



Department of Behavioral Wellness Commission Meeting

Wednesday, December 19, 2018

3:00 - 5:00 p.m.

Santa Barbara Children's Large Conf. Rm

Santa Maria Annex Conf. Rm

Meeting Minutes

Meeting Facilitator: Sharon Byrne, 4th District, Behavioral Wellness Commission (BWC) Chairperson.

Commission Members Present: Das Williams, 1st District Supervisor; Wayne Mellinger, 1st District; Jeffrey Moore, 1st District; Rod Pearson, 1st District; Jan Winter, 1st District; Judy Blue, 2nd District; Angie Swanson-Kyriaco, 2nd District; Sharon Rumberger, 2nd District; Tom Franklin, 3rd District; Julia Lara, 3rd District; Mary Richardson, 3rd District; Sharon Byrne, 4th District, Chair; Charles Huffines, 5th District (Santa Maria Location); Ann Eldridge, 5th District; John Truman, 5th District (Santa Maria Location); Donald Casebolt, 5th District (Santa Maria Location).

Commission Members Absent (excused): Dr. Ruth Ackerman, 2nd District; Bill Cirone, 3rd District; Kelly McLoughlin, 4th District.

Behavioral Wellness Department Staff: Dr. Alice Gleghorn, Department Director; Suzanne Grimesey, Chief Strategy Officer; John Doyel, Alcohol and Drug Program Manager; Lucero Garcia, BWC Interim Program Administrator; Karen Campos, BWC Program Administrator.

Guests: Susanne Riordan and Lynne Gibbs, NAMI member.

1. **Call-to-Order and Roll-Call:** Chair Byrne called the meeting to order at 3:05 p.m. Behavioral Wellness Commission Program Administrator, Karen Campos conducted roll-call.
2. **Establish Quorum:** Chair Byrne established quorum.
3. **General Public Comment:** Lynne Gibbs, NAMI member and mother of a young woman with serious mental illness would like to encourage the Behavioral Wellness Commission, as an advisory board to the Board of Supervisors to recommend application for the newly offered IMD waiver which is said to benefit people with the most severe mental illnesses as the County only has 16 psychiatric beds and IMD patients more often than not have to compete for out of county IMD beds putting a burden on them and their family members.
4. **Welcome and Introductions:** Chair Byrne welcomed everyone followed by self-introductions.
5. **Chairperson Announcements:** Chair Byrne announced that this will be Lucero Garcia's last meeting as Karen Campos has returned from maternity leave, they thanked her for covering and welcomed Karen back. Ruth Ackerman, 2nd District Officer has submitted her resignation to this Commission due to family matters. There will be a Montecito Mud Slides Evening of Remembrance on January 9th starting at Lower Manning Park at 6:30 pm, everyone encouraged to attend.
6. **Review and Approve October 17, 2018 BWC Meeting Minutes (Attachment 6a):**

Action: Commissioner Franklin made a motion to approve the October 17, 2018 BWC meeting minutes as presented. Commissioner Huffines seconded. Angie Swanson-Kyriaco and Sharon Rumberger abstained. No objections. Motion carried.

Executive Director's Report: November report highlights included New appointment of Privacy Officer, Stephanie Diaz; National Disability Employment Month recognized by the Department; Drug Medi-Cal Organized Delivery System goes live on December 1, 2018; Behavioral Wellness supports Ventura County following the shooting and wildfires; Volunteers needed for the 2019 Homeless Point in Time Count; Behavioral Wellness contracts with psychiatryonline.org to provide all clinicians and interested employees with online access to journals, books, clinical guides and the diagnostic and Statistical Manual (DSM-5); New and revised department policies and procedures; Regional Partnership updates; National and State News and Systems Change Calendar.

December report highlights the following new items; Department of Behavioral Wellness receives \$50,000 cash donations from the Robert Michael Gordon Trust; QCM welcomes four new team members; PHF welcomes Kit McMillian to the team as a Peer Recovery Specialist; list of new and revised policies approved along with National and State news and systems change calendar.

New Business

7. **Renew 22 Presentation** – Suzanne Grimmesey, Chief Strategy Officer presented PowerPoint on Renew 22, a five year plan to transform Santa Barbara County Government. The PowerPoint highlighted the following: Why Renew 22, Transformation, Essentialism, key areas of improvement. Behavioral Wellness Renew 22 Initiatives, Behavioral Wellness Systems Change. PowerPoint available on Department website. Commissioner Eldridge requested intermittent updates as there is progress being made, Ms. Grimmesey agreed.

Commission Business

8. **Reports of Officers, Boards: Chair, Site Visits, Liaisons to other Committees and BWC Special Committees**
 - A. **BWC Site Review Compilation Ad Hoc Subcommittee Update:** Commissioner Blue provides report on site visit to Santa Barbara Childrens Clinic program who serves kids with mental health and/or drug and alcohol problems. Continuum of care is utilized and they also address eating disorders and LGBTQ. They provide warm handoffs to other levels of care and practice a team based evaluation process. The clinic staff were welcoming, hardworking, and pleasant and the clinic itself was ample in space.

Commissioner Pearson reports that the subcommittee will be changing up the site visit questionnaire and will report on changes once made. Also, he will be in contact with Commissioners Mellinger and Swanson-Kyriaco to coordinate new site visits.
 - B. **Sheriff's Community Corrections Input Group Update:** Commissioner Richardson reports that the jail has filled the doctor position. Commissioner Eldridge reports that custody staff no longer have the ability to place inmates in safety cells, only medical staff can make those decisions and adds that medical staff have been very responsive in attending to client needs. The commission would like to tour the jail at some point, committee members agreed to bring up that questions and get back to this group.
 - C. **Ballot Initiative Exploration Ad Hoc Sub-committee:** no update.
 - D. **Bylaws Ad Hoc Subcommittee Update:** Commissioner Winter presents revised recommended amendments to the Behavioral Wellness Commission Bylaws. The two new recommendations are as follows:

1. Bylaws Article II, paragraph 8 currently reads: *“No member shall serve more than two consecutive three year terms, with the exception that if a member has been appointed to a partial term of one and one-half years or less, an individual may then be appointed to two full three year terms. When one year has elapsed following a member’s service, the individual is again eligible for appointment.”*

Recommendation: 1. To omit this provision as the BWC turnover is already sufficient to allow for new members with fresh input to be appointed and 2. The complexity of the Behavioral Wellness Department organization, programming and funding streams make it vital to have continuity in commission membership.

Revised Recommendation (adding language in bold below): *“No member shall serve more than two consecutive three year terms, with the exception that if a member has been appointed to a partial term of one and one half years or less, an individual may then be appointed to two full three year terms. When one year has elapsed following a member’s service, the individual is again eligible for appointment. **An exception can be made if a supervisor agrees to waive, at the request of the appointee, the one year lapse after two three-year terms.**”*

Action: Commissioner Richardson made a motion to approve the recommended amendment. Commissioner Eldridge seconded. No oppositions. No abstentions. Motion carried.

2. The following is suggested as a new article in the BWC bylaws, as there is currently no provision for the appointing of committees even though the current bylaws mention committees several times throughout and is required to be part of a Commission’s Bylaws by the State of California’s Welfare and Institutions Code #5604.5(e). The code does not require an Executive Committee be formed, but only that there be provision in each commission’s bylaws for its establishment.

The Chairperson may appoint the chair of each committee as required to further the goals of the Behavioral Wellness Commission. A committee chair must be a BWC member. It is at the committee chair’s discretion to determine members of the committee. Committees may include members drawn from the community who are not BWC members. An Executive Committee may be established, composed of the Chairperson, Vice Chairperson, Ex-Officio Chairperson and two or three at-large members appointed by the Chairperson to bring the number of voting members to five. This committee shall have executive functions and may act for the Commission when necessary. Any such action taken must be ratified at the next regular meeting of the Commission or become null and void.

Action: Commissioner Winter made a motion to approve recommendation to add new article mentioned above to the Behavioral Wellness Commission Bylaws. Commissioner Eldridge second. No oppositions. No abstentions. Motion carried.

9. **Upcoming Agenda Items:** January 2019 Elections of Officers; ADP Service Provider ratings report with Shereen Khatapoush; IMD Waiver Discussion (motion needed) – 15 minutes; Commissioner Huffines wants to revisit discussion to alternate BWC meeting locations between 3 regions (January agenda); Commissioner Winter wants to revisit Discharge Policy, Celeste was to respond to some questions via e-mail. Chair Byrne will follow up (maybe a February agenda item).

The following items were suggested at the October meeting: AOT Oversight Committee, County Homeless Plan.

10. **Adjournment:** Meeting adjourned at 5:05 p.m.