

# Inpatient Utilization

## Contextual Factors Associated with Behavioral Wellness Utilization Trends

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A System of Care and Recovery

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## Inpatient Utilization Trends

### National and State Context<sup>1</sup>

<p>National bed rate = 1 bed per 4,953          California's bed rate = 1 bed per 5,572  <i>CA has fewer beds than rest of nation</i></p>	<p>CA beds are decreasing – 24% drop last 20 years; lost over 40 facilities          CA population is increasing  <i>Greater statewide need and increasing gap/ inability to meet need</i></p>	<p>State average # beds = 17.43 per 100K          SB County # beds = 8.26 beds per 100K  <i>SB County has fewer beds than rest of CA, and is less able to meet needs</i></p>
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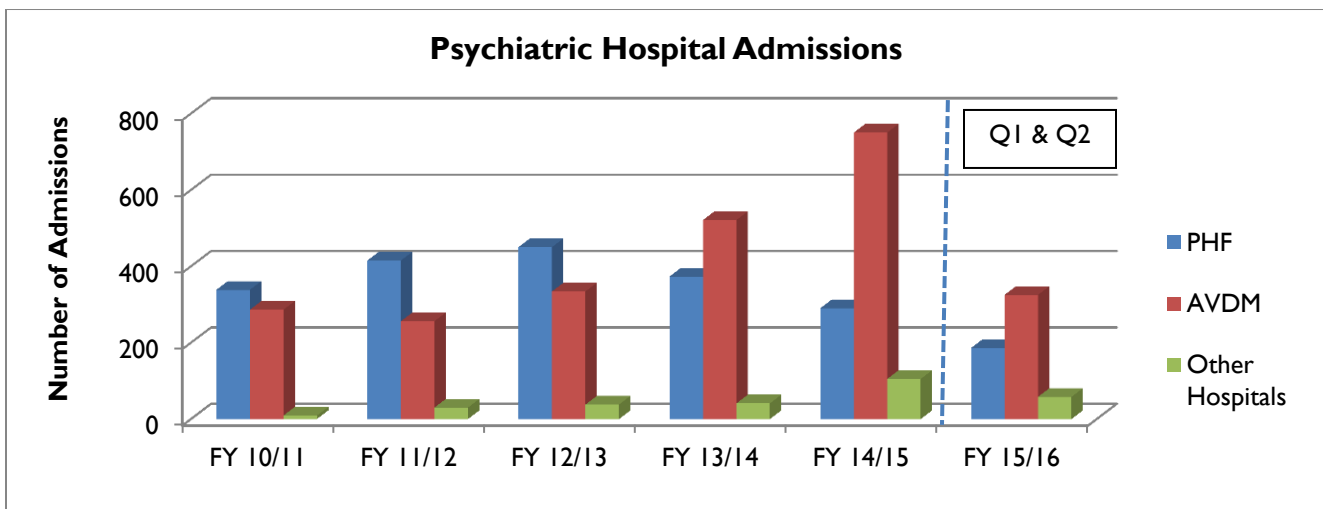
### Current Concerns

#### 1. Insufficient Number of Psychiatric Health Facility (PHF) beds

#### 2. PHF is experiencing: a) longer lengths of stay and b) difficulty discharging, which results in increased use of out of county beds for admissions

##### Contributing Factors:

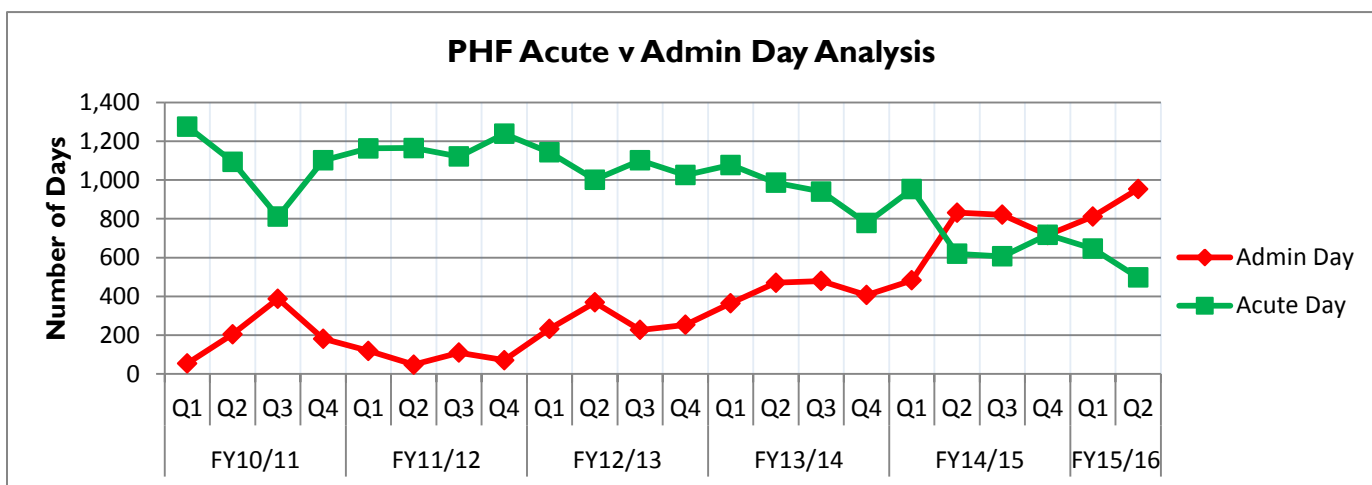
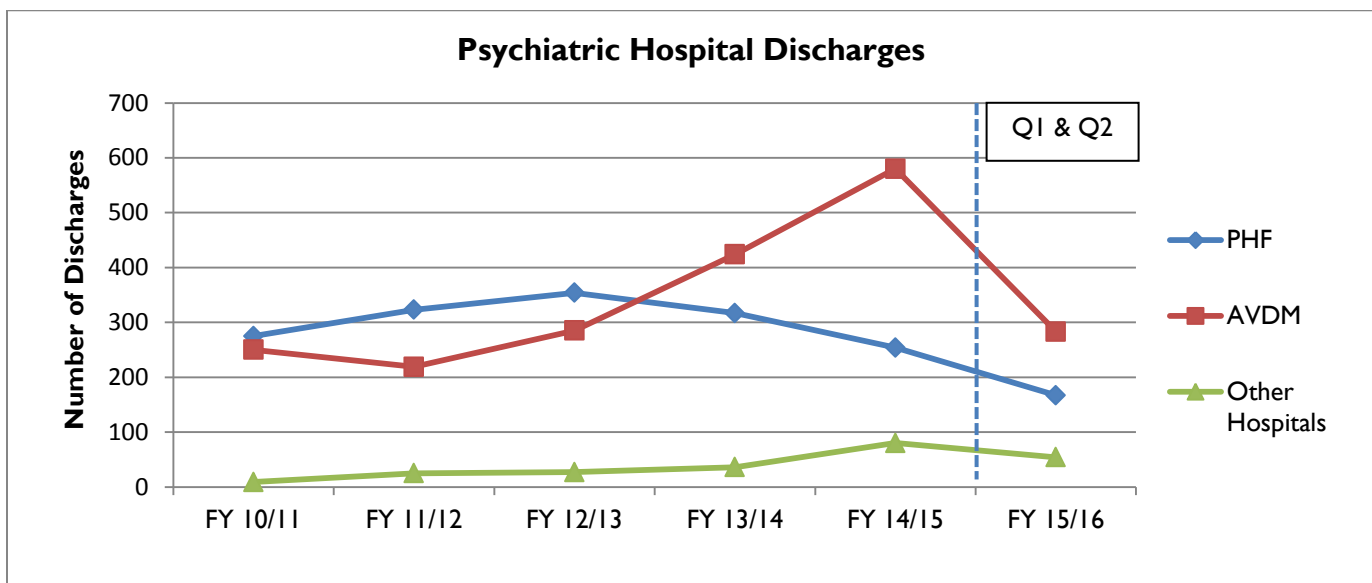
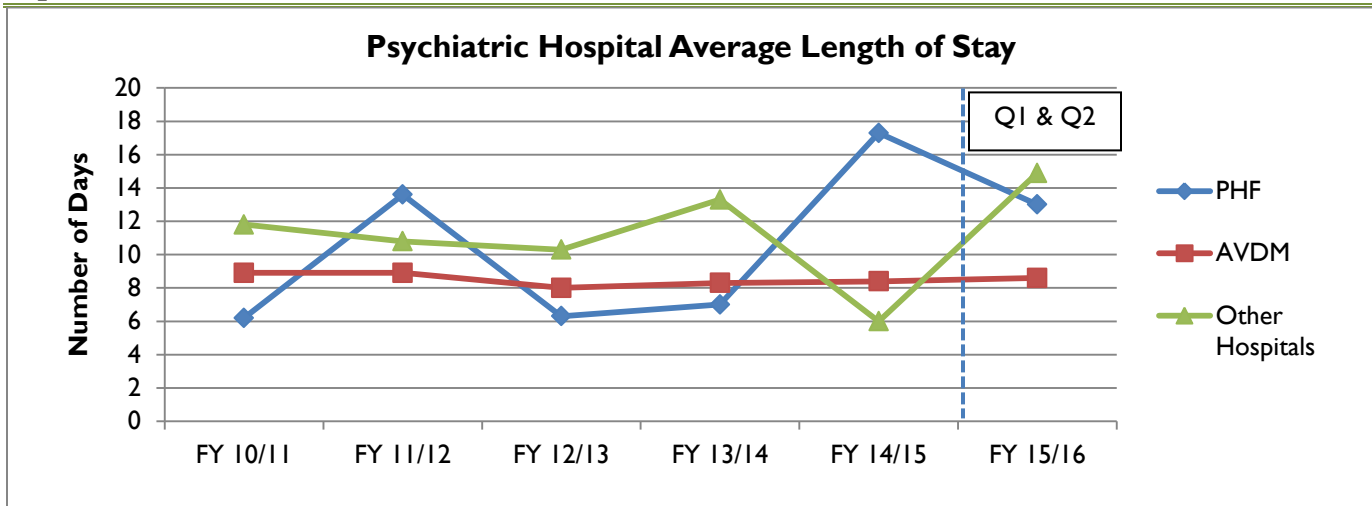
- Increasingly complex patients with more medical and substance abuse problems, coupled with an inadequate number of outpatient referral sites
- Older population; generally not accepted at Institutions for Mental Diseases and/or Crisis Residential Treatment centers
- Institutions for Mental Diseases and Skilled Nursing Facilities are increasingly more selective about types of admissions, and total number of such beds is thus decreasing
- Ongoing difficulties with 1370's<sup>2</sup> and courts; non-acute Incompetent to Stand Trial clients in PHF prevents admission of new acute clients, who are then diverted to Aurora Vista Del Mar (AVDM)
- Crisis Residential Treatment and Alameda House referral process is restrictive
- Non-Dept. of Behavioral Wellness-related delays in temporary conservatorship processing creates longer PHF length of stays



<sup>1</sup> California Hospital Association Psychiatric Inpatient Bed Data <http://www.calhospital.org/PsychBedData>

<sup>2</sup> 1370s = Legal designation for people found to be Incompetent to Stand Trial due to a mental disorder

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*Note: Stricter adherence to Medi-Cal documentation guidelines over the last three years have led to more admin and less acute days. This change was most evident beginning Q2 14/15.*

## **Inpatient Utilization Trends**

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### **Santa Barbara County System Improvements**

Santa Barbara County is actively expanding the system and continuum of care in order to divert patients from hospitalization, decrease hospital admissions and decrease length of stay:

- **Q2 14/15** Crisis Triage Teams Expanded County-Wide
- **Q1 15/16** Crisis Residential South Opens
- **Q2 15/16** Alameda House Opens
- **Q3 FY 15/16** Crisis Stabilization Unit Opens

### **What is Needed**

- Adequate number of in-county psychiatric beds, commensurate with the Santa Barbara County demand for acute psychiatric beds