COVID-19 Exposure Guidance Algorithm for Health Care Worker or First Responder

**Summary 4-9-20**

**Asymptomatic** health care workers (HCW) or first responders who have had close contact with a confirmed COVID-19 case (while not wearing recommended PPE) **WILL NOT BE TESTED IMMEDIATELY.**

Option 1) Self-quarantine for 14 days, AND perform daily fever and symptom checks, AND seek medical evaluation if symptoms present.

Option 2) Return to work, provided employees remain asymptomatic, AND for 14 days: perform daily fever and symptom checks, AND wear facemask at all times while at work, AND seek medical evaluation if symptoms present.

**Symptomatic** health care workers (HCW) or first responders who have had close contact with a confirmed COVID-19 case (while not wearing recommended PPE) **REQUIRE immediate testing and isolation.**

Those who **test positive** must isolate until 7 days have passed from onset of symptoms, AND 72 hours after fever has resolved without the use of fever reducers, AND other symptoms have improved significantly. Afterwards, they may return to work if they wear facemask at work for 14 days after last exposure, or until all symptoms are gone (whichever longer).

**Symptomatic** individuals who **test negative** will quarantine until 24 hours have passed since last fever has resolved without the use of fever reducers, AND other symptoms have improved significantly. May return to work, provided they wear a facemask for 14 days from last exposure, AND perform daily fever/symptom check, AND seek medical evaluation if symptoms return.

**Symptomatic** health care workers (HCW) or first responders who have NO KNOWN CONTACT may be tested or instructed to self-isolate. Follows steps indicated in treatment algorithm.