WIC Offers Families Special Checks to Buy Healthy Foods

WIC offers families special checks to buy healthy foods, nutrition and health education, breastfeeding education and support and referrals to health care and other community services.

WIC, the Women, Infants and Children program, is a nutrition program that helps pregnant women, mothers with infants and young children eat well, be active and stay healthy.

You can participate in the Santa Barbara County WIC program if you:

- Live in Santa Barbara County
- Are pregnant or breastfeeding a baby under 1 year of age, just had a baby in the past 6 months, have children under 5 years of age
- Have a family income within WIC income guidelines

For more information or to apply for WIC, please call our WIC phone center at 1-877-275-8805 or walk in to any of our WIC offices.

WIC offices are located throughout Santa Barbara County at the following locations:

- 315 Camino del Remedio in Santa Barbara
- 301 N. “R” Street in Lompoc
- 2125 S. Centerpointe Parkway in Santa Maria
- 400 N. McClelland in Santa Maria

This institution is an equal opportunity provider.

###