

Types of Facilities in the Be Well Continuum of Care

Acute

Facilities with the highest intensity level of medical and nursing support for patients in periods of acute psychiatric need.
(PHF, Vista Del Mar)

Crisis

Facilities with available medical and nursing short term support to bridge individuals during periods of serious psychiatric crisis
(23-hour bed CSU, 30 day Crisis Residential)

Residential

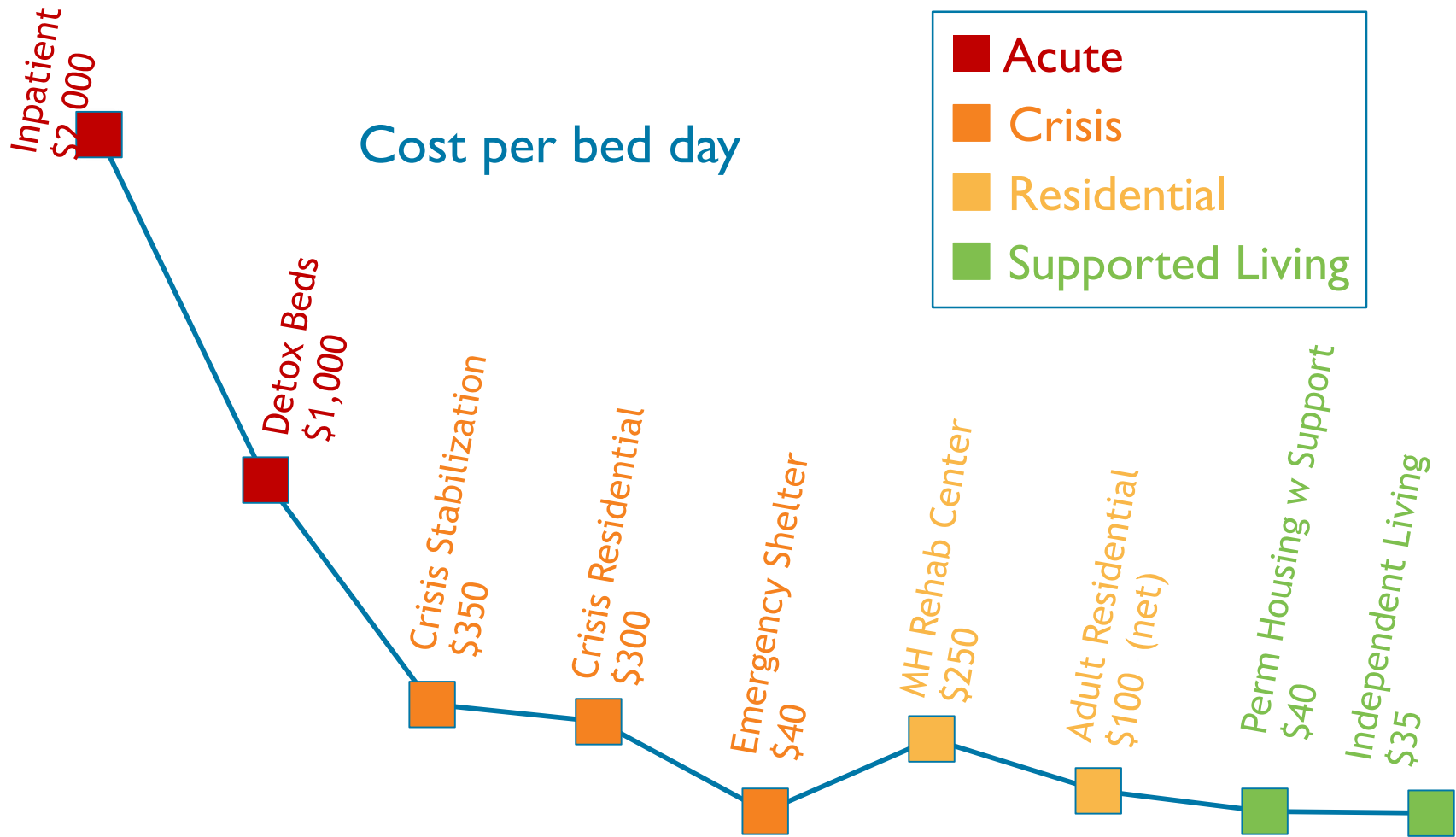
A broad range of licensed facilities that provide varying service intensity levels and longer term stays for clients.
Residential Treatment Facilities, MHRC (IMD), Board & Care

Facilities with lower service intensity levels that may be provided on-site and support clients' recovery and independent living.

Supported Living



Facility Cost per Bed/day



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Residential – Mental Health Rehabilitation Programs (MHRC)

Definition:

- 24-hour locked facility (referred to as IMD).
- Intensive support and structured rehabilitation services
- Program designed to develop residents' skills to and increase independence.
- Considered a lower level alternative to state hospitals

| Department Proposal | Department Actions/Requests |
|--|--|
| Establish MHRC (IMD) in county to bring people home. | <p>Department requests partnerships and collaborations for vendor development and construction of MHRC, which would establish 30 beds in county.</p> <p>Strategy: Shift contract costs for beds out of county. Request is cost neutral to the ongoing Behavioral Wellness budget as the funding for services would shift from out-of-county to in-county and would minimize staff time to transport individuals.</p> |



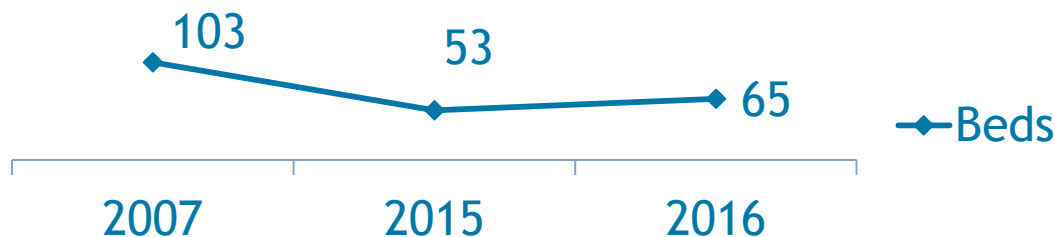
Residential – Adult Residential Facilities

Definition:

- A state licensure category for facilities serving adults 18-59, *receiving* specialty mental health services.
- This licensure category includes a broad range of facilities differing in service level intensities.
- Examples range from out-of-county placements not currently available within county (Psynergy), to local residential treatment (Phoenix), and to smaller facilities with onsite support (Alameda house).

History:

Trend of available residential Beds
In County



Supported Living – Permanent & Independent Living Apartments

Definition:

- **Permanent Housing with Onsite Support:** Unlimited length of stay with some onsite services. *EXAMPLE:* Pescadero Lofts, Homebase on G, Rancho Hermosa, El Carrillo & Residences at Depot St. (in process)
- **Independent Living Units:** Clients reside in private units; Minimal treatment staffing, linked to services that support treatment. *EXAMPLE:* Garden St. Apartments (MWC)



| | 2016-2017 | 2017-2018 | 2018-2019 Rate |
|-------------------------------|-------------|-------------|----------------|
| Merced | | | |
| Bed rate | \$198 | \$198 | \$204 |
| Sylmar | | | |
| Bed rate Dual Diagnosis | \$205 | \$205 | \$211 |
| Bed rate-Subacute B | \$265 | \$265 | \$273 |
| MOU Sub-Acute | \$300 | | |
| CPT | | | |
| Bed rate-MHRC | \$350 | \$350 | \$361 |
| Bed rate-MHRC-DBU | \$850 | \$850 | \$876 |
| 1:1 Monitoring | 40/hr | \$40 | \$41 |
| IST Level 1 | \$525 | \$525 | \$541 |
| Crestwood | | | |
| Bed rate | \$256 | \$265 | \$273 |
| Bed rate | \$253 | \$262 | \$270 |
| Patch rate | \$176 | | \$181 |
| Psynergy | | | |
| Bed rate Level 1 | \$94 | \$ 100.00 | \$103 |
| Bed rate Level 2 | \$125 | \$ 130.00 | \$134 |
| Vista Pacifica | 2016 | 2017 | |
| SNF-STP-IMD, Level A | \$258 | \$258 | \$266 |
| SNF-STP-IMD, Level C | \$368 | \$368 | \$379 |
| SNF-STP-IMD, Level B | \$328 | \$328 | \$338 |
| SNF, Level B | \$130 | \$130 | \$134 |
| Patch A | \$60 | \$60 | \$62 |
| SNF Level C | \$170 | \$170 | \$175 |
| Community Care on Palm | 2016 | 2017 | |
| Patch A | | \$60 | \$60 |
| Patch B | | \$130 | \$130 |

