



## **Department of Behavioral Wellness Commission Meeting**

Wednesday, August 21, 2019

3:00 p.m. - 5:00 p.m.

Santa Barbara Children's Clinic Large Conf. Rm

Lompoc Childrens Clinic New Port Harbor Conf. Rm.

Santa Maria Adult Clinic Annex Conf. Rm

### **Meeting Minutes**

**Meeting Facilitator:** Sharon Byrne, 4<sup>th</sup> District, Behavioral Wellness Commission (BWC), Chair.

**Commission Members Present:** Wayne Mellinger, 1<sup>st</sup> District; Jeffrey Moore, 1<sup>st</sup> District, Vice Chair; Rod Pearson, 1<sup>st</sup> District; Jan Winter, 1<sup>st</sup> District; Gregg Hart, 2<sup>nd</sup> District Supervisor; Angie Swanson-Kyriaco, 2<sup>nd</sup> District; Sharon Rumberger, 2<sup>nd</sup> District; Judy Blue, 2<sup>nd</sup> District; Tom Franklin, 3<sup>rd</sup> District; Mary Richardson, 3<sup>rd</sup> District; Heather Moselle, 3<sup>rd</sup> District; Sharon Byrne, 4<sup>th</sup> District, Chair; Charles Huffines, 5<sup>th</sup> District.

**Commission Members Excused:** Marcos Olivarez, 2<sup>nd</sup> District; Bill Cirone, 3<sup>rd</sup> District; Kelly McLoughlin, 4<sup>th</sup> District; Julia Lara, 4<sup>th</sup> District; Ann Eldridge, 5<sup>th</sup> District; Donald Casebolt, 5<sup>th</sup> District.

**Behavioral Wellness Department Staff:** Alice Gleghorn, Director; John Doyel, Alcohol and Drug Program Division Chief; Karen Campos, BWC Program Administrator; Laura Zeitz, Housing Division Chief.

1. **Call-to-Order and Roll-Call:** Chair Byrne called the meeting to order at 3:05 p.m. Behavioral Wellness Commission Program Administrator, Karen Campos conducted roll-call.
2. **Establish Quorum:** Chair Byrne established quorum.
3. **Welcome and Introductions:** Chair Byrne welcomed everyone, no members of the public present.
4. **General Public Comment:** none at this meeting.
5. **Chairperson Announcements:** Chair Byrne had no announcements, however Alcohol & Drug Program Division Chief, John Doyel invited Commissioners to attend a two day conference hosted by the Department on Evidence- Based Approaches for Integrating Harm Reduction and MAT Strategies and adds that they are hosting an impressive panel of speakers. Registration is required, details in the provided flyer.
6. **Review and Approve July 17, 2019 BWC Meeting Minutes:**

**Action:** Commissioner Pearson made a motion to approve the July 17, 2019 meeting minutes with one amendment; note the action taken on item number 7. Commissioner Huffines seconded. Commissioners Moore, Rumberger and Blue abstained. No objections. Motion carried.
7. **Behavioral Wellness Director's Report:** Dr. Gleghorn highlights items in the Director's report which includes the following;

### New Business:

8. **Behavioral Wellness Housing Update:** Laura Zeitz, Division Chief of Housing reports that the main housing focus is to increase and develop affordable housing for clients in need in collaboration with County partners; offer a variety of housing services to support independence and recovery; prevent homelessness; and step down from acute and out of county placements including Jail, PHF, and Mental Health Rehabilitation Center (MHRC)/Institutes for Mental Disease (IMD). Ms. Zeitz provides a brief summary of the available types of housing including temporary housing, licensed board and care residences, Santa Barbara City Housing Authority partnership, permanent supported housing, and Mental Health Service Act (MHSA) funded permanent supported housing, and provides No Place Like Home (NPLH) details. To conclude Ms. Zeitz goes over strategies and goals moving forward. The Commission was happy to learn of the many different types of housing and beds available for clients.

### Commission Business:

9. **2019 Data Notebook** – Chair Byrne reports that the California Behavioral Health Planning Council has released the 2019 Data Notebook on trauma informed care across the lifespan, Santa Barbara County specific. The Data Notebook is due by October 15<sup>th</sup> and requires the Commission to work in conjunction with Department staff to complete as done in the past.

**Action:** Commissioner Mellinger made a motion to form Data Notebook subcommittee with the following members; Angie Swanson-Kyriaco, Sharon Byrne, Wayne Mellinger and Judy Blue as chair. Commissioner Pearson seconded. No objections. No abstentions. Motion carried.

10. **Review Draft Report to Board of Supervisors** – Chair Byrne reports that her and Vice Chair Moore have begun working on a draft report to highlight information gathered during the three sessions discussing Conservatorships, Mandated Treatment, Incompetent to Stand Trial and Institutes for Mental Disease. The draft includes overall background; May, June and July BWC meeting summaries; current individual cases that illustrate dramatic shortages in the present and emerging systems; statistics and performance metrics; and the asks of the Board of Supervisors. Chair Byrne explains that the document is in early draft stages and will be working on it in the coming months and presenting to commission each month to receive feedback until completed and ready to be presented. Chair Byrne encouraged Commission members to send any feedback to the first draft by September 6, there is no hard deadline as of now, and it will remain on the agenda until completed.

Commissioner Winter requests to hear from the Assisted Outpatient Treatment (AOT) project that deal with complicated mental health problems as AOT is supposed to be an answer for folks refusing treatment.

**Action:** no action taken.

11. **Reports of Officers, Boards: Chair, Site Visits, Liaisons to other Committees and BWC Special Committees:**

**A. BWC Site Review Subcommittee Update:** Commissioner Franklin reports that the committee will begin to conduct site reviews and have decided to switch up the process this time around and assign Commissioners to sites as opposed to taking volunteers. The First round of assignments are as follows:

- Path Point – Tom Franklin, Kelly McLoughlin, and Jan Winter.
- RISE – Sharon Byrne, Angie Swanson-Kyriaco, and Julia Lara
- Transitions Mental Health – Rod Pearson, Charles Huffiness, and Mary Richardson.
- Unidentified site – Jeffrey Moore, Donald Casebolt, Bill Cirone, Wayne Mellinger, and Marcos Olivarez.

Commissioners Franklin and Pearson will connect with sites, gather available dates and coordinate with their group to schedule the site visits. Supervisor Hart would like to participate in a site visit as his schedule permits it.

**B. Sheriff's Community Corrections Input Group Update:** Commissioner Richardson reports that they had a very low amount of grievances this past month; 18 as opposed to 30 the previous month.

**C. Bylaws Ad Hoc Subcommittee Update:** Chair Byrne recommends adding to *Article VI; Duties/Responsibilities of Board Members* where guidelines are outlined for commissioners to go by; what's the formal process when information is communicated to the Board of Supervisors and what is appropriate to say on behalf of the commission. The commission agreed. Chair Byrne agreed to write up some guidelines for the commission to consider.

**D. Upcoming Agenda Items** – the Commission discussed upcoming agenda items.

Supervisor Hart reports that on September 10 the Board of Supervisors will be asked to take a position on the IMD waiver as previously requested by this Commission. Commissioner Winter requested that it be noted that this Commission voted unanimously in support of it.

Commissioner Moselle announced that this was her last meeting as she is moving to Hawaii and shares that it has been a privilege to serve on this Commission.

12. **Adjournment:** Meeting adjourned at 4:55 p.m.