



Department of Behavioral Wellness Commission Meeting

Wednesday, February 19, 2020

3:00 p.m. - 5:00 p.m.

Santa Barbara Children's Clinic, Large Conf. Rm.

Lompoc Children's Clinic, New Port Harbor Conf. Rm.

Santa Maria Adult Clinic, Annex Conf. Rm.

Meeting Minutes

Meeting Facilitator: Sharon Byrne, 4th District, Chair.

Commission Members Present: Rod Pearson, 1st District; Jan Winter, 1st District; Wayne Mellinger, 1st District; Marcos Olivarez, 2nd District; Catherine Horton, 2nd District; Sharon Rumberger, 2nd District; Tom Franklin, 3rd District; Victoria King-Kondos, 3rd District; Sharon Byrne, 4th District, Chair; Julia Lara, 4th District, Vice Chair; Donald Casebolt, 5th District; Charles Huffines, 5th District.

Commission Members Excused: Jeffrey Moore, 1st District; Gregg Hart, 2nd District Supervisor; Angie Swanson-Kyriaco, 2nd District; Mary Richardson, 3rd District; Bill Cirone, 3rd District; Kelly McLoughlin, 4th District; Valerie Cantella, 5th District.

Behavioral Wellness Department Staff: Alice Gleghorn, Director; Lindsay Walter, Deputy Director Chief of Administration and Operations; John Winckler, Division Chief of Clinical Operations; Tor Hagans, Cost Analyst II; Josue Sanchez, Fiscal Manager; Chris Ribeiro, Chief Financial Officer; John Doyel, ADP Division Chief; Jake Ibrahim, BWC Interim Program Administrator.

1. **Call-to-Order and Conduct Roll-Call:** Vice Chair Lara called the meeting to order at 3:04 p.m. Jake Ibrahim, BWC Interim Program Administrator, conducted roll-call.
2. **Establish Quorum:** Vice Chair Lara established quorum.
3. **Welcome and Introductions:** Vice Chair Lara welcomed everyone in attendance. Behavioral Wellness Department Staff and members of the public introduced themselves. Catherine Horton provided a brief introduction, as she is new to the Commission.

Action: No action.

4. **General Public Comment:** Lynne Gibbs, Chair of the National Alliance on Mental Illness (NAMI) Public Policy Committee shared a brief report on a current conservatorship. Lynne expressed gratitude for the social worker and ACT, praising their level of care for the conservatee. Housing was kept for the conservatee.

Action: No action.

5. **Chairperson Announcements:**

No Chairperson announcement.

Action: No action.

6. **Review and Approve the January 15, 2020 BWC Meeting Minutes:**

Action: Commissioner Pearson made a motion to approve the January 15, 2020 meeting minutes with the amendment made to section 8; added “obtain MediCal reimbursement.” Commissioner Mellinger seconded. Commissioner Huffines and Commissioner Horton abstained. No objections. Motion carried.

7. **Director’s Report:** Dr. Gleghorn, Department Director, provided an overview of the February Director’s Report which includes the following:

Department of Health Care Services (DHCS) Triennial Review a Success; Support in the Community; New and Revised Policies Approved; MHSA Community Programs Planning Process; Lompoc Regional Partnership Meeting; Santa Barbara Regional Partnership Meeting; Santa Maria Regional Partnership Meeting; Children System of Care (CSOC) Action Team; Change Agents Update; Cultural Competence and Diversity Action Team (CCDAT) Update; Consumer Family Member Action Team (CFMAT) Update; Crisis Action Team Update; Forensic Action Team; HEART Action Team Update; National & State News; and Systems Change Calendar.

The Commission congratulated Dr. Gleghorn and the Behavioral Wellness team for their success with the Triennial Review.

Action: No action.

New Business:

8. **Mental Health Services Act (MHSA) Planning Subcommittee Update:**

Commissioner Huffines announced that there was a very good turnout at Foster Road, especially of the Mixtec population. Commissioner Huffines reported that overall, there was a large amount of input from the attendees. Attendance has been the best it’s been since the commissioner has been involved. Commissioner Winter congratulated Lindsay Walter for her success and the meaningful discussions she facilitates. Additionally, Commissioner Winter commended the department for collecting stakeholder input for the three year plan. Lindsay Walter announced that there is more brainstorming to come and everything has been going very well.

Action: No action.

9. **MHSA Planning Update:**

Lindsay Walter expressed gratitude for the commitment shown from the Commission, Help@Hand and interns who have helped guide MHSA to success. MHSA is actively trying to find a more robust way of looking at how they can engage with the community, such as forms in Spanish which provide additional outreach. Lindsay suggested that the Commission add a youth position. However, she acknowledged the challenge of getting youths to meetings, specifically logistical difficulties.

Action: Commissioner King-Kondos motioned to designate the May BWC meeting as the MHSA public hearing. Commissioner Mellinger seconded. No abstentions. No objections. Motion carried.

Location, time, and date are to be determined.

10. MHSA Financial Update with 18-19 Revenue and Expense Report:

Chris Ribeiro gave a PowerPoint presentation titled, "MHSA Budget Summary." Within the presentation, he reported on the 18-19 revenue and expense reports for the following programs: Community Services and Support (CSS), Prevention and Early Intervention (PEI), Innovation (INN), Workforce Education and Training (WET), Capital Facilities and Technology Needs (CFTN), and the Fund Balance. The PowerPoint presentation will be provided upon request.

Dr. Gleghorn added that the reserve on the Fund Balance functions as a budgeting tool. However, if the budget isn't used in time it will be taken away and deposited into a money pool which is then allocated to other counties that can spend those funds on time.

The Commission also discussed Governor Newsome's five point plan to address homelessness and housing. Governor Newsome intends on allocating \$1 billion to combat homelessness.

Action: No action.

Commission Business:

11. Update on Draft Report to BOS on BWC discussion of Conservatorships, Mandated Treatment, Incompetent to Stand Trial and Institutes for Mental Disease:

Chair Byrne gave a PowerPoint presentation titled, "Brick Walls In Dealing With Serious Mental Illness, and A Way Through." Within the presentation, she explained why the Behavioral Wellness Commission pursued this study, the inability to compel people into treatment, and the Commission's pursuit of revolutionary improvement. A number of case studies were presented to showcase the need for higher level of care, more communication between counties and a more established, tried and true process. Chair Byrne highlighted that there has been great progress made. She added that the Commission will be taking a number of follow up actions to make more improvements, perpetuating success and progress. The presentation ended by highlighting the four requests made by the Commission to the Board of Supervisors. The Commission hopes to see the Board of Supervisors offer their attention and resources to conservatorships, mandated treatment, incompetent to stand trial, and institutes for mental disease. The PowerPoint presentation will be provided upon request.

Arlene Diaz, Manager, Public Administrator – Guardian provided helpful insight throughout the presentation, ensuring accuracy and clarity.

Dr. Gleghorn and John Winckler expressed that Behavioral Wellness is actively trying to change the mentality of law enforcement in regard to individuals in crisis on the street. BWell encourages law enforcement to call the department so that individuals in crisis are given attention. Dr. Gleghorn added that there needs to be more of a dialogue about conserving people for alcohol and drug addiction.

John Doyel asked Chair Byrne to clarify whether the Board of Supervisors will be providing funding or if Behavioral Wellness will have to pay. Chair Byrne will address this issue in the updated presentation.

Action: No action.

12. **Reports of Officers, Boards: Chair, Site Visits, Liaisons to other Committees and BWC Special Committees**

A. BWC Site Review Committee Update: Commissioner Pearson announced that there will be a site visit at Central Coast Headway (CCH), Tuesday February 25, 2020 at 10 a.m. The following persons will be in attendance: Commissioner Pearson, Chair Byrne, Commissioner Rumberger and Commissioner King-Kondos.

Commissioner Pearson reminded the Commission of the Jail tour on February 28th at 1 p.m.

John Doyel will provide questions for the commissioners to ask when at the jail tour and the CCH site visit.

B. Sheriff's Community Corrections Input Group Update: Commissioner Pearson reported that the number of grievances were notably less in 2019 than in 2018. He also reported that there are now people in the jails that have the ability to facilitate release of information (ROI) or welfare checks.

C. California Association of Local Behavioral Health Boards & Commissions (CALBHB/C) Meeting/Training Report: Commissioner King-Kondos reported that the main concern amongst all the boards in the state is Sacramento Mayor Darrell Steinberg's "Refresh." Additionally, she shared that there was an apparent effort to appoint transitional age youths to the board of committees. She expressed that it would be great to fill empty seats with transitional aged youth. However, there are challenges to transitional age youth appointments, such as logistical difficulties like transportation (as mentioned by Lindsay Walter). Overall, the commissioner was impressed with the number of service consumers that were in attendance and sharing their experiences. Commissioner King-Kondos will be giving a more in-depth report at the BWC Special Meeting on March 11, 2020.

Action: No action.

13. **Upcoming Agenda Items** – commission discussed future agenda items.

Action: No action.

14. **Adjournment:** Meeting adjourned at 5:35 p.m.