

*NEED HELP FOR AN ALCOHOL,
DRUG OR MENTAL HEALTH PROBLEM?*



- ✓ Access to Direct Services
- ✓ Crisis Response and Triage
- ✓ Information and Education

- ✓ Assessments
- ✓ Referrals
- ✓ Staffed by Trained Clinicians

CALL TOLL-FREE



1-888-868-1649

24/7 ▪ Countywide

Operated by Santa Barbara County CARES
Crisis and Recovery Emergency Service