, National Academy of Sciences
Recommended Dietary Allowances

California Code of Regulations - Social Security, Dietetic Services
Title 22, Section 77077

Code of Federal Regulations
Title 42, Section 482.13(b); Title 42, Section 482.28

RELATED POLICIES

Therapeutic Diets

REVISION RECORD

DATE	VERSION	REVISION DESCRIPTION
DRAFT	1.1	<ul style="list-style-type: none"> Revised 3.2 to reflect additional servings that can be made available to patients.

Culturally and Linguistically Competent Policies

The Department of Behavioral Wellness is committed to the tenets of cultural competency and understands that culturally and linguistically appropriate services are respectful of and responsive to the health beliefs, practices and needs of diverse individuals. All policies and procedures are intended to reflect the integration of diversity and cultural literacy throughout the Department. To the fullest extent possible, information, services and treatments will be provided (in verbal and/or written form) in the individual's preferred language or mode of communication (i.e. assistive devices for blind/deaf).