



Department of Behavioral Wellness Commission Meeting

Wednesday, January 15, 2020

3:00 p.m. - 5:00 p.m.

Santa Barbara Children's Clinic, Large Conf. Rm.

Lompoc Children's Clinic, New Port Harbor Conf. Rm.

Santa Maria Adult Clinic, Annex Conf. Rm.

Meeting Minutes

Meeting Facilitator: Sharon Byrne, 4th District, Chair.

Commission Members Present: Rod Pearson, 1st District; Jan Winter, 1st District; Wayne Mellinger, 1st District; Jeffrey Moore, 1st District, Vice Chair; Gregg Hart, 2nd District Supervisor; Marcos Olivarez, 2nd District; Angie Swanson-Kyriaco, 2nd District; Sharon Rumberger, 2nd District; Tom Franklin, 3rd District; Victoria King-Kondos, 3rd District; Sharon Byrne, 4th District, Chair; Kelly McLoughlin, 4th District; Julia Lara, 4th District; Donald Casebolt, 5th District.

Commission Members Excused: Mary Richardson, 3rd District; Bill Cirone, 3rd District; Charles Huffines, 5th District.

Behavioral Wellness Department Staff: Alice Gleghorn, Director; Karen Campos, BWC Program Administrator; Maria Xique, Administration OPS, Supervisor; Jacob Ibrahim, Administration AOP II.

1. **Call-to-Order and Conduct Roll-Call:** Chair Byrne called the meeting to order at 3:03 p.m. Karen Campos, BWC Program Administrator conducted roll-call.
2. **Establish Quorum:** Chair Byrne established quorum.
3. **Welcome and Introductions:** Chair Byrne welcomed everyone and asked Department staff and members of the public to introduce themselves.
4. **General Public Comment:** Lynne Gibbs, Chair of the National Alliance on Mental Illness (NAMI) Public Policy Committee addressed Sacramento Mayor Darrell Steinberg's "Refresh," expressing her concern for county mental health programs. She praised Behavioral Wellness' efforts to protest this potential change. Dr. Gleghorn added that this could have a big impact on Behavioral Wellness and the County, as Behavioral Wellness could lose some of its budget.
5. **Chairperson Announcements:** Chair Byrne announced that Commissioners Mellinger, Lara, King-Kondos, Pearson, Moore, Supervisor Hart and herself will be participating in the 2020 countywide Homeless Point-In-Time Count taking place on Wednesday, January 29th from 5:30 a.m. - 8:30 a.m. and encouraged other members to participate.

Chair Byrne also shared that Theresa Comstock, President of the California Association of Local Behavioral Health Boards & Commissions (CALBHBC) said during their call on January 3rd, 2020 that Santa Barbara County has one of the best directors in the State (Dr. Alice Gleghorn), as well as one of the best ran Commissions. In addition, Ms. Comstock has reached out to Chair Byrne as

she would like to contract with her to train other State Commissions to run more like County of Santa Barbara's Behavioral Wellness Commission and serve in their homeless specific council. Dr. Gleghorn added that the success of the commission can be attributed in part to a committed County Board of Supervisor sitting on this commission and the commission's willingness to do work. Commissioner Winter suggested that another unique strength of the commission is its focus on conservatorships; Chair Byrne agrees and confirms that the commission received praised for taking on this research project.

Chair Byrne announced that Commissioner King-Kondos will be attending the upcoming CALBHBC meeting/training in San Diego, CA and will be reporting on her experience at the February BWC meeting.

6. **Review and Approve the December 18, 2019 BWC Meeting Minutes:**

Action: Commissioner Pearson made a motion to approve the December 18, 2019 meeting minutes as presented. Commissioner Mellinger seconded. Commissioner Moore abstained. No objections. Motion carried.

7. **Director's Report:** Dr. Gleghorn, Department Director, provided an overview of the January Director's Report which includes the following:

January is Human Trafficking Awareness Month; New and Revised Policies Approved; South County Launching New Medication Support Pilot, target Start Date January 22, 2020; Countywide 2020 Homeless Point-In-Time Count Volunteers Needed; Cultural Competence and Diversity Action Team (CCDAT) Update; Crisis Action Team Update; Consumer Family Member Action Team (CFMAT) Update; National & State News; and Systems Change Calendar.

Commissioner Winter expressed her gratitude for the Department's devotion of resources to consumer issues and empowerment. With the help of Maria Arteaga, Lindsay Walter and family involvement, quarterly meetings from all three regions have become increasingly popular.

Action: No action.

New Business:

8. **Behavioral Wellness Commission Discussion on 2019 Year-end Review and Action Steps for Year 2020.**

Commissioner Winter and Chair Byrne confirmed that they will write out the report to the Board of Supervisor together, however they will present to the Commission for review and approval beforehand and briefly discussed items they want to highlight along with some asks from the Board of Supervisors and the Department;

Chair Byrne highlighted Behavioral Wellness' goal to reduce evictions, from last year's high numbers, amongst the mentally ill.

Chair Byrne mentioned that information sharing capabilities between departments are extremely weak and virtually nonexistent. For example, counties don't seem to talk to each other when a mentally ill person goes out of one county and into another. Chair Byrne expressed that she wanted to see more partnering between departments.

Chair Byrne expressed to the committee that she wants to ask the Board of Supervisors for a study of the use of conservatorships in order to collect and analyze the data. Additionally, the commission should include site visits completed by the commission and the homeless count in the final report.

Commissioner Winter added that the commission should return its focus to the inability of Institution's for Mental Disease's (IMD's) to charge reimbursement for their services.

Supervisor Hart expressed that these things are important and should be well received by the Board of Supervisors.

2020 Action Steps:

- a. Facilitating a session focused on youth; Commissioners Swanson-Kyriaco, Cirone and Lara committed to coordinating a presentation on this at a future meeting.
- b. Look into the use of Opioids and Methamphetamine in the County; Sharon Rumberger.
- c. Receive a report on the 2020 Homeless Point-In-Time Count Results; Wayne Mellinger and Marcos Olivarez.
- d. Participate in Departmental action teams.

Action: No action.

Commission Business:

9. **Update on Draft Report to BOS Update;** discussed under item 8.

Action: No action.

10. **Reports of Officers, Boards: Chair, Site Visits, Liaisons to other Committees and BWC Special Committees**

A. BWC Site Review Committee Update: Commissioner Pearson reports that the committee will continue to conduct site visits this year and would like to hear from commission members on what sites they are interested in visiting; Lompoc's Central Coast Headway DUI program is on the list so far.

Also, included in the meeting packets is a list of all sites visited in 2019; Vice Chair Moore requested that the 2018 list be added to the BOS report as well.

B. Sheriff's Community Corrections Input Group Update: Commissioner Pearson and Winter report that they did not attend the last meeting, however Commissioner Pearson referenced a late handout included in the meeting packet titled *Jail Based Competency Treatment Program (JBCT) Overview* which was put together by the Committee to provide an overview of the program designed for patients who do not require the intensive level of inpatient treatment provided in State hospitals; the Committee plans to go before the Board of Supervisors to present this.

Commissioner Casebolt attending the meeting from Santa Maria asked if a jail visit would be appropriate. After brief discussion, Chair Byrne agreed to contact the Sheriff to see if a general jail visit could be arranged for interested Behavioral Wellness Commission members.

C. MHSA Planning Subcommittee Update: Commissioner Winter distributed a calendar of upcoming Mental Health Services Act (MHSA) Stakeholder Forums put together by the Department where members of the public can ask questions and provide feedback on the MHSA 3 year plan fiscal years 2020 – 2023. Commissioner Winter encouraged members to attend and share this with anyone they think may be interested in attending.

D. CA Association of Local Behavioral Health Boards & Commissions (CALBHB/C) Update: Commissioner King-Kondos reports that she participated in the January 10, 2020 Teleconference Update on Board & Cares for individuals with Serious Mental Illness & Discussion on Local Issues and Successes and thought the teleconference was interesting to listen in on. Additionally, Chair Byrne highlighted the housing crisis as a significant part of the teleconference. Dr. Gleghorn announced that the County Behavioral Health Directors Association of California (CBHDA) is asking for funding to assist with board and cares as there is statewide attention on this issue. Dr. Gleghorn described one of the proposals is addressing the long process of licensing.

Action: No action.

E. BWC 2020 Election of Officers –Vice Chair Moore announced that the 2020 ballots include Sharon Byrne for Chair and Julia Lara for Vice Chair, however nominations from the floor were welcomed; none were made. Ballots were passed around and collected by BWC Program Administrator, Ms. Campos.

Action: Ms. Campos announced that by unanimous decision, Sharon Byrne was re-elected as the 2020 Behavioral Wellness Commission Chair and Julia Lara was elected as the new 2020 Behavioral Wellness Commission Vice Chair.

F. BWC March 18, 2020 Meeting – Due to the Department’s Triennial Audit, the Commission discussed rescheduling the scheduled March 18th meeting as conference room 119 is being requested that day.

Action: Commissioner Mellinger made a motion to reschedule the March 18, 2020 meeting to March 11, 2020 due to the Department’s Triennial Audit. Commissioner Olivarez seconded. No abstentions. No objections. Motion carried.

13. Upcoming Agenda Items – commission discussed future agenda items.

14. Adjournment: Meeting adjourned at 4:40 p.m.