

PEOPLE I NEED TO KEEP IN TOUCH WITH:

Council on Alcoholism and Drug Abuse:

564-6057

133 Haley Street

Santa Barbara, CA 93101

Counselor's

Name_____

Phoenix of Santa Barbara:

965-3434

107 E. Micheltorena Street

Santa Barbara, CA 93101

Counselor's

Name_____

Sanctuary House of Santa Barbara:

739-1512

222 W. Valerio Street

Santa Barbara, CA 93101

Counselor's

Name_____

SANTA BARBARA PROBATION:

882-3700

117 E. Carrillo Street

Santa Barbara, CA 93101

Probation

Officer_____



**Santa Barbara Clean and
Sober Drug Court**

Participant's Handbook

Welcome to Clean and Sober Drug Court (CSDC)

This handbook was designed to help answer those frequently asked questions we hear from drug court participants. Hopefully this helps answer all of your questions. If you have more, do not hesitate to ask your public defender/private attorney, probation officer, counselor or the Judge. We all want you to be fully informed about your rights and responsibilities as a member of the drug court family.

At the end of this handbook there is room for you to write down the name and phone number/e-mail of persons you can contact for further information. This is one of the first things you should do.

THE CONTRACT

Our drug court in Santa Barbara County is a post-plea, post sentence program. This means you can be in drug court after pleading guilty to the criminal charge you are facing. How does this work? Well, the contract you signed states that you agree to follow the rules of the drug court and if you complete the drug court, your charges will be dismissed. You also agree that if you fail to complete the program, the judge can impose a sentence you could have received had you not gone to drug court.

The contract is important. Make sure you have read it carefully!

GRADUATION/COMMENCEMENT

When you have successfully completed your SATC requirements, you will be graduating and your criminal charges will be dismissed. We hope you invite your friends and family to this celebration. They are all invited to join with the rest of the community in welcoming you home. We also want you to invite the police officer that arrested you to the festivities. They enjoy being invited, and even if they cannot come; it is good for them to know that you are doing a good job.

ALUMNI

When you complete drug court you will join more than 200 Santa Barbara residents who are also drug court graduates!

We are currently seeking graduates to start a SATC Alumni Association. Let us know if you might be interested.

And by all means, **KEEP IN TOUCH!**

Success means having the courage, the determination, and the will to become the person you believe you were meant to be.
George Sheehan

In order to change we must be sick and tired of being sick and tired. Anonymous

If the team decides that your mental health issues need additional attention, you may be referred to Dr. Lin for psychiatric services operating out of C.A.R.E.S. in Santa Barbara

OTHER SERVICES

We have several other services available to those of you who are in drug court. For example if you need help finding a job, your counselor will refer you to the Workforce Resource Center where you will find help with resume writing and other job placement services. You may need help with medical/dental issues. Your counselor will try and help with these referrals also.

U.C.S.B.

We work with the University of California at Santa Barbara who keep track of your progress during and after completion of the program. Please cooperate with them when they contact you. Your confidentiality will be protected at all times.

OPTING OUT

What happens if you have second thoughts, you decide this program is not right for you, or you want to terminate your contract. You have 14 days after signing the contract to “opt out”. This means, no questions asked, we will send you back to a trial court, if you wish, and your case will be handled like all the other criminal cases are handled.

The DA also has the right to “opt out” of the contract within 14 days. Sometimes information comes to the prosecutor’s attention after you sign the contract that made you ineligible for the program. Very rarely people sign the contract and never show up for the program.

WEAPONS , SEARCH AND SEIZURE , GAMBLING , ETC .

There are several parts of the contract that I want to highlight for you. However, all of the contract terms are important, and must be followed!

You are prohibited from possessing or owning any weapons while in drug court. The list of weapons that you cannot own or possess and is included in your contract.

The world is round and the place which may seem like the end may also be the beginning. Ivy Baker Priest

You have agreed to submit your person, property, residence, car, just about everything, to search and seizure, without warrant, with or without probable cause. You have also agreed to submit to testing to see if you have been using drugs and/or alcohol in violation of the terms of your contract.

You have agreed to not gamble, (that means NO CASINO!) until all probation fees are paid in full, and any restitution you owe to any victims is paid in full.

And you have agreed to not hang around your old drug-using friends or with anyone on probation or parole.

LENGTH OF PROGRAM

CSDC is a (3) phase, 9 - 12 month long program. You signed the contract on _____, so assuming all goes well, you should be completing the program on or about _____.

PHASES

The three (3) phases of drug court will be divided into three (3) ninety (90) days and are basically markers for us to keep track of your progress. The first phase is the most intense. You will be required to attend your program three days a week, and will

also be drug tested frequently.

SANCTIONS / INCENTIVES

Drug court is different from any other court you have been in. We clap for people doing well; we reward those promoting to phase 2 and 3 with incentives to acknowledge your successes. The Commissioner will get off the bench and give you a hug when you promote from one phase to the next.

Sometimes people mess up while in drug court. They might “backslide” to their old ways and get a dirty test or not be home past curfew or miss court for no good reason or miss group or fail to test or.....you get the idea. When these things happen, the team discusses this during staffing and we agree on what sanction (consequence) should be imposed. It may involve writing an essay to the court, or doing some community service, or it could even involve going to jail. Sanctions are not fun. We’d rather give you a hug than a pair of handcuffs.

MENTAL HEALTH

We have a Psychiatrist on the drug court team. She will be able to provide psychiatric assessments, prescriptions and medications, medication management and psychiatric support services to selected CSDC clients.

It works, if you work it.

STAFFING

We staff (discuss) all drug court cases on Wednesday Afternoon at 1:15 PM. This gives the treatment team the opportunity to see how each and every person who is on calendar that afternoon is doing, to see who is eligible to promote and to see who needs some additional motivation (a nudge from the judge).

ADMISSIONS

We staff those persons who are trying to get into drug court at 1:15 p.m. on Wednesday Afternoon. Once they are accepted, they return that day at 2:00 p.m. to meet the rest of the drug court family.

RESTITUTION

You may owe the victim of your criminal conduct restitution for damages you caused them during your drug abusing days. This must also be paid in full in order to graduate. If you owe restitution, you will be told this before signing the contract, including how much is owed. This money is paid through the probation department, and they will forward this money to the victim. This is how much you must pay in restitution in order to graduate.

Your counselor will explain all other requirements to you, including participation in self-help or NA/AA groups. Each of you is different, each of you has a unique history, and the program takes this into consideration in creating your treatment plan. Like the cover sheet of this handbook states “My Recovery Comes First”. This should be your motto.

Each phase lasts 12 weeks. During the first month of Phase I you will be required to attend court once a week. Once you promote to Phase 2 and Phase 3, you will attend court at regular intervals, as needed, at the discretion of the court team.

When you promote from one phase to the next you will be asked to stand in court and tell the drug court family how you are doing and why you think you are ready to promote to the next phase.

The following should help you keep track of where you are in your phases:

PHASE I _____
(date started)

PHASE 2 _____
(date started)

PHASE 3 _____
(date started)

Serenity is not the absence of conflict, but the ability to cope with it. Alcoholics Anonymous

AFTERCARE

Phase 3 is AFTERCARE. After being in the program for 6 MONTHS, we hope you have your recovery tools in place and are well on your way to graduation and the dismissal of your charges. You should be working and your housing should be stable. By this time your life's stormy weather should have calmed down and you should be preparing for life after drug court.

As graduation approaches this becomes a very stressful time for many of you. It is important to remember that:

YOU MUST BE CLEAN AND SOBER FOR THE PRECEDING 90 DAYS BEFORE GRADUATION FROM THIS PROGRAM.

If you are struggling with staying sober; TELL YOUR COUNSELOR, and they will help you during this time. Many of you will have NA/AA sponsors. Keep their phone numbers with you at all times. If you are struggling, tell any of us on the drug court team. We will do what we can to help you during this tough time.

MONEY

It is hoped that all that are able to contribute toward their treatment fee will do so; however, your program fees are covered by the CSDC grant. In order to be eligible for graduation you are responsible for restitution and probation fees. **DON'T WAIT UNTIL THE LAST MINUTE TO START MAKING PAYMENTS.** You should pay as much as possible as you go. Failure to keep up with payments may **DELAY YOUR PROMOTION** from one phase to the next. Failure to pay your fees in full will keep you from successfully completing the program.

This is how much you must pay in order to graduate:

\$ _____restitution

\$ _____probation

COURT-DATES AND TIMES

Drug court in Santa Barbara is heard every Wednesday at 2:00 p.m.. .in Dept. 7. If you cannot be in court at that time, you **MUST LET YOUR PUBLIC DEFENDER/PRIVATE LAWYER KNOW IN ADVANCE** so he/she can tell the Judge. Try to not set other appointments during your drug court times. The team wants to see you and congratulate you on doing a good job.