

Providing emotional support for children and their families throughout Santa Barbara County who have Medi-Cal.



We treat a variety of symptoms: sadness, nightmares, anxiety, depression, poor concentration, crying spells, fear of social situations, loneliness, or if your child is not behaving with parents/teachers or suddenly isolating from friends and family.



Only with your approval, our psychiatrist can provide medication, if necessary.

EMERGENCY SITUATIONS

For immediate health or safety danger, call
911

For less critical but urgent matters, you can contact:

S.A.F.T.Y. (Safe Alternatives for Treating Youth) If your child is upset enough to threaten to hurt themselves or someone else

24 Hours 1-888-334-2777



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

OTHER IMPORTANT CONTACTS

When needing support that isn't an immediate crisis or emergency

ACCESS is a 24 hour 7 days a week information & referral line. You may call for a referral for therapy or an assessment or simply to ask a question.

24 Hours 1-888-868-1649

Department of
Behavioral
Wellness
Lompoc
Child & Family
Services

Children's Outpatient
Clinic
Mental health services for
children who have
emotional or mental health
problems



(805) 737-6600

117 North B Street
Lompoc, CA 93436

County of Santa Barbara
Department of Behavioral Wellness

YOUR CHILD & FAMILY SERVICES CLINIC

Behavioral Wellness Child & Family sites are **Medi-Cal** outpatient clinics for young people with emotional and mental health issues.

Each therapy plan is individualized to meet the needs of your child and your family.

Our county wide locations include Santa Maria, Lompoc, and Santa Barbara.

The Child & Family clinics partner with several community agencies in order to improve the match between your child's individual needs and the most effective treatment.

Some of our partner agencies include:

- CALM (Child Abuse Listening & Mediation)
- FSA (Family Service Agency)
- CASA PACIFICA/Wrap Around Program
- Community Action Commission
- Mental Health Systems



HOW WE WORK FOR YOU -

The focus of our clinic is to increase your child's success. We believe each child or teen has the capacity to improve his or her own situation with the right support.



Our team of medical doctors, psychologists, clinical social workers and marriage family therapists provide services including, but not limited to:

- Psychological Assessments
- Individual, Group & Family Therapy
- Trauma Focused Therapy
- Medication Evaluation & Treatment
- Wraparound Support for the Family
- Intensive Case Management & Support

Nothing you do for a child is ever wasted.

-Garrison Keillor



We are here to support your family; both children and parents.

You can aid in your child's success by:

- Freely expressing your family's needs
- Asking questions
- Being the leader of your child's treatment team

