



Department of Behavioral Wellness Commission Meeting

Wednesday, May 20, 2020

3:00 p.m. - 5:00 p.m.

Remote Virtual Participation Only

Meeting Minutes

Meeting Facilitator: Sharon Byrne, 4th District, Chair.

Commission Members Present: Wayne Mellinger, 1st District; Rod Pearson, 1st District; Jan Winter, 1st District; Angie Swanson-Kyriaco, 2nd District; Sharon Rumberger, 2nd District; Catherine Horton, 2nd District; Mary Richardson, 3rd District; Victoria King-Kondos, 3rd District; Sharon Byrne, 4th District, Chair; Kelly Mcloughlin, 4th District; Valerie Cantella, 5th District; Charles Huffines, 5th District.

Commission Members Excused: Jeffrey Moore, 1st District; Gregg Hart, 2nd District Supervisor; Marcos Olivarez, 2nd District; Tom Franklin, 3rd District; Bill Cirone, 3rd District; Donald Casebolt, 5th District.

Behavioral Wellness Department Staff: Alice Gleghorn, Director; John Doyel, Division Chief, ADP; Lindsay Walter, Deputy Director of Administration and Operations; Chris Ribeiro, Chief Financial Officer; Jessica Korsan, Quality Care Management Coordinator; Karen Campos, BWC Program Administrator.

Call-to-Order and Conduct Roll-Call: Chair Byrne called the meeting to order at 3:04 p.m. Karen Campos, BWC Program Administrator, conducted roll-call.

1. **Establish Quorum:** Chair Byrne established quorum.
2. **Welcome and Introductions:** Chair Byrne welcomed everyone in attendance.

Action: No action.

3. **General Public Comment:**

No public comment at this meeting.

Action: No action.

4. **Chairperson Announcements:** Chair Byrne announced that Theresa Comstock, Executive Director at the CA Association of Local Behavioral Health Boards & Commissions has informed her that the Riverside training has been canceled due to COVID

19, however there will be a phone training on June 26th any Commissioners interested please let Chair Byrne know.

Chair Byrne also reminds everyone that May is Mental Health Awareness month.

Action: No action.

5. **Review and Approve the April 15, 2020 BWC Meeting Minutes:** Chair Byrne asks commission members to review the minutes from the last meeting.

Action: Commissioner Pearson made a motion to approve the April 15, 2020 meeting minutes as presented. Commissioner Cantella seconded. No abstentions. No objections. Motion carried.

6. **Director's Report:** Dr. Gleghorn, Department Director, provided an overview of the May Director's Report which included the following:

May is Mental Health Awareness Month, this year's theme is "Express Yourself" and is all about how getting creative to express yourself can help with self care and supporting mental wellness; COVID-19 Updates within Behavioral Wellness were highlighted; An Article on how to support those with hearing loss written by Tony Hollenback, LCSW, Lompoc Regional Manager was shared; CREDO47 Stabilization Center, formerly known as Sobering Center has reopened its doors to the community; Behavioral Wellness honors National Nurses Week; Alcohol and Drug Program Update; Crisis Action Team Update; Children's System of Care Action Team Update; Cultural Competency and Diversity Action Team (CCDAT); Forensic Action Team; and National and State News was included along with the Systems Change Calendar.

Commissioner Cantella asked if the Department had seen an increase in requested services within the 12- 24 age group; Dr. Gleghorn shares that the data has not been broken down into age groups but is fairly confident that there has been no significant increase based on data reviewed.

Commissioner Richardson inquired about Good Samaritan Shelter, Dr. Gleghorn reports that they are doing well and have actually expanded their services to be able to serve additional folks during the Pandemic, of course while complying with social distancing guidelines.

To close of this segment Chair Byrne shares the Collective stage timeline with the Commission as everyone in this community has been experiencing since March 15th;

Phase 1 – when the impact hits and people are trying to figure out the level of the impact; Phase 2 – heroics; Phase 3 - community huddle; Phase 4 - dejection and anger as people start to figure out how long this is going to last; Phase 5 - real recovery, it can take up to a decade depending how hard the impact was.

Action: No action.

New Business:

7. **2020 – 2023 Mental Health Services Act (MHSA) Planning Status Update**

Lindsay Walter, Deputy Director of Administration and Operations explains that in July 2019 the Department began the planning process for FY 2020-2023 three year plan and developed a planning group composed of Department staff, Commissioners, Peers, Access Ambassadors, Family members and community Youth. This group has held over 25 meetings throughout the County in three different languages to meet the needs of the community. In addition, Ms. Walter explains the budget strategy prior to COVID-19 which included a variety of new initiatives or intent to apply for grant opportunities, however COVID-19 changed things around and the draft plan will include the projected budget prior to the impacts of COVID-19, however the plan will need to be modified in the upcoming year once there is better clarity on the impact.

Ms. Walter proceeded by providing an overview of the 2017 – 2020 initiatives that are completed and continuing. The key proposals in the upcoming three-year plan draft include expanded youth care and initiatives; increase peer services utilization and integration of peer philosophies; expanded services for the homeless including housing and support services; and within the outpatient programs, integrate whole person care practices.

Ms. Walter explains that the next steps are to finalize the draft plan by May 2020; post the plan for 30 days in the month of June and host the Behavioral Wellness hearing in July; receive Board of Supervisor approval and send it to the State in August and draft program changes as needed during the Fall.

Commissioner Winter congratulated Ms. Walter for always hosting meetings full of information and always taking into consideration stakeholder input. Dr. Gleghorn agrees and recognized Ms. Walter's work with MHSA in the last few years and adds that the way the planning process has been developed helps guide what we do as a system which includes community planning, a very important component.

Commissioner King-Kondos suggests inviting the youth interns who have been helping Lindsay to present at the June meeting which will be focused on youth. Ms. Walter will connect with them and see if they are interested. Chair Byrne agreed.

8. **MHSA Audit** – Ms. Walter reports that the Department had their first MHSA desk audit which entailed submitting over 600 documents in 16 requested areas. The following audit highlights were shared by Jessica Korsan, Quality Care Management Coordinator; audit team enjoyed the challenges and solutions section of each program in the MHSA annual plan update; they were impressed with the SB ACT FSP and Pathpoint Supportive Services FSP, the emphasis on outcomes and the transition from levels of care data; they complemented the MHSA program and happy to hear how the Department is managing the effects of the pandemic. Areas of improvement related to policies, training, outreach, stakeholder diversity, target populations along with other minor changes were shared. Ms. Korsan went over the next steps which included a Performance Contract Report put together by the MHSA audit team which will include instructions on how to complete the Corrective Action Plan, if necessary.

Dr. Gleghorn adds how pleased she is with the outcome of the audit considering that this is the first time MHSAs get audited.

- 9. County Behavioral Health Directors Association (CBHDA) Budget Presentation** – Dr. Gleghorn provides overview of the CBHDA COVID-19 Economic Impact on the Public Behavioral Health System PowerPoint and explains that this is a good base to get a better sense of the impact that COVID has had thus far;

The presentation goes over basics of public behavioral health financing including a breakdown of county behavioral health sources of funding, COVID-19 impacts on funding, fiscal forecast, factors, assumptions, and proposed fiscal solutions. In conclusion to her presentation, Dr. Gleghorn agreed to provide a budget update during her monthly Director's report related to COVID -19.

Commissioner Winter thanked Dr. Gleghorn for the presentation and adds that in representation of Behavioral Wellness families she wants to make sure that the Department will not be deferring Departmental limited resources to treat those who are developing anxiety, stress and /or depression as a result of COVID -19 as they did with the recent Thomas disasters, there are many clients who are bipolar and/or have psychoprenia that could benefit from those resources. Dr. Gleghorn clarifies that the Department's services are considered essential, and the Department has continued to serve its clients amidst the Pandemic, however as County employed disaster workers there is always the possibility that our services may be needed elsewhere but does note that she does not foresee that it would be to the level that it was needed during the Thomas disasters, if any. In addition, Dr. Gleghorn adds that the State of California is investing funds to help people cope with the stress and anxiety that COVID-19 is causing; it's more of a statewide respond.

Commission Business:

- 10. BWC Vice Chair Election**

Ms. Campos shares that there were no nominations via e-mail, however nominations from the floor are open. Commissioner Pearson nominated Commissioner, Victoria King-Kondos. No other nominations were made.

Action: Commissioner Winter made a motion to vote to appoint Commissioner King-Kondos as the new Behavioral Wellness Commission Vice Chair. Commissioner Mellinger Seconded. No objections. No abstentions. Motion carried.

- 11. Reports of Officers; Boards, Chair, Site Visits, Liaisons to other Committees and BWC Special Committees**

No updates at this meeting.

Action: No Action

- 12. Upcoming Agenda Items** Chair Byrne asked members who would be interested in participating in the BWC Bylaws Subcommittee to further amend the BWC bylaws to incorporate peers in the composition of the Commission even if they work for or are contracted by the Department. Commissioner Pearson, Winter and Rumberger agreed to work on this together. Ms. Walter agreed to forward some text that may help the subcommittee with this project.

June agenda; Commissioner Swanson-Kyriaco and King-Kondos will be putting together a presentation on youth services, and hope to highlight what services are chronically missing in the system, what's working and what is not, prior to the meeting they hope to get a survey out to gather some data. The Commission is very excited to have this presentation next month.

- 13. Adjournment** Vice Chair, King-Kondos made a motion to adjourn the meeting at 5:08 pm. Commissioner Mellinger seconded. No objections. Motion carried.

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