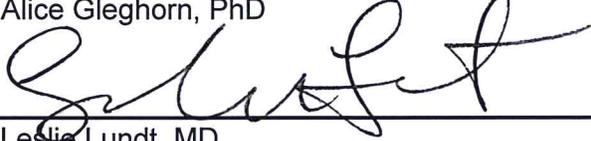




SANTA BARBARA COUNTY  
DEPARTMENT OF  
**Behavioral Wellness**  
A System of Care and Recovery

## Programmatic Policy and Procedure

<b>Section</b>	Psychiatric Health Facility (PHF)	<b>Effective:</b>	9/28/16
<b>Sub-section</b>	Infection Control		
<b>Policy</b>	Glucometer Policy	<b>Last Revised:</b>	New policy
<b>Policy #</b>			
<b>Director's Approval</b>	 _____ Alice Gleghorn, PhD	<b>Date</b>	<u>9/28/16</u>
<b>PHF Medical Director's Approval</b>	 _____ Leslie Lundt, MD	<b>Date</b>	<u>9/28/16</u>
<b>Supersedes:</b>	New policy	<b>Audit Date:</b>	9/28/19

### 1. PURPOSE/SCOPE

- 1.1. To establish standards and procedures for the cleaning and disinfection of multi-user glucometers utilized by Psychiatric Health Facility (PHF) licensed nursing staff (LNS).

### 2. DEFINITIONS

The following terms are limited to the purposes of this policy:

- 2.1. Cleaning – removal of visible soil from objects and surfaces, normally accomplished manually or mechanically using cleaning products and implements.
- 2.2. Disinfection – a process that eliminates many or all pathogenic microorganisms, except bacterial spores, on inanimate objects.

### 3. POLICY

- 3.1. Patient-care medical devices (i.e. glucose monitoring devices) can transmit pathogens if devices contaminated with blood or body fluids are shared without cleaning and disinfecting between uses for different patients. To ensure the safety and highest quality of care of patients, Psychiatric Health Facility (PHF) licensed nursing staff (LNS) are responsible for cleaning and disinfecting glucometers in accordance with Centers for Disease Control (CDC) guidelines, state and federal laws and regulations, and manufacturers guidelines.
- 3.2. The PHF will use hospital-grade multiple-user blood glucose monitors approved by the PHF Medical Practice Committee. LNS will follow the directions of the stated system for cleaning, disinfecting and maintenance.

**4. STANDARDS**

- 4.1. The PHF will use Environmental Protection Agency (EPA)-registered germicidal or bleach wipes effective against the Human Immunodeficiency Virus (HIV), the Hepatitis B Virus (HBV), and the Hepatitis C Virus (HCV) as instructed by the manufacturer.
  - 1. All cleaning and disinfecting agents must be permitted for use in healthcare settings and approved by the PHF’s Medical Practice Committee (MPC).
- 4.2. PHF LNS will be orientated and tested for competency on glucometer cleaning and disinfecting upon hire and annually thereafter.
- 4.3. PHF LNS will clean and disinfect glucometers between each patient use.
- 4.4. PHF LNS will follow the guidelines listed below for the cleaning and disinfecting of glucometers. Consult the manufacturer’s instructions for additional information located in the PHF’S Glucometer Quality Control Manual:
  - 1. Put on non-sterile gloves and adhere to standard infection control precautions. Change gloves between patient contacts and after every procedure that involves potential exposure to blood or body fluids
  - 2. Clean the meter according to manufacturer’s instructions with the appropriate cleaning/disinfecting product.
  - 3. Disinfect the meter according to manufacturer’s instructions with the appropriate cleaning/disinfecting product. Allow the meter to remain wet according manufacturer’s instructions.
  - 4. Allow the glucometer to air dry fully prior to use between each patient.

**ASSISTANCE**

Charlotte Balzer-Gott, RN, PHF Nursing Supervisor

**REFERENCE**

Centers for Disease Control  
*Guidelines for Environmental Infection Control in Health Care Facilities, 2003*

**REVISION RECORD**

DATE	VERSION	REVISION DESCRIPTION

***Culturally and Linguistically Competent Policies***

*The Department of Behavioral Wellness is committed to the tenets of cultural competency and understands that culturally and linguistically appropriate services are respectful of and responsive to the health beliefs, practices and needs of diverse individuals. All policies and procedures are intended to reflect the integration of diversity and cultural literacy throughout the Department. To the fullest extent possible, information, services and treatments will be provided (in verbal and/or written form) in the individual’s preferred language or mode of communication (i.e. assistive devices for blind/deaf).*