



Department of Behavioral Wellness Commission Meeting

Wednesday, January 16, 2019

3:00 p.m. - 5:00 p.m.

Santa Barbara Children's Large Conf. Rm

Santa Maria Annex Conf. Rm

Meeting Minutes

Meeting Facilitator: Sharon Byrne, 4th District, Behavioral Wellness Commission (BWC) Chair & Jeffrey Moore, Vice Chair.

Commission Members Present: Gregg Hart, 2nd District Supervisor; Wayne Mellinger, 1st District; Jeffrey Moore, 1st District; Rod Pearson, 1st District; Jan Winter, 1st District; Judy Blue, 2nd District; Angie Swanson-Kyriaco, 2nd District; Sharon Rumberger, 2nd District; Tom Franklin, 3rd District; Bill Cirone, 3rd District; Sharon Byrne, 4th District, Chair; Charles Huffines, 5th District (Santa Maria Location); Donald Casebolt, 5th District.

Commission Members Absent (excused): Mary Richardson, 3rd District; Julia Lara, 3rd District; Kelly McLoughlin, 4th District; John Truman, 5th District; Ann Eldridge, 5th District.

Behavioral Wellness Department Staff: Dr. Alice Gleghorn, Department Director; Karen Campos, BWC Program Administrator; Shereen Khatapoush, Research and Program Evaluator.

Guests: Susanne Riordan, Lynne Gibbs, Christine Voss, Tracey Macuga, Hess Family, Ashley Kruzel and Debbie McCoy.

1. **Call-to-Order and Roll-Call:** Vice Chair Moore called the meeting to order at 3:05 p.m. Behavioral Wellness Commission Program Administrator; Karen Campos conducted roll-call.
2. **Establish Quorum:** Vice Chair Moore established quorum.
3. **General Public Comment:** Mother here to speak on behalf of her son in support of the IMD waiver on today's agenda. Her son is a felony offender who needs mental health services but constantly in jail as there are often no vacancies to receive mental health treatment and when he is not in jail, he is on the streets. This is just one story, there are many families in this position.

Debbie McCoy member of Families Act advocates in support of the IMD waiver and urges this board to support the waiver to help create more beds to serve the mentally ill.

Audra Strickland with the Hospital Association of Southern Hospital is here in support of the IMD item on the agenda. She would like to express her support as jail is not the right place to treat someone with mental illness. She appreciates all the work that everyone is doing.

On behalf of Supervisor Williams, Ashley Kruzel reports that he will continue his service with the Psychiatric Health Facility Governing Board and thanks the commission for their support.

The Commission takes this opportunity to welcome Supervisor Gregg Hart who expressed that he looks forward in working with this Commission.

4. **Welcome and Introductions:** Vice Chair Moore welcomed everyone followed by self-introductions.

5. **Chairperson Announcements:** Vice Chair Moore announces that Chair Byrne will be arriving late today and he will be leading this meeting up until her arrival.

6. **Review and Approve December 19, 2018 BWC Meeting Minutes** (Attachment 6a):

Action: Commissioner Huffines made a motion to approve the December 19, 2018 BWC meeting minutes as presented. Commissioner Swanson-Kyriaco seconded. No abstentions. No objections. Motion carried.

7. **Behavioral Wellness Executive Director's Report:** Dr. Gleghorn highlights items in the January Director's Report which includes: Raising our Light 1/9 Candlelight Vigil, an evening of remembrance in Montecito; 24/7 access line data shows positive impact of Organized Delivery System (ODS) launch; Appointment of new revenue manager, Dipak Neupane; New and revised policies approved; Free sexual orientation and gender training to be held January 30th in Lompoc; Continued improvement in documentation at the Psychiatric Health Facility per the State Department of Health Care Services (DHCS); Santa Barbara, Santa Maria and Lompoc regional partnership updates; Action teams update; State and National news along with a Systems Change calendar.

New Business

8. **Alcohol Drug Program FY 17/18** (attachment 8a) – Shereen Khatapoush, Research and Program Evaluator presents handout outlining demographics and outcome data on the Alcohol Drug Program fiscal year 17/18 which includes data on adults and youth gender, race/ethnicity, initiated treatment (15+ days), engaged in treatment (31+ days), retained in treatment (91+ days) and successful completed treatment.
9. **Medicaid Exclusion Waiver Discussion** Commissioner Winter explains that this waiver would allow the expansion for mental health inpatient services in California and as a Commission she would like to write a letter to the Board of Supervisors asking them to support this waiver which would help create more beds for the severely mentally ill.

Dr. Gleghorn reports that she is already advocating for this to go through at the State level along with Directors from other counties. It is explained that the process involves making a proposal to alter the existing terms and conditions and demonstrate that the change will be cost neutral. Dr. Gleghorn reassures the Commission that she is in support of adding more beds and believes that jail is the wrong place for persons with mental illness.

Commissioner Casebolt shares his daughter's case and highlights areas where cost could have been saved and hopes that as a Commission they vote to support this waiver along with Dr. Gleghorn, the hospitals and other agencies here today. Supervisor Hart adds that he supports the idea to write a letter to the BOS, the more advocates the greater the chances are that the State moves forward with this.

Action: Commissioner Casebolt made motion to vote in support of the Medicaid Exclusion Waiver and recommend to the Board of Supervisors that they support this waiver that would help create more beds for the severely mentally ill in our County. Commissioner Cirone seconded. No objections. No abstentions. Motion carried.

Commissioner Winter agreed to draft letter to the Board of Supervisors.

Commission Business

10. **BWC 2019 January Election of Officers** – Karen Campos, BWC Program Administrator reports that the voting ballot does not contain any names as there were no nominations by e-mail, with the exception of a last minute phone call nominating Jeffrey Moore as Chair and Jan Winter as Vice Chair, however Commissioners

could nominate anyone they would like by writing down the full name. Ballots were passed around to Commissioners. Commissioner Huffines who was located in Santa Maria submitted his nominations by phone to Ms. Campos.

Action: With a total of 6 votes, Sharon Byrne was elected the 2019 Behavioral Wellness Commission Chair. There was a tie between Jan Winter and Jeffrey Moore for Vice Chair, each of which gave a brief speech as to why they would like to serve as Vice Chair. Tie breaker, Supervisor Hart voted and with a total of 7 votes, Jeffrey Moore was elected as the 2019 Behavioral Wellness Commission Vice Chair.

11. **Data Notebook 2019** (attachment 11a) - Chair Byrne reports that California Behavioral Health Planning Council (CBHPC) has issued a survey regarding the most critical needs in our community and is asking that this commission work with the Department to complete by March 31st. Dr. Gleghorn suggests subcommittee members to attend the MHSA planning meetings beginning in February, the monthly regional partnership meetings each month to listen and participate in as well as use the information gathered from Commission site visits conducted. Chair Byrne asked for commissioners interested in participating in this subcommittee; Rod Pearson, Judy Blue, Sharon Rumberger, Wayne Mellinger and Sharon Byrne.

Action: Commissioner Pearson makes a motion to form the Data Notebook subcommittee composed of the following subcommittee members who volunteered; Rod Pearson, Judy Blue, Sharon Rumberger, Wayne Mellinger and Sharon Byrne. Commissioner Franklin seconded. No objections. No abstentions. Motion carried.

12. **BWC Meeting Locations** – Chair Byrne reports that she received a letter from Supervisors Adam’s office indicating that there was a petition written with over 30 signatures of folks who were requesting to have the BeWell Lompoc conference room available for Behavioral Wellness Commission meetings. Chair Byrne shares that she was not aware of the demand to open up the Lompoc conference room as in the past when open, no one would show up. Commissioner Huffines supports the petition and adds that he would like to request that the commission rotates main meeting locations as it was done with the Mental Health Commission in the past. There was discussion on the possibility of changing meeting locations to the Board of Supervisors conference rooms and what times and dates would be convenient for most.

Action: Commissioner Franklin makes a motion to open up the Behavioral Wellness Lompoc Conference room to videoconference 3 way during the Behavioral Wellness Commission meetings, effective February. Also, adds direction to staff to look into the Board of Supervisors conference rooms in each region for Wednesday availability, 3:00 pm – 5:00 pm to possibly change the Behavioral Wellness meeting locations. Staff to report at the next meeting. Commissioner Mellinger seconded. No objections. No abstentions. Motion carried.

13. **Reports of Officers, Boards: Chair, Site Visits, Liaisons to other Committees and BWC Special Committees**

A. BWC Site Review Compilation Ad Hoc Subcommittee Update: Commissioner Pearson reports that he and Commissioner Franklin have been in touch with Commissioners Mellinger and Swanson-Kyriaco to set up the next site visit. Chair Byrne would like to join in as well.

B. Sheriff’s Community Corrections Input Group Update: no report.

C. Ballot Initiative Exploration Ad Hoc Sub-committee: no report. Chair Byrne would like to schedule next meeting, however would like to wait and see what the new governor is going to do. Chair agreed to Chair this subcommittee, however it will go hiatus in January and will be revisited in February.

D. Bylaws Ad Hoc Subcommittee Update: Commissioner Winter reports that she left a revision out regarding nominating committee to be established yearly on November or December and would like to add it to next month's agenda.

Action: no action.

14. **Upcoming Agenda Items:** New suggested January items: BWC bylaws revision proposal regarding nominating committee requested by Jan Winter; Present the Medicaid Exclusion Waiver Resolution for review and approval - to be presented by Jan Winter; Data Notebook subcommittee update; BWC Budget update requested by Jan Winter; Santa Barbara County Homeless Count report for March agenda requested by Chair Byrne.

The following items were suggested at previous meetings; December; Commissioner Winter wants to revisit Discharge Policy, Celeste was to respond to some questions via e-mail. Chair Byrne will follow up (maybe a February agenda item). October meeting: AOT Oversight Committee Update and County Homeless Plan report.

Adjournment: Meeting adjourned at 5:05 p.m.