



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

For MAT Services

First Steps:

- *Contact Access Line (888) 868-1649
- *Receive a follow-up phone call
- *Obtain & confirm appointment

Planning for Appointment:

- *Be in mild/moderate withdrawal
- *Bring Identification
- *Plan safe transportation

What to Expect at Appointment:

- *Complete Intake paperwork
- *Provide vital signs
- *Provide medical information
- *Participate in a telehealth assessment with licensed prescriber

Next Steps:

- *Determine eligibility for MAT Treatment
- *Plan for MAT Induction
- *Pharmacy will be notified and medication will be delivered if applicable
- *Discharge plan will be developed

SUD Wellness & Recovery Access Point

Medication Assisted Treatment (MAT),
Alcohol & Substance Use information &
Referrals to SUD Treatment

www.countyofsb.org/behavioral-wellness

**Office hours: Monday, Tuesday, Thursday, Friday 9am-1pm
(By Appointment Only)**

Purpose

- Serve Medi-Cal beneficiaries through the Drug Medi-Cal Organized Delivery System (DMC-ODS)
- Improve engagement and treatment services for the Santa Barbara County Department of Behavioral Wellness SUD Continuum of Care
- Enhance the effective delivery of Medication Assisted Treatment (MAT) services to priority populations
- Improve beneficiary outcomes for long-term recovery

How to Contact Us

For appointments and services: (888) 868-1649

24/7 Access Line

General information for the SUD Wellness &

Recovery Access Point : (805) 681-5323

BWELLSUDMAT@sbcbswell.org

*"One small step is worth more
than a thousand steps planned"*

-Unknown

