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Introduction

This on-line directory to cancer resources for people who are low income and uninsured was originally developed as a referral resource and originally published in 2010 by the Ventura County Access to Cancer Care Coalition with funds received as part of the California Dialogue on Cancer project. In 2011, the guide was updated by the Tri-Counties Cancer Detection Partnership (TCDP) of the Santa Barbara County Public Health Department and expanded by the new Santa Barbara Access to Cancer Care coalition to include additional Santa Barbara County resources.

This is an all-cancer resource guide, with entries listed by type of resource (National, State, Region, and County). Within each section resources are listed in alphabetical order.

This expanded guide is maintained on-line on the TCDP portion of the Santa Barbara County Public Health Department website at sbcphd.org. This is a living document. Additions, corrections and updates are welcome and may be sent to TCDP at jenglis@sbcphd.org.

J. English, M.P.H., Editor

Special Acknowledgements for this update.

Scott McCann, PhD, LCSW, Director of Health Education, Santa Barbara County Public Health Department, Michele Ratcliff, R.N., PHN, and Brynne Dailey, volunteer, provided invaluable editorial assistance for the Santa Barbara updates. Sarah Vitug, volunteer, assisted in final production.

All the Santa Barbara County Access to Cancer Care Coalition member agencies for their contributions and participation, with special individual thanks to Mary Soliz, Lisa Hashbarger, Katharine Guthrie, and Yessenia Marroquin.

The Cancer Center of Santa Barbara graciously hosted workgroup meetings, teleconferences, and meals.
National Resources

GENERAL

American Brain Tumor Assoc.
www.abta.org/kids/home.htm

Designed for young people w/brain tumors, but much is useful for children of adult brain tumor patients.

American Breast Cancer Foundation
1055 Taylor Avenue, Suite 201
Baltimore, MD 21286 410-825-9388
(877) Key-2-Life (877-539-2543) www.abcf.org

Provides diagnostic breast cancer services to women with income up to 300% of the federal poverty level. Provides funds for breast cancer related lymphedema supplies.

American Cancer Society
(800)-ACS-2345 www.cancer.org

Provides answers to questions about the nature of cancer, its causes, and risk factors. We also discuss the latest strategies for prevention and early detection, new diagnostic techniques, and the latest treatment options. You can also find information about alternative and complementary treatment methods in this section.

Andre Sobel River of Life Foundation
8899 Beverly Boulevard, Suite 111, Los Angeles, CA 90048
(310) 276-7111 (310) 276-0244 fax, Email contact: Ursula@andreriveroflife.org
Essay Contest contact Aswire@andreriveroflife.org

Offers financial support for single parents so that they can remain by their child’s side throughout a life-threatening illness. Child must be treated at an affiliated hospital.* Also offers an annual essay award for young cancer survivors (ages 12-22). Contact your child’s social worker at an affiliated hospital*. Requests range from essentials, such as food, transportation, utilities, and medications not covered by insurance to funds to protect a family from eviction or foreclosure. *( Partial list - Children’s Hospital Los Angeles, City of Hope, Miller Children’s Hospital, Children’s Hospital at Stanford, Mattel Children’s Hospital UCLA)

Avon Cares Program
(800) 813-4673

Women diagnosed with breast, cervical or ovarian cancer. Funds for teleportation, childcare, social support and pay for diagnostic services.
Believe in Tomorrow National Children’s Foundation  
(800) 933-5470  
www.believeintomorrow.org

Provides a variety of programs & services to children with life-threatening illness.

Bloom Again Foundation  
Lois P. Frankel. Email: drloisfrankel@drloisfrankel.com.  
(626) 405-7310

For women living at the poverty level, who have been employed for last 2 years, and who are impacted by a personal or family medical emergency. Services: in home health care, cab fare to and from doctor’s appointments, supplementing lost wages, transitional living, utilities or rent, child care, groceries. All requests must go through provider/social worker, who will email the requests after review. Request should indicate: woman’s situation, employment history, how much requested, and for what purpose. 24 hour decisions.

Brain Tumor Foundation For Children  
(770) 458-5554  
www.btfcgainc.org/index.asp

Brave Kids  
800-568-1008  
www.bravekids.org

National resource center for children with chronic illness.

Breast Cancer Angels  
(562) 795-0100

For women in Southern California only. Provides financial assistance with living expenses.

Brides Against Breast Cancer  
(503) 252-3955

Wish fulfilling program for women who have metastatic breast cancer. Funds are raised from donated wedding gowns.

Bone Marrow Foundation  
(800) 365-1336  
www.bonemarrow.org

Provides funds for transplant-related expenses (medications, childcare, housing, transportation, donor searches and compatibility testing).

The Breast Cancer Charities of America  
2203 Timberlock Place, Suite 100  
The Woodlands, TX 77380  
(281) 296-5755  
www.thebreastcancercharities.org/help-now-fund/
Women with breast cancer. Provides maximum of $500 for women with breast cancer who need help with rent or utility bills. They fund quarterly. Go online for most updated application.

**Breast Cancer Decision Guide**
www.bcdg.org

Welcome to the Breast Cancer Decision Guide, a website developed by the U.S. Department of Defense Breast Cancer Prevention, Education and Diagnosis Program Initiative for individuals diagnosed with breast cancer and their family members.

**Breast Cancer.Net**
www.breastcancer.net

Breast Cancer.net provides links to many breast cancer related issues.

**Breast Cancer Fund**
www.healthwellfoundation.org

The Breast Cancer Fund (The Fund) is a national non-profit organization formed in 1992 to innovate and accelerate the response to the breast cancer crisis. The mission of The Fund is to end breast cancer and to make sure the best medical care, support services and information are available to all women.

**Brenda Mehling Cancer Fund**
(661) 310-7940 www.bmcf.net/

Supports young adults cancer patients 18 - 40 currently undergoing cancer treatment for daily living expenses. Helps with home health, co-payments, housing, and other expenses.

**The Busted Foundation**
7510 W. Sunset Blvd. #248
Los Angeles, CA 90046 Email: Info@bustedfoundation.org
www.bustedfoundation.org/

For women under treatment for breast cancer. Funds once year for medical or living expenses including, utilities, childcare, medical bills. Normally has deadline in May and December. Now grant cycles twice yearly. Patient may reapply every year.

**California Amusement Parks Compassionate Programs**
Knotts Berry Farm (714) 220-5200 Sea World (619) 226-3901 Disneyland

Child must be disabled and/or terminally ill or diagnosed with a serious illness. Please call park(s) for current guidelines. Free tickets for patients and their family. Some give special VIP passes for children who can’t wait in long lines. Disneyland prefers to work with Make a Wish Foundation, but may be willing to make exception.
Knotts Berry Farm and Sea World happy to work with social worker and physician.

**Cancer Care, Inc.**
275 7th Ave. - 22nd Floor, New York, NY 10001  
(800) 813-HOPE (800-813-4673)  
E-mail: info@cancercare.org  
www.cancercare.org

Cancer Care, Inc. is a nonprofit social service agency that assists families and patients in coping with the emotional, psychological, and financial consequences of cancer. It has a toll-free counseling line and teleconference programs providing assistance to individuals and families. Information about cancer and treatments, financial counseling, financial assistance, and referrals to other support services are also available. The Helping Children Cope program offers resources to help children deal with cancer in a parent or close relative.

**Cancer Care Copay Program**  
(866) 552-6729  
Fax: 212-601-9761

Copay assistance program for: Breast, Lung, Colon and Pancreatic CA. Apply by phone. Will send paperwork. Goes retro 60 days from date of approval. Only accepts insurance or Medicare. No Medi-Cal accepted.

**Cancer Care- LINKING A.R.M.S.**  
(800) 813-4673  
www.cancercare.org

Offers assistance to women with breast cancer. Partnership between Cancer Care & Susan G. Komen Foundation. Provide aid for: Oral meds for cancer Tx, Pain & anti-nausea meds, DME, Home care, childcare & transportation to TX

**CANCERFACTS.COM**

Delivers personalized information pertaining to your cancer diagnosis.

**Cancer Fund of America**
2901 Breezewood Lane  
Knoxville, TN 37921  
(865) 938-5281

This is a non-profit organization set up to help cancer patients, hospices, and other non-profit healthcare providers by sending products free of charge directly to them.

**Cancer Hope Network**  
(877) HOPENET  
www.cancerhopenetwork.org

Non profit organization that provides one-on-one support to people undergoing treatment for cancer
CancerSymptoms.org

Cancer information on symptom management. Maintained by the Oncology Nursing Society.

Cancer.Net
www.cancernet.nci.nih.gov

CancerNet provides recent and accurate cancer information from the National Cancer Institute, the federal government’s principal agency for cancer research.

Candlelighters
(301) 962-3520 www.candlelighters.org

For parents, siblings & patients.

Chai Lifeline
(877) CHAI-Life 310-274-6331- West Coast Office

For families of children coping with a life-threatening illness. Meals, transportation, limited financial assistance, cell phones, respite for parents, educational assistance, laptop loans, counseling, summer camps.

Chemo Angels
PO Box 1971
Julian, CA 92036
email: Admin@chemoangels.com www.chemoangels.com

Patients going through chemotherapy. Matches chemotherapy patients with “angels” for support to receive encouraging cards, letters or small gifts on holidays, birthdays, special occasions. All correspondence done by mail.

Cherished Creations
(908) 790-0616 www.cherishedcreations.com

Accepts miscellaneous requests to create better life for seriously ill children and also grants wishes for kids up to 21.

Children’s Organ Transplant Association
(800) 366-2682 www.cota.org

Helps raise funds for children’s organ transplants.

The Chronic Disease Fund
(877) YOUR-CDF or (877) 968-7233

For those with a chronic diseases such as: Ankylosing Spondylitis, Asthma, Breast Cancer, Colorectal Cancer, Growth Hormone Deficiency, Multiple Myeloma, Multiple...
Scleroderma, Myelodysplastic Syndrome, Non-Small Cell Lung Cancer, Psoriasis, Rheumatoid Arthritis. Pays out-of-pocket costs for certain drugs. And co-pays. Fiscal year from January 1st to December 1st

**The Clearity Foundation**  [www.clearityfoundation.org](http://www.clearityfoundation.org/)
(855) 856-0654 or clarity@carisls.com.

The Clearity Foundation is a 501(c)(3) not-for-profit, founded by an ovarian cancer survivor and scientist. We can help you find the right clinical trial through tumor blueprints and can help sponsor payment if it is not covered by insurance. The Clearity Foundation has been helping patients acquire and interpret their tumor blueprints for over three years. We are a 501(c)(3) not-for-profit and we provide patient support services including diagnostic test coordination, tumor blueprint interpretation and clinical trial identification free of charge.

**Colon Cancer Alliance**
1200 G Street, NW, Suite 800, Washington, DC 20005
[www.ccalliance.org](http://www.ccalliance.org/)

**Colorectal Cancer Coalition**
(703) 548-1225  [www.FightColorectalCancer.org](http://www.FightColorectalCancer.org)

Educational resources and advocacy information related to colorectal cancer

**Colorectal Care Line**
(866) 657-8634  [www.colorectalcareline.org](http://www.colorectalcareline.org)

Patient Advocate Foundation's Colorectal CareLine is a patient/provider hotline designed to provide assistance to patients who have been diagnosed with colorectal cancer and are seeking education and access to care. The Colorectal CareLine also offers financial aid through the Financial Aid Fund for those diagnosed with colorectal cancer that need financial assistance.

**Colorectal Careline Financial Aid Fund**
(866) 657-8364  [www.colorectalcareline.org](http://www.colorectalcareline.org)

Provides up to $200 grant for treatment-related expenses, including transportation, housing, childcare and food costs.

**Cure for Lymphoma Foundation**
(800) 235-6848

For persons diagnosed with lymphoma. $500 reimbursement grant to be used in 1 year that covers: childcare, travel, medical aid & equip., support meetings & cosmetic aids.

**Disability Benefits 101**
[www.disabilitybenefits101.org](http://www.disabilitybenefits101.org)
Information about various public and private health coverage, benefit, and employment programs that people with disabilities use.

**Disabled Children’s Relief Fund**  
Box 89  
Freeport, NY 11520

Disabled Children ages 0-18. Assistive devices, rehab services

**The Dream Factory**  
(800) 828-7556

Grants wishes to children with life threatening illness or who are chronically ill.

**Foundation For Children With Cancer**  
11327 Gravois Road, Suite 202, St. Louis, MO 63126  
(314) 843-9300  
www.childrenwithcancer.org

Offers financial assistance to parents of children with cancer.

**Foundation for Health Coverage Education**  
(800) 234-1317  
www.coverageforall.org

Information on health coverage options and other resources organized by state.

**Genomic Health Oncotype DX Test**  
Contact: Dahlia Mann @ (310) 210-0755

Breast cancer clients who are under insured or uninsured. Discount or free testing.

**Grace Unchartered Cancer Foundation for Single Parents Inc.**  
3463 State Street #268  
Santa Barbara, CA 93105  
(805) 560-0544  
email: tami@graceuncharted.org

Single parents diagnosed with cancer. Provide financial, emotional, physical, spiritual and educational support.

**HealthWell Foundation**  
P.O. Box 4133  
Gaithersburg, MD 20878  
(800) 675-8416  e-mail: info@healthwellfoundation.org  
www.healthwellfoundation.org
The HealthWell Foundation is a 501(c)(3) non-profit organization established in 2003 to address the needs of individuals who cannot afford their insurance co-payments, premiums, coinsurance, or other out-of-pocket health care costs.

**Hirschberg Fund for Pancreatic Cancer**  
(800) 813-4673  
www.cancercare.org

Provides up to $1,000 for transportation and cancer care costs as well as home care and childcare for those diagnosed with pancreatic cancer. (Part of Cancercare Inc.)

**I’m Too Young for This**  
(877) SFL-HOPE or (877) 735-4673  
stupidcancer.com/community/i2y-money.shtml

Financial resources and support for teens and young adults with cancer diagnosis.

**Jennifer Ireland Foundation**  
www.jenniferirelandfoundation.com

Offers financial assistance for cancer patients with children.

**KidsCope**  
www.kidscope.org

Articles for children with an ill or aging family member

**KidsKonnected**  
www.kidskonnected.org

Support groups, summer camps, 24-hour hotline, leadership training, literature, bereavement workshops, socials, chat room, newsletter, information

**Leukemia & Lymphoma Society**  
(800) 955-4572  
www.leukemia-lymphoma.org

Provides small annual cash grants for expenses, travel and certain medications for those diagnosed with leukemia or lymphoma.

**Life Chronicles**  
(805) 966-3411 (866)998-5433  
www.lifechronicles.org

For adults and children with an illness that will render them unable to communicate who want to send a message to loved ones. Provides those with a terminal illness a way to record a message for loved ones. Director: Kate Carter  e-mail: lifechronicles@home.com

**Livestrong (Lance Armstrong Foundation)**  
(512) 236-8820  
www.livestrong.org
Dedicated to enhancing the quality of life for people living with, through and beyond cancer. Focus is on survivorship.

**Living Beyond Breast Cancer**
(888) 753.LBBC (5222)
www.lbcc.org

**Lymphoma Research Foundation**
(800) 235-6848  www.lymphoma.org

Offers limited financial assistance program to help uninsured and underinsured with unpaid medical bills.

**The Marrow Foundation**
(800) 507-5427

For those getting BMT. Funds available toward the cost of unrelated donor search and stem cell procurement.

**The Max Foundation**
(888) 462-9368

Helps patients access leukemia treatment on an international basis. Offers information, referrals, support and counseling and access to medication. assists people from medically underresourced countries locate treatment for leukemia and connect with support

**My Hope Chest**
Mail: PO Box 3081, Seminole, FL 33775
(727) 642-4243. Email: info@myhopechest.org

Women under 69 who are uninsured, not eligible for Medi-Cal. Must be a legal resident of CA. Free reconstructive surgery from participating surgeons. There is a waiting list.

**Myriad Genetic Laboratories, Inc.**
(800) 469-7423  Contact: Jana Robert-Solsberry ext. 3757

Breast cancer and other listed cancers on their program. For those uninsured. MAY help Medi-Cal clients. 3% discount and 12 month payment plan

**National Association for the Terminally Ill**
(888) 847-0390

For those with a terminal illness w/ life expectancy of 2 years or less. Pays day-to-day living expenses, rent, mortgage, groceries, bills, and utilities for up to 90 days.
National Brain Tumor Foundation  
(800) 934-2873  
www.braintumor.org

National Cancer Institute  
www.nci.nih.gov

The National Cancer Institute is your source for the latest, most accurate cancer information. The National Cancer Institute leads the Nation's fight against cancer by supporting and conducting ground-breaking research in cancer biology, causation, prevention, detection, treatment and survivorship.

National Children's Cancer Society  
(800) 532-6459

For Pediatric Oncology Families with child who is hospitalized in need of assistance. For food, lodging, travel related to hospitalization. Also pays for BMTs, medical supplies and other procedures

National Coalition for Cancer Survivorship  
1010 Wayne Avenue, Suite 770, Silver Spring, MD 20910  
(877) 622-7937  Orders: (877) 622-7937  
www.canceradvocacy.org

An advocacy organization for insurance, employment and legal rights for people with cancer. Also available is the Cancer Survival Toolbox, a free set of six audiotapes designed to help develop tools and practices to deal with cancer diagnosis and treatment. E-mail: info@canceradvocacy.org

National Coalition for Cancer Survivorship  
(877) NCCS-YES (877) 622-7937  
www.canceradvocacy.org

The National Coalition for Cancer Survivorship is the oldest survivor-led cancer advocacy organization in the country and a highly respected authentic voice at the federal level, advocating for quality cancer care for all Americans and empowering cancer survivors

National Foundation for Transplants (NFT)  
(800) 489-3863  
www.transplants.org

For those getting BMT. Helps raise funds for patients in transplant care when there is no public or private insurance.

National Insurance Consumer Helpline  
110 William Street, New York, NY 10038  
(212) 346-5500  
www.iii.org

Provides assistance in finding insurance coverage, information on insurance issues and a consumer complaint service.
The National Patient Advocate Foundation and the National Managed Care Resource Network provide legal counseling and referral services for patients denied insurance, facing employment discrimination and/or in need of support in negotiation for public assistance programs at the state and national level. Also available are managed care consultants to assist in clarification of coverage and billing questions.

**NORD- National Organization for Rare Disorders**  
(866) 924-0100  
www.rarediseases.org/programs/medication

Patient Assistance Programs for Cancer & Multiple Sclerosis Medications. Hodgkins Lymphoma and Renal Cell Carcinoma co-pay assistance programs.

**National Patient Advocate Foundation**  
(866) 512-3861

**Network of Strength**  
(800) 221-2141  
www.networkofstrength.org/information/

Network of Strength (formerly Y-Me) has been a trusted resource for 30 years and has helped thousands find the information they need to make educated decisions. From articles on our Web site to the knowledge of our YourShoes peer counselors on the 24/7 Hotline, Network of Strength keeps you informed. While we don’t give medical advice, we do explain in plain language the information you’re likely to encounter. No matter what the breast cancer topic is, Network of Strength provides information you can trust with a survivor’s touch.

**Oncolink**  
www.oncolink.upenn.edu

Oncolink was founded in 1994 by University of Pennsylvania cancer specialists with a mission to help cancer patients, families, health care professionals and the general public get accurate cancer-related information at no charge.

**Operation Liftoff**  
(888) 354-5757  
www.operationliftoff.com

Air transportation assistance to families.

**Operation Liftoff, Inc.**  
4204 Bonfils, Bridgeton, MO 63044  
(314) 298-9770 Fax: (314) 298-1699

**Parents Against Cancer, Inc.**  
(562) 943-5626  
www.parentsagainstcancer.com

**Patient Access Network Foundation**  
PO Box 221858, Charlotte NC 28222-1858  
(866) 316-PANF (7263)  
www.patientaccessnetwork.org

A non-profit organization dedicated to assisting insured patients who cannot afford the out-of-pocket costs associated with their treatment needs.

**Patient Advocate Foundation Patient Assistance Program**  
(866) 512-3861  
www.copays.org

The Patient Advocate Foundation (PAF) Patient Assistance Program provides financial assistance to patients who meet certain qualifications to help them pay for the prescriptions and/or treatments they need. This assistance lets patients who have chronic, life threatening and/or debilitating illnesses afford the out-of-pocket costs for these items that their insurance companies require.

**Patient Services Incorporated**  
(800) 366-7741  
www.uneedpsi.org

MRI for screening younger high risk women for breast cancer (see Right Action for Women for application). For Medicare & Medicare HMO patients with chemotherapy induced anemia & neutropenia. Go through Amgen’s Reimbursement Connection @ 1-800-272-9376. Covers health insurance premiums, cobra premiums, pharmacy copays and deductibles, determined on case-by-case basis. Income limit: $60,000-individual or couple. Does not look at assets. All correspondence via mail. 3 – 6 week turnaround on applications. Will go retroactive back to the application date.

**The Pink Daisy Project (formerly called The Breast Cancer Sisterhood)**  
debbie@pinkdaisyproject.com Debbie Cantwell – president

For women with breast cancer, 40 and under. Helps with meals, housecleaning, groceries. No cash given only gift cards. Please note, they will need verification from a medical provider that you …1) are about to undergo treatment, 2) are currently undergoing treatment, or 3) have recently completed treatment. Email requests to Debbie’s email.

**Planet Cancer**  
(512) 452-9010  
www.planetcancer.org/

Website for teens and young adults coping with cancer. Uses humor.
Pre-Existing Condition Insurance Plan
(877) 428-5060, Monday - Friday, 8 a.m. to 8 p.m. Saturday, 8 a.m. to 5 p.m.

For those US. Citizens, U.S. Nationals or lawful residents with no health insurance over last 6 months, with pre-existing conditions, Not enrolled in Medicare A or B, Cobra or Cal Cobra, not enrolled in no-cost Medi-Cal and not eligible for dependent coverage. You can apply if you have share-of-cost Medi-Cal. Health coverage without waiting period. Check premiums. To apply for PCIP, you must complete both the PCIP Supplemental Application and the Major Risk Medical Insurance Program (MRMIP) Application. Apply by the 10th of month to be eligible for next month coverage. Takes 10 days for them to process applications.

Pregnant With Cancer Network
P.O. Box 1243, Buffalo, N.Y. 14220
(716) 937-4488  (800) 743-4471

We have set up a network of women from across the United States who were once given the same diagnosis. Support.

RAI Benefit (Rise Above It)

For young adult cancer patients 15-39 at time of cancer diagnosis and who is actively pursuing or undergoing clinical trials. Helps with rent/mortgage, food, clothing, utility bills and hospital expenses not covered by insurance.

The Rainbow Connection
(248) 601-9474

Grants wishes to children between ages 3-18 with severe illness.

Right Action for Women
(800) 366-7741  www.rightactionforwomen.org

Funds financial assistance program to help young women who are at high risk for breast cancer gain access to Magnetic Resonance Imaging (MRI) screening. Together with the Cancer Support Community (CSC), www.cancersupportcommunity.org and Patient Services, Inc. (PSI), Right Action for Women has created a partnership to bring financial support to young women who are facing the risk of early breast cancer as a result of a genetic predisposition. If you are 45 years of age or younger, with a family history of breast cancer or have tested positive for a BRCA gene mutation you are eligible to apply. Any woman meeting these criteria is qualified to apply, regardless of her insurance status. Apply online or by phone.

The Sam Fund
(866) 439-9365
For young adults with cancer 17-35 post treatment. Provides grants & scholarships for tuition, car and health insurance, rent, utilities, medical bills, fertility related expenses and gym memberships and transportation costs.

**Sarcoma Foundation of America**
P.O. Box 458, Damascus, MD 20872
(301) 520-7648
www.tri2curesarcoma.com/resources.html

**Sharsheret**
(866) 474-2774

Sharsheret is a national organization of cancer survivors dedicated to addressing the unique concerns of young Jewish women facing breast cancer.

**Social Security Compassionate Allowance Program**
www.ssa.gov/compassionateallowances

Most diagnosed with cancers in advanced states (i.e. mets, inoperable, unresectable, etc.) Expedite SSA Disability applications based on specific diagnoses of advanced cancer and other diseases.

**Starbright Foundation**
(800) 315-2580 / (310) 479-1212
www.starbright.org

Website for teens with serious illness. Offers videos, interactive CD-Rom to educate on cancer, hemophilia. Offers online community that provides information and support to help families care for seriously ill child.

**The Stupid Cancer Show**
(310) 984-7600
live@nowlive.com

The first social broadcasting arena for young adults with cancer.

**Super Sibs** (for brothers & sisters of children diagnosed with cancer)
(866) 444-7427
www.supersibs.org

A website that supports the siblings of cancer patients. Offers activities, support, information to parents and the siblings. Has newsletter. Information in English and Spanish.

**Support LIFE Foundation**
P.O. Box 5513, Chicago, IL 60680-5513
(630) 888-5858

For men and women of any age with cancer from any state. Pays for medications, food, treatment and medical bills. Can provide gift cards for the food. Must attach copy of state ID to the application. They prefer to get the applications by mail.
Susan Komen  
www.komenlacounty.org  
In 2007 changed its name to Susan G. Komen for the Cure. Komen advocates work to end breast cancer forever.

Susan Love, MD  
www.SusanLoveMD.com  
Susan Love MD Breast Cancer Foundation, a non-profit organization dedicated to the eradication of breast cancer.

Teens Living with Cancer  
(585) 334-0858  
www.teenswithcancer.org  
A site for teens who have cancer. Offers on-line support community of other teens. Provides information and resources.

Tiger Fund Transplant Family Aid Program  
www.tigerfund.org/  
For those receiving an organ transplant in need of financial assistance. Generally covers “one-time” expenses.

Tigerlily Foundation  
11654 Plaza America Drive #725, Reston, VA 20190  
Contact: Alessandra  
(888) 580-6253  Email: info@tigerlilyfoundation.org  Fax: (703) 663-9844

For women with breast cancer 15-40 years-old. Funds for living expenses for low income women going through treatment for breast cancer. Will pay things like utilities, rent, car payments, medical bills. Fax us the completed Funds for Families Form, along with copies of the bills that you need help with.” The limit for funding is $500 per individual within a six month period. The waiting period for funds is between 30 - 90 days.

Turning that Smile Upside Down c/o Brian D. Bailey  
(416) 747-1187  Cell: (416)625-1187 Fax: (416)747-8429

Charity for children who have long-term illnesses to request autographed pictures of celebrities in sports and entertainment. Email request to Mr. Bailey at university4369@yahoo.ca.

The Ulman Fund  
(888) 393-FUND (3863)  
www.ulmanfund.org/index.asp  
A survivorship website for young adults with cancer.

Women’s Cancer Network  
(312) 578-1439  
www.foundationforwomenscancer.org
The Gynecologic Cancer Foundation (GCF) was established by the Society of Gynecologic Oncologists (SGO) in 1991 as a not-for-profit charitable organization to raise funds to support philanthropic programs to benefit women who have, or who are at risk for, developing a gynecologic cancer.

**Women's Information Network Against Breast Cancer**
www.winabc.org

WIN Against Breast Cancer has helped thousands of breast cancer patients and their families throughout various stages of breast cancer, via the Breast Aid and the Breast Buddy Breast Care Programs. The Breast Buddy Program is the signature program that has brought WIN ABC into the forefront of patient advocacy organizations throughout the U.S.

**Young Survival Coalition**
(212) 206-6610 www.youngsurvival.org

Young Survival Coalition is for young women facing breast cancer.
Astra Zeneca AZ & Me Program
(800) 292-6363
Uninsured or Medicare Part D. Discount on: Casodex, Arimedex for $25 or less

Cancer Care Co-Payment Assistance Foundation
(866) 552-6729 www.cancercarecopay.org
Copayment prescription assistance for breast, colorectal, glioblastoma, head and neck, lung, pancreatic, and prostate cancers.

The Caring Voice Coalition
(800) 267-1440
Assists patients with chronic disorders. Vital relief fund is need-based financial assistance for patients.

Centers for Medicare and Medicaid Services
(800) 633-4227 www.medicare.gov
Identifies available drug assistance programs and can help you pick the right Medicare-approved prescription drug plan (Part D) based on your location, income, and drugs you take.

Chronic Disease Fund
(877) 968-7233 www.cdfund.org
Copayment prescription assistance for underinsured patients for the following conditions: breast, colorectal, multiple myeloma, MDS, non-small cell lung, and pancreatic cancers.

First Hand Foundation
(816) 201-1569 www.firsthandfoundation.org
Funds for medical travel.

The Health Well Foundation
(800) 675-8416
For individuals who can’t afford their insurance co-payments, premiums, coinsurance or other out-of-pocket health care costs. Covers Aranesp & Neulasta. Program will go retroactive 90 days from the date of approval, on a case-by-case basis.
Jesica’s Hope Chest  
www.4jhc.org

Dedicated to helping critically ill children & families with costs which are beyond what is normally covered by private insurance. They offer a monthly grant program to provide funds for transportation during treatment.

Linking A.R.M.S.  
(800) 813-4673   www.cancercare.org

Provides grants of up to $300 a year to assist low-income, under- and uninsured women with the costs of certain oral medicines for breast cancer treatment, pain and nausea, lymphedema support and supplies, and durable, doctor prescribed, medical equipment.

Managed RX Plans, inc.  
(800) 799-8765   Fax: 516-433-6261

For patients who have insurance that covers prescriptions (except Medicare). Accepts Pt.s with Medigap plans. Accepts insurance as payment-in-full. Does not charge the co-pay. Must complete an application. Company will verify insurance coverage. Drugs are shipped.

Medicare Part D (Low Income Assistance Programs)  
HiCap- (800) 434-0222   Social Security (800) 772-1213

For persons 100%-135% of the federal poverty Level with limited assets $2,000-$6,000 for individual. Reduced premiums, no deductible and $1-$5 per prescription drugs. Apply through Social Security or local Medi-Cal offices. Online Application.

The Medicine Program  
P.O. Box 125, Doniphan, MO 63935  
(573) 996-3333   www.freemedicine.com

Patients who have no prescription drug coverage who need to apply to pharmaceutical company for free drug. Assist patients to apply for free drugs directly from the pharmaceutical companies. Cost to apply is $5.00 for each drug. Assists patients apply for free prescription meds and obtain prescription drug discount cards.

National Children’s Cancer Society  
(800) 5-Family   www.children-cancer.org

Financial assistance for transportation costs in conjunction with medical treatment.
NeedyMeds, Inc.  
www.needymeds.com
This comprehensive website provides links to pharmaceutical companies and other organizations that have patient assistance programs.

Patient Access Network Foundation  
(866) 316-7263  
www.patientaccessnetwork.org
Assists patients who cannot access the treatments they need due to out-of-pocket health care costs including deductibles, co-payments, and co-insurance.

The Partnership for Prescription Assistance  
(888) 477-2669  
www.pparx.org
Helps qualifying patients who lack prescription coverage get the medicines they need through the public or private program that’s right for them. Through this site, patients get access to more than 475 public and private patient assistance programs, including more than 150 programs offered by pharmaceutical companies.

Patient Advocate Foundation’s Co-Pay Relief Assistance Program  
(866) 512-3861  
www.copays.org
Offers direct co-payment assistance to qualified patients. Call counselors work directly with the patient as well as with the provider of care to obtain necessary medical, insurance and income information to advance the application in an expeditious manner.

Patient Services Incorporated  
(800) 366-7741  
www.needpsi.org
No longer covers anemia. Covers zometa & Aredia IV infusion for bone mets. Covers Gleevec, Temodar, CML and Gastrointestinal tumors. Covers health insurance premiums, cobra premiums, pharmacy co-pays and deductibles, determined on case-by-case basis. **Income limit:** $60,000-individual. Or couple. Does not look at assets. All correspondence via mail. 3 – 6 week turnaround on applications. Will go retroactive back to the 1st day of the month of the date of application.

Pfizer Pharmaceutical Assistance Programs  
For those without coverage: (866) 766-3700  For the Underinsured: (877) 744-5675
Free and Discount Programs for listed medications for uninsured and underinsured. See webpage for details. Some of the drugs:

- Aromasin® ( exemestane tablets)  
- Ellence® for Injection (epirubicin hydrochloride injection)  
- Sutent® (sunitinib malate)
• Camptosar® for Injection (irinotecan HCl injection)
• Emcyt® (estramustine phosphate sodium capsules)
• Idamycin PFS® Sterile, Isotonic Solution for Injection (Idarubicin HCl)
• Zinecard® for Injection (dexrazoxane for injection)

Together RxAccess Card
(800) 444-4106 and (800) 444-4107 www.togetherrxaccess.com

Helps qualified individuals and families without prescription drug coverage save on brand-name and generic prescription drugs and other prescription products. Sponsored by 20 major pharmaceutical companies.
State of California Health Programs for People who are Low Income or Uninsured

Breast and Cervical Cancer Services

• **Breast and Cervical Cancer Treatment** (BCCTP)  
  (800) 824-0088

  BCCTP provides cancer treatment for eligible low-income California residents (women or men) who are in need of treatment for breast or cervical cancer. Enrollment is performed only through providers in the CDP: EWC and Family PACT programs. To find an enrolling provider call 1-800-824-0088.

• **Cancer Detection Program: Every Woman Counts.** (CDP: EWC)  
  (800) 511-2300

  CDP: EWC helps underserved women age 40+ years receive free breast cancer screening and diagnostic services and cervical cancer prevention. To see if you qualify for free breast and cervical cancer screening, call 1-800-511-2300 Monday - Friday from 8:30 AM to 5 PM. Operators speak English, Spanish, Mandarin, Cantonese, Korean, and Vietnamese. If you qualify, you will be referred to participating doctors in your neighborhood.

• **Family PACT**  
  (800) 942-1054

  Family PACT provides no cost comprehensive cervical cancer screening and screening mammograms for clients in addition to family planning services.

Healthy Families  
(888) 747-1222 or (800) 880-5305

MRMIP Managed Risk Medical Insurance Program  
(800) 289-6574 www.mrmib.ca.gov/

For those who have been denied insurance coverage due to a pre-existing condition. $75,000 annual benefit limit and $750,000 maximum lifetime benefit limit.

Prostate Cancer Treatment  
(800) 409-8252

The Prostate Cancer Treatment Program helps underserved men receive free prostate cancer treatment services through IMProving Access, Counseling & Treatment for Californians with Prostate Cancer (IMPACT), which is operated under contract by the University of California, Los Angeles. To see if you qualify for free
prostate cancer treatment, call 1-800-409-8252 Monday - Friday from 8:30 AM to 5 PM.

Other California State-wide Resources

**California Healthcare Interpreters Association**
One Capitol Mall, Suite 320, Sacramento, CA 95814
(919) 669-5305 www.chiaonline.org

Services: links to statewide interpreter organizations and resources

**California Smokers Helpline:**
English: (800) NO BUTTS; Spanish: (800) NO FUME; (800) 844-CHEW;
(800) 456-6386; Mandarin & Cantonese: (800) 400-0866; Vietnamese:
(800-778-8440; Korean: (800) 556-5564; Deaf/Hearing Impaired: (800) 033-4TDD

Free confidential telephone counseling and guides.

**Cancer Legal Resource Center**
(866) THE CLRC www.CancerLegalResourceCenter.org

Provides free and confidential information and resources on cancer related legal issues to cancer survivors, their families, friends, employers, health care professionals, and others coping with cancer.

**Edison- Electric Care Program**
(800) 447-6620 Option #2

For low-income households. Provides discounts for services. Must meet financial requirements. 20% discount on services.

**FAIR_PRICING.com**
OSHPD Webpage for all CA Hospital Charity Care Programs

Anyone in CA who needs hospital care and is underinsured or uninsured. Charity care and hospital discount programs. Search the website for your hospital’s policy.

**Gas Company Care Program**
(800) 207-8567

For low-income households. Provides discounts for services. Fill out application and send in.

**Paid Family Leave**
State of California-EDD 1-877-BE-THERE 1-877-238-4373
For caregivers who stop working, reduce work hours to care for a family member who is seriously ill. Pays weekly benefits based on earnings. Must file claim form within 49 days of the first day of your family leave to avoid losing benefits. Can file with employer or EDD Department.

**State Disability Insurance- EDD**
(800) 300-5616

Anyone who has paid into fund who becomes disabled and unable to work. Amount of assistance based on wages paid to applicant during a specific 12-month base period. Can receive payments up to 12 months.

**Unemployment Insurance- EDD**
(800) 300-5616
Spanish- 1-800-326-8937

For unemployed or those who are working less than full time, are ready, willing and able to work. Pays a weekly benefit based on quarters worked and hourly wage. Must file claim with EDD Department.
Second Opinions

There are many valid reasons to seek a second opinion. They include:

- You’re unsure about your diagnosis. You’ve been told to have a procedure that is complicated, risky or experimental.
- Surgery has been recommended.
- You don’t feel secure about the quality of the communication between you and your doctor.
- Some insurance companies require a second opinion, especially for elective surgery. They may reimburse you even if the second opinion is not mandated. Find out whether you’re covered, particularly if you belong to an HMO or another managed-care organization. Determine whether the second doctor must be a network member. If the first two doctors have different opinions, and you’re still unclear about what to do, there’s nothing wrong with seeking a third opinion.

Remember to educate yourself on your condition and the treatments for it. If you know in advance what your options are, you can ask better questions and get more detailed answers.

Sarcoma Alliance Fund
775 East Blithedale, #334
Mill Valley, CA 94941
(415) 381-7236 info@sarcomaalliance.org

Covers up to $1,000 annually for costs related to getting a second opinion.
Regionwide Resources Serving the Tri-County Region

American Cancer Society
(800) ACS-2345 (English and Spanish)  www.cancer.org

Information about cancer, patient and provider education and service resources.
• The Reach to Recovery offers support to men and women facing cancer. Volunteers are cancer survivors who have been trained to provide advice and support. English and Spanish.
• Road to Recovery offers free transportation to appointments.
• Directory of all Ventura County cancer support groups: Call.
• Mixteco speaking volunteers
• Assistance with screening appointments with CDP-EWC providers at clinics including third Thursday at Farmers Market in Oxnard.

Smoking Helpline – 1-800-456-6386

California Dialogue on Cancer (CDOC)
The California Dialogue on Cancer (CDOC) was formed to design and oversee the comprehensive cancer control planning process in California.

Comprehensive cancer control is based on the idea that people and organizations working together to identify problems and develop solutions will lead to better use of limited resources and generation of new resources through new partnerships.

California State Cancer Plan: www.cdoc-online.org/docs/plan_forward.pdf

Tri-Counties Cancer Detection Partnership
345 Camino del Remedio, Santa Barbara, CA 93110
(805) 681-4783. (800) 511-2300 statewide toll free eligibility line, multilingual.

Services: Regional administrator of state Cancer Detection Program: Every Woman Counts, which offers free breast exams, mammograms, pap smears, and other diagnostic services for eligible uninsured, low income women age forty and older through a contracted regional network of primary care providers. Providers are also Medi-Cal providers; many also offer other preventative health services through Family Pact and Healthy Families. Public education. Professional education courses including periodic workshops on medical interpretation skills and cultural competency skills. Community education and referrals for health services, medical interpreters, etc.
Santa Barbara County Resources

Exercise Program

Cancer Well-fit Program
520 Castillo St., Santa Barbara, CA 93101
(805) 966-6147  info@cancerwellfit.com

A free exercise program offered by Santa Barbara Athletic Club in conjunction with the Cancer Center of Santa Barbara.

Financial Assistance

Catholic Charities
(805) 684-8621- Carpinteria  (805) 965-7045-Santa Barbara
(805) 736-6226- Lompoc  (805) 922-2059-Santa Maria

Families and individuals in economic crisis. Limited financial aid, emergency food, clothing and household items.

Cottage Hospital Eligibility Services
Main Number:  569-7410 Fax:  569-7445

For patients who have had medical treatment through Cottage Hospital who are uninsured or underinsured. Assess and approve for services based on application status for Medi-Cal, MIA or TSAC.

Friendship Paddle
920 Garden Street, Suite A, Santa Barbara, CA 93101
www.friendshippaddle.org/

Santa Barbara County cancer patients. Holds annual fundraiser for a cancer patient.

General Relief  County Social Services
(805) 681-4423-SB  (805) 737-7005-Lompc.  (805) 346-7135- SM

County Residents who are unemployed due to incapacity and not receiving other benefits. Cash grants and Food Stamps.

HIPP Program Health Insurance Premium Payment
Cencal Office (805) 562-1071 or (805) 562-1066 (800) 421-2560 ext. 1071 or ext. 1066. (805) 685-9795 (fax) Email: kshipley@cencalhealth.org

For Medi-Cal/Cencal beneficiaries with private insurance, with $200 or less S.O.C.*
*Case by Case- so still call if SOC over $200. Program will pay health insurance premiums for Cencal (Medi-cal) members with high cost medical conditions. For CENCAL Clients. Covers COBRA, Cal-Cobra, MrMIP, other health insurance. No Medicare.
Keiki Paddle
920 Garden Street, Suite A, Santa Barbara, CA 93101
Keikipaddle@gmail.com www.Keikipaddle.org

Santa Barbara county resident. Holds annual fundraiser to a child with cancer.

Reach Program
(805) 349-2421

North County Only PG & E Customers only Salvation Army. For families of low income who for unexpected reasons could not pay their electric bill. Must show receipts for medical bills paid, etc, to prove hardship. Provides up to $200, one-time aid, for an electric bill. Applicants must meet income guidelines. Family of 1-2 must have over a zero income and not more than $1,451/month.

St. Cecelia Society
Nikki Rikard- Contact Person Contact volvorick@aol.com or nikki.rickard@gmail.com Cell 805-451-3033 Fax 805-563-7694

Adults in need of assistance with hospital, medical bills, and medications Amounts over $500 must be reviewed by board. Apply by phone. Follow up with copy of bill.

Teddy Bear Cancer Foundation
133 East De La Guerra, #163, Santa Barbara, CA 93101
(805) 962-7466 teddybearcancerfoundation.org/aboutus/contact.php

Provides support and assistance for families of children with cancer.

Healthcare Interpreters

Mixteco Community Education (Marian Hospital Education Services)
(805) 739-3578

Services: Mixteco and Spanish language health education and referral to health care in the Santa Maria area. Contact Noemi Leyva.

Health Insurance Counselling

Health Insurance Counseling (HICAP)
528 South Broadway, Santa Maria, CA 93454
(800) 434-0222 or (805) 928-5663

Provides objective health insurance information and assistance with Medicare and supplemental insurance, HMOs and long term care insurance for senior citizens. Services include assistance with billing, denials and appeals. Counseling provided county wide. Community education and presentations provided. Speakers are available.
Community Health Centers of the Central Coast
(866) 614-4636
Community Health Centers of the Central Coast, Inc. is a 501(c)(3) non-profit network of community health centers serving the residents of California's Central Coast. Conveniently located throughout San Luis Obispo and northern Santa Barbara counties, our committed team of healthcare professionals are dedicated to maintaining your health and well being. We offer fully accredited Medical, Dental and Chiropractic care as well as Health Education and Specialty Care.

Our mission is to enhance the health status of all people in the Central Coast of California, with special emphasis on the medically underserved, by providing accessible, affordable, comprehensive & quality healthcare services, through well trained professional staff, in strategically located health centers. Our sliding fee scale offers significant discounts to individuals and families who qualify on the basis of limited income and/or family size. To arrange an appointment with Community Health Centers, please contact the medical facility most convenient to you.

Santa Barbara Neighborhood Clinic / Sansum Clinic
Breast Cancer Prevention Program

Eastside Neighborhood Clinic  (805) 963-1641
Westside Neighborhood Clinic  (805) 963-1546
Isla Visa Neighborhood Clinic  (805) 968-1511
Email: info@sbclinics.com
Website: www.sbclinics.com

Services: Free mammograms for eligible women. Call clinic location above for information and an appointment. Santa Barbara Neighborhood Clinics (SBNC) and Sansum Clinic are proud to announce an enhanced collaboration to strengthen Breast Cancer Prevention among low-income women in the Santa Barbara area. To qualify for a free mammogram at Santa Barbara Neighborhood Clinics (SBNC), women must be a patient of SBNC, be qualified as low income and have no other form of health insurance coverage. If a woman qualifies financially & has no health insurance coverage but is not a patient of SBNC, they must first become a patient of SBNC. Care must be established with a visit to a SBNC site with a clinician; visits are charged on a sliding fee scale. For those who then qualify, the SBNC clinician will refer the patient into the free mammogram program. If a patient qualifies for any other state or federal programs for services, they will be either enrolled or given information on how to apply. For more information or to schedule an appointment, call a clinic site near you:
California Children Services (CCS)
345 Camino del Remedio, Santa Barbara, CA 93110
(805) 681-5360       Fax:  681-4763

Statewide program for children with certain physical limitations and chronic health conditions. Pays for medical treatment and tests. Must be under 21, have a CCS covered medical condition, California resident, and low income.

Colonoscopy Tests through County of Santa Barbara Health Centers. Uninsured, Medi-Cal and MIA patients. Clinician referral of patients. Please contact Janette Avina, RN., Staff Nurse Supervisor, Santa Barbara County Public Health Department at (805) 681-5490 or email: janette.avina@sbcphd.org. Patients in need of test are seen at County Clinic and then referred for colonoscopy. Office visits covered under TSAC fund. Hospital Charges are separate.

Tobacco Tax Fund: TSAC (805) 681-5390 County Health Services

For the underinsured and indigent. Pays for specialty care after services have been received. Including testing for cancer. Provider must apply for payment for services rendered.

MIA Medically Indigent Adult Program
681-5398 or 681-5399 (SB); 737-6486-Lompoc 346-7241; 346-7374 SM

For Santa Barbara County Adults, 21-65, in need of medical care, who are uninsured and who qualify financially. Pays for medical treatment for diagnosed medical conditions. Must be a county clinic patient or get your right to apply approved by the MIA UR supervisor. Must apply within 7 days of your appointment. Those with more advanced cancers will be told to also apply for Social Security & Medi-Cal. May apply at Health Care Centers.

Federally Qualified Health Care Centers located throughout Santa Barbara County offer a wide variety of services for adults, teens, children and infants.

Health Care Centers (HCC) Main Office Lines
- Carpinteria HCC (805) 560-1050
- Franklin HCC (805) 568 2099
- Lompoc HCC (805) 737-6400
- Santa Barbara HCC (805) 681-5488
- Santa Maria HCC (805) 346-7230
- Santa Maria Women’s Health HCC (805) 739-8710
Medi-Cal
(805) 681-4401 SB; (805) 737-7080 Lompoc; (805) 346-7135 Santa Maria

For families with children, the aged and disabled. Must meet financial criteria and age or medical criteria, depending on which Medi-Cal Program applying to. Pays for Medical Care, medications, and long-term care, and medical transportation. Breast and Cervical cancer patients enroll faster in BCCTP Program. Those eligible for SSI should also apply for Compassionate Allowances under Social Security.

Health Services – General

Santa Barbara County Medical Society
(805) 683-5334 www.sbmed.org
Telephone and on-line Physician Referrals, access to Advanced Health Care Directives forms.

Visiting Nurse and Hospice Care
222 E Canon Perdido St., Santa Barbara, CA 93101
805-965-5555 www.vnhcsb.org

No one is turned away because of an inability to pay. Service area: Santa Barbara county, from Carpinteria in the south to Lompoc and the Santa Ynez valley in the north.

Home Health Care: Under doctor’s orders, patients receive nursing care and rehabilitation services at home, including monitoring vital signs, administering medication, wound care, injections, infusion therapy, physical therapy, occupational therapy and speech therapy.

Hospice provides comfort and care at the end of life at home or in a different living facility. The hospice team includes physicians, nurses, hospice aides, medical social workers, and spiritual and bereavement counselors. Working with your doctor, they provide expert medical care and pain and symptom relief. Serenity House, the only residential hospice in Santa Barbara county, is available for patients who require intensive symptom management.

Personal Care Services support independence and safety at home. Caregivers help with recovery from an illness or injury, assist with daily activities or offer companionship. A free in-home assessment is available.

Palliative Care provides pain and symptom relief and psychosocial and spiritual support for patients and their families who are facing a life threatening illness, whether it’s within or outside the hospital setting.
Health Services - Cancer Center Patient Services and Resources

- **Cancer Center of Santa Barbara**
  300 West Pueblo St. Santa Barbara, CA
  (805) 682-7200
  www.ccsb.org

**Clinical Trials**
The Cancer Center's Research department is dedicated to curing cancer and improving a patient’s quality of life through active participation in cutting-edge clinical research. Through collaborative efforts with community oncologists, we offer clinical trials for numerous disease sites including: breast cancer, prostate cancer, colorectal cancer, gynecological cancers, lung cancer, lymphoma, and others. A full listing of current trials can be viewed online at: www.ccsb.org/clinicaltrials/.

**Nutrition Counseling**
Nutritional counseling offers patients the unique opportunity to have the latest research about nutrition and cancer translated into simple, practical steps. Appointments for nutrition counseling are available Monday through Friday at no charge to patients currently in cancer treatment (i.e. radiation or chemotherapy) at the Cancer Center or Sansum Clinic; their family members or caregivers; and former Cancer Center or Sansum Clinic patients (i.e. individuals who are within one year of their last cancer treatment). To make an appointment, call (805) 682-7300 or stop by the Cancer Center's front desk at 300 West Pueblo Street. Self-referrals for nutrition counseling are welcome.

**Hereditary Cancer Risk Counseling & Genetics**
At the Cancer Center of Santa Barbara, individuals have the unique opportunity to meet with a cancer genetic specialist to discuss their concerns and determine their cancer genetic risk. All participants will receive:
- Education regarding possible reasons why cancer can "run in a family"
- An individualized risk assessment regarding the likelihood that the cancer in a family is inherited and whether testing for a specific cancer risk gene is appropriate
- Information about cancer risk reduction options, and
- Knowledge to make educated, informed decisions about genetic testing and cancer screening and prevention (current and future)

There are many issues to consider before deciding if genetic counseling and/or testing is right for an individual and their family. Please contact Lisa Hashbarger, Program Coordinator, at (805) 569-2243.

**Cancer Resource Library**
At the Cancer Center we are committed to helping you become an informed partner in your health care. The library is open to all, and services are offered at no charge. Staff can assist you in locating valuable resources and can also create a personalized information search tailored to address your specific concerns. Computers with Internet access are also available. Our catalog can be searched here: maple.cybertoolsforlibraries.com/cgi-bin/CyberHTML?CCSBHO. The Library, located at 540 West Pueblo Street, is open 9:00 a.m. - 3:00 p.m., Monday through
Community Palliative Care Program
The Community Palliative Care Program is a collaboration among community healthcare providers: the Cancer Center of Santa Barbara, Hospice of Santa Barbara, and Visiting Nurse & Hospice Care. The following services are available: comprehensive Symptom Management Clinic; assist in transitions across care settings; home visits; phone consultations; and physician consultations. The Community Palliative Care Team will work collaboratively with the primary treating physician and offers assistance with: pain and symptom management; psychosocial support; spiritual support through community resources; goals of care discussions; and advance care planning. The service is time-limited as the goal is to maximize each individual's quality of life through the optimal use of available resources.

Comprehensive Symptom Management Clinic
The Clinic operated by the Community Palliative Care Program consists of a team which includes: a physician, a nurse, and a social worker who are specially trained in palliative care. The Team will provide assessment, treatment, and referrals to other services. A diagnosis and/or plan for treatment can be provided to patients suffering from: Pain; Nausea/ Diarrhea/ Constipation; Insomnia/ Fatigue/ Lethargy; Agitation/ Anxiety/ Depression/ Mental Status Changes; and Anorexia/ Weight Loss. Patients, family members or caregivers who think that they may benefit from a referral to the Comprehensive Symptom Management Clinic, please consult with your primary treating physician.

Support Services
Santa Barbara: 540 West Pueblo Street and 300 West Pueblo Street
Solvang: 2040 Viborg Road, Suite 140
(805) 682-7300     (877) 755-7300 toll free   SupportServices@ccsb.org

Cancer can involve significant psychological, social, and economic challenges for patients and their families. Our clinical social workers provide emotional and practical support for patients, their families, and their friends. Some of the services and resources provided at no cost include: Advance Health Care Directives; Caregiver Resources; Community Palliative Care Program; Counseling - Individuals, Couple, Family; Disability; Financial Assistance & Counseling; Hospice & Home Care; Insurance; Legal; Lodging; Longterm Care Planning; Lymphedema Screening & Education Clinic; Needs Assessment & Referral; One-to-One Support- Visitor Program; Spanish Language Resources (Recursos en Español); Stress Reduction; Support Groups & Educational Programs; Transportation; Wigs, Hats, Turbans and Prostheses. Please contact the Cancer Center for more information about these services and resources. Self Referrals or Healthcare Professional Referrals may be made by phone or by emailing or faxing referral forms to the Support Services department. Bilingual staff is available Monday - Friday, 8:00 a.m. to 5:00 p.m..

Counseling - Individual, Couple, Family
(805) 682-7300 (877) 755-7300 toll free (805) 569-7715 fax SupportServices@ccsb.org
Qualified counselors provide free individual, couples, and family counseling (time-limited). Please call for an appointment or complete the Self-Referral Form or the Healthcare Professional Referral Form and email or fax to the Support Services department.

**Financial Assistance & Counseling**
540 West Pueblo Street, Santa Barbara, CA 93105  
(805) 682-7300; (877) 755-7300 toll free; (805) 569-7715 fax  
SupportServices@ccsb.org

Support Services staff can help to determine if patients qualify for assistance programs such as private foundations, free pharmaceuticals, co-pay assistance programs, cancer-specific funds, and other programs. Many funds assist with living expenses, as well as expenses related to cancer treatment. To find out more, please contact Support Services at (805) 682-7300 or toll free at (877) 755-7300. Financial counseling is available free of charge by phone or by office visit. For a list of the treatment-related financial aid programs available, please see the Financial Programs Guide provided by the Support Services department. For a list of Disability income programs please go to the Support Services Disability page. If you are receiving treatment at the Cancer Center of Santa Barbara and are having difficulty with your bill, you may apply for assistance through the Cancer Center Charity Care program. Eligibility is based on residence and income. Please download an application in English or Spanish and submit it with appropriate documentation to the Support Services department.

**Support Groups & Educational Programs**
Many free support and education programs are offered at the Cancer Center. Please call (805) 682-7300 for support group schedules, locations and times or search our online calendar. A listing of other oncology support groups in our area is also available.

**Cancer Center of Santa Barbara Charity Care (805) 682-7300**

Patients of Cancer Center of SB who are underinsured and financially eligible. Discounts on services. Application and copy of latest tax return.
Marian Cancer Center
210 South Palisade Drive Ste. 200 Santa Maria, CA 93454
(805) 739-3780 mariancancercare@chw.edu

For You. For Family. For Hope. Fighting Cancer Together.

With a commitment to the community to provide patient and family-oriented cancer services through the development of a multi-disciplinary oncology program, Marian Cancer Care Services was established in 1996. The staff is dedicated to ensuring access to a high quality team of oncology professionals and modern technologies through prevention, supportive services, community education, medical education, and research programs.

Fully accredited by the American College of Surgeons (ACoS), the ACoS' Commission on Cancer awarded Marian Cancer Center the highest accreditation available to a community cancer program, raising the standard of care to the designation of a Comprehensive Cancer Program. In addition, Marian Cancer Care Services is affiliated with the UCLA Jonsson Cancer Center. This affiliation offers patients access to clinical expertise and the latest in technology to provide cancer care in an environment that meets the physical, spiritual, and emotional needs of patients and their families.

Team Approach to Comprehensive Care

Marian’s multidisciplinary approach to cancer provides the benefit of many types of professionals and resources, maximizing the quality and scope of your care.

- The Cancer Tumor Board

  Held weekly and attended by Surgeons, Medical and Radiation Oncologists, Specialists, Pathologists, Radiologists, Oncology Nurses and Counselors, Physical Therapist, Medical/Surgical Specialists and Primary Care Providers, the Tumor Board discusses individual cases and makes recommendations regarding further diagnosis or therapeutic treatment. The results are shared with our primary provider.

- UCLA Affiliate and Clinical Research Access

  As a UCLA affiliate facility, Marian Cancer Care Services promotes and facilitates participation in cancer clinical trials. These programs are administered by local specialists collaborating with a UCLA research nurse.

Cancer Support Services

Marian Cancer Care Services staff connects you and your family with comprehensive, supportive care.

- Clinical Nutritionists, Physical Therapists, Physical Fitness/Trainers, Complimentary Care Resources; Including Relaxation Therapy, Guided Imagery and other therapies upon request.

- Spiritual Care Counselor, Financial Insurance, Legal Counsel (limited)
- Palliative Care; Provides comfort and symptom control for physical, emotional and spiritual needs

- Marian Home Care Services; Restore and maintain homebound patients’ level of health, function and comfort

- Marian Hospice; Allows those nearing the end of life to spend their remaining days in comfort and dignity of their own home, assisted living facility or nursing home.

Ongoing Comfort and Support

The staff at Marian Cancer Care Services believes total wellness encompasses mind, body and spirit. For this reason, the Center offers a variety of free classes, support groups and one-on-one programs to help patients achieve and maintain good health. Our vast topics include: Caregivers support, New diagnosis support, Self-image, Survivorship, Coping with cancer, And many more, please call for more information.

Our specialties include: Modern technology in ultrasound and all-digital mammography, including stereotactic breast biopsy and sentinel lymph node biopsy, Her-2-neu and flow cytometry diagnostic tests, Spiral CT lung scan, Positron Emission Tomography (PET), Prostate Brachytherapy, Marian Medical Center/UCLA Oncology Patient Referral Service, Cancer Registry staffed by Tumor Registrar, Oncology Patient Advocate and Counselor, Oncology Nurses, Certified lymphedema specialist for education and treatment and Registered Dietitian for Free Nutritional Counseling

Keeping You Informed

Marian Cancer Care Services’ free newsletter, Cancer Care, gives patients and community members the latest updates on cancer care and educational opportunities, as well as a monthly calendar reflecting all activities. To be added to our mailing list, please call 739-3780. Also, current information is available on-line through the Marian Medical Center Website at www.marianmedicalcenter.org/cancercenter.
Other Resources

Financial

Alternative Payment Program and Respite Care
(805) 898-3665-SB (877) 535-3665 (805) 925-7030 Santa Maria (877) 925-7030 fax: 925-8890

For parents who are incapacitated due to illness, surgery or other medical circumstances. Respite childcare. For children 0-14.

CAC- HEAP Home Energy Assistance Programs
(800) 655-0617 x 136 English & X132 Spanish. Martha Collins- Rep. 964-8857 x 148

For low-income households who need help paying their energy bills. Provides financial assistance for heating and cooling bills. Covers electric bill or gas bill by income. Sliding scale: $199-$331. 1 annual payment to a utility bill. Can apply at CAC Wed, in person or Thurs. & Fri. at Lompoc office or request application by mail.

CalWorks
(805) 681-4416 SB; (805) 736-2289; Lompoc; (805) 614-1555 Santa Maria
Santa Barbara County Residents, familias that qualify. Monthly income or immediate cash in emergencies. Also offers Food stamps (CalFresh).

CAPI Cash Assistance Program for Immigrants
234 Camino Del Remedio, Santa Barbara, CA
(805) 681-4401 or (800) 929-8118

Immigrants who meet all the SSI/SSP rules except for immigration status as of 8/21/96. Receive monthly income according to SSI/SSP guidelines from State of CA. Requires Proof of filing for and denial of SSI/SSP benefits due to immigration status from SSA. Social security card. Alien Registration Card.

Home Visitation Programs (free)

American Cancer Society Reach for Recovery

Services: Home visitation program and support services for Latina breast cancer patients. For more information call the American Cancer Society.

Multipurpose Senior Service Program
(800) 421-2560 www.CENCALhealth.org

For frail seniors 65 and older who have Medi-Cal. Pays for personal care assistance; chore & shopping; respite care; lifeline system; transportation; housing; and moving expenses.
Housing

Housing Authority-City of Santa Barbara
808 Laguna St., Santa Barbara
965-1071

For low-income and terminally ill residents, and others. Offers public and rental housing assistance programs. Offers Section 8 Vouchers/Certificates. Terminally ill can get expedited applications.

Long Term Care Ombudsman Services of Santa Barbara County
301 S. Miller, Suite 116, Santa Maria, CA 93454
(805) 925-0499 www.ombudsmansb.org/contact.html

The Long-Term Care Ombudsman Program is a non-profit agency whose mission is to advocate for quality of life and care for long term care consumers. Federal law and California law authorize our Ombudsmen to investigate complaints made by or on behalf of long-term care consumers and to assist consumers in exercising their rights that are guaranteed by law. The program serves residents of nursing facilities and residential care facilities and assisted living facilities. The Long-Term Care Ombudsman Program is here to help with information, guidance and advocacy. Services are free and confidential.

Lymphedema Therapists

- Maureen Barrett, OTR/L, CHT and Marji Hajic, OTR, CHT
  Hand Therapy & Occupational Fitness Center of Santa Barbara, 2323 De La Vina, Suite # 106, Santa Barbara, CA 93105, (805) 682-3055 Fax: (805) 682-3035
- Holly Clement, OTR/L, CLT-LANA Certified MLD/CDP,
  Sansum Clinic, Physical Therapy Department, 41 Hitchcock Way, Santa Barbara, CA 93105, (805) 681-7781 Fax: (805) 682-5379
- Maureen Groves, BA, PTA, Certified MLD/CDP
  Sansum Clinic, Physical Therapy Department, 344 S. Patterson Ave., Santa Barbara, CA 93111 (805) 681-1860 Ext. 1860 Fax: (805) 682-3627

Prosthesis and Wigs

Complimentary list of stores: Call your local American Cancer Society or Cancer Center. Santa Barbara American Cancer Society: 1432 Chapala St. Santa Barbara, CA 93101 805.963.1576

Smoking Cessation Services

- California Smokers Helpline:
  English: 1-800-NO BUTTS Spanish: 1-800 NO FUME
  1-800-844-CHEW 1-800-456-6386 Deaf/Hearing Impaired: 1-800-033-4TDD

Free confidential telephone counseling and guides.
• Santa Barbara County Programs To Help You Quit

(805) 681-5407 for South County services; (805) 346-7275 for North County services; (805) 737-7775 x 5407 for Lompoc area

• American Lung Association: “Freedom From Smoking Online”. Online quit assistance on the website: www.LungUSA.org. Seven modules assist you in discovering your smoking habit, how to change those habits, relaxation techniques, and long term strategies for maintaining a tobacco free lifestyle. General Public.

• Quitnet.Com: www.quitnet.com

Online program to help you create your own quit plan, get help and support whenever you need it, ask questions of experts, and learn from science based Quitting Guides. Quitnet.Com: www.quitnet.com.

Senior Services

Central Coast Commission for Senior Citizens Agency on Aging
1-800-510-2020 www.centralcoastseniors.org

Provides older adults and their caregivers information and referrals regarding health care, housing, financial management, nutrition, long term care, and community-based organizations. This service is free of charge.

Support Groups

American Cancer Society

Maintains a current list of all Santa Barbara County cancer support groups in English and Spanish. Call ACS 1-800-ACS (227) 2345.

• Santa Barbara Breast Cancer Resource Center
525 West Junipero, Santa Barbara, CA 93105
(805) 569-9693 E-mail: info@bcrcsb.org www.bcrcsb.org

Since 1997, The Breast Cancer Resource Center of Santa Barbara as an independent 501(c)(3) organization, has been committed to act as a clearinghouse of information, support and referral service conduit for women diagnosed with breast cancer or dealing with benign breast health issues. We do so by providing a free lending library, peer emotional support, educational programs and community outreach, one-on-one mentoring and support groups, and a suite of integrative programs such as art therapy, meditation and
reflexology. We are open Monday – Friday, 8:30 a.m. – 4:00 p.m or by appointment.

Free programs and services:
- Peer-to-peer Counseling – emotional support, assist clients with resource materials, assess needs and gather pertinent educational information and local resource referrals.
- A Buddy Program -networks survivors and newly diagnosed patients with similar lifestyle circumstances and diagnosis for one-on-one mutual mentoring and support.
- An Outreach Program –work in community to promote BCRC resource awareness, breast health education & mammogram screening for early cancer detection, attend health fairs
- Complementary Care & Integrative Therapy –weekly Reflexology, Reiki treatment, art therapy, and Guided Meditation to promote healing and wellness.
- Support Groups –3 sessions for clients undergoing treatment for primary cancer, and a session for recurrence and/or ongoing post treatment emotional support, and Spanish speaking group.
- Educational Lecture Seminars (with Spanish translator) - breast health/cancer lecture series presented to the community.
- Resource Library –provides a clearinghouse of the latest breast health/cancer information, books, scientific articles, referral information, Internet access and one-on-one support.
- Breast Friends Forever –provides a variety of compassionate & helpful services for our clients, for example, prepare and deliver a meal, or flowers, or grocery shopping.
- Resource Helpline – Volunteers undergo comprehensive training so they are equipped to listen and guide clients to proper resources or referral information via telephone helpline, and counseling walk-in clients.

Supportive Services (Also see section on Cancer Centers)
- **2-1-1 HelpLine**
  24-Hour Multilingual Information & Referral
  Dial 2-1-1 in Santa Barbara County ; Toll Free 1-800-400-1572;
  TTY (805) 899-8108; Email 211sbccounty@fsacares.org

- **The Dream Foundation**
  (805) 564-2131 Fax: 564-7002

For adults 18-65 who have been diagnosed with a terminal illness. Grants wishes to those whose life expectancy is 1 year or less and who has limited resources. Other programs: Flower Empower- Donates free flower bouquets to people battling catastrophic illness in S.B. Toy Program- Donates toys to children of parents who are coping with a serious illness.

- **Viking Charities, Inc.**
For local families of Santa Ynez for assistance with various needs: help with medically-related needs of individuals, families. No applications. They prefer letters of request. Can only assist with medical bills. May consider out of area residents. Board meets the 1st Tuesday of the month. Final decision on assistance takes two months.

**Transportation to Medical Services**

Free:
- Door to door transportation by ACS volunteers. Call ACS 1-800-227-2345.
- **Angel Flight** (888) 426-2643
  Angel Flight provides free air transportation for medical treatments. A referral by a social worker is required.

Low Cost: Call immediately as it takes time to process application. Ask about “ADA Eligibility”, cost, and Medi-Cal reimbursement.

- **American Medical Response** (866) 889-8422
  AMR is contracted with Medi-Cal through Cencal to provide non-emergency medical and wheelchair transport within Santa Barbara County to eligible members.

- **Help of Carpinteria** (805) 684-0065
  Help of Carpinteria is a volunteer-run organization that provides rides from Carpinteria to Santa Barbara for medical appointments. The cost is $6 roundtrip.

- **Bus and Shuttle Services**
  
  **Breeze Bus**- (800) 417-2137 (Santa Maria to Lompoc)
  Fixed route bus that runs from Santa Maria to Lompoc roundtrip. Cost is $2 each way or $1 for seniors and disabled.

  **COLT Van** (805) 736-7666 (Lompoc to Santa Barbara)
  The COLT Van runs from Lompoc to Santa Barbara roundtrip for medical appointments, Tuesdays and Thursdays. Cost is $8 roundtrip.

  **Clean Air Express**- (805) 961-8920 (From Santa Maria/Lompoc to SB)
  Transports Monday - Friday from Santa Maria and Lompoc. Arrives in morning and departs in the afternoon. Must have pass to board. Passes purchased at Santa Barbara Transit Center, Albertsons in Lompoc or Santa Maria Area Transit Center. Cost is $6 individual pass, $45 book of 10 passes and $135/calendar month pass.
SMOOTH Van (805) 928-5624 (Santa Maria to Santa Barbara)
The Santa Maria Area Transit provides this van that travels from Santa Maria to Santa Barbara for medical appointments. The van runs 1st & 3rd Monday, 2nd & 4th Tuesday, and every Thursday and Friday. Cost is between $6-$2 roundtrip.

Valley Express (805) 683-3702 (Santa Ynez Valley to Santa Barbara)
Bus available Monday-Friday. Arrives in the morning and departs in the afternoon. Cost is $4 for individual pass, $35 for 10 Rides or $120 for 30 day pass. Purchase tickets at MTD Transit Center SB, Valley Express Driver or by mail.

Vista Coastal Express (800) 438-1112 (Ventura/Santa Barbara)
The Vista Coastal Express is a bus that travels daily from Ventura to Santa Barbara. Cost is $2 each way.

Super Ride Shuttle Service (805) 683-9636

- S.O.S. Driving Services (805) 569-1214 or (805) 259-5078
  Individual driving service. Please call for rates and service.

- Wheelchair Van Services

American Medical Response (866) 889-8422
AMR is contracted with Medi-Cal through the Santa Barbara Regional Health Authority to provide non-emergency medical and wheelchair transport within Santa Barbara County to eligible members.

Dial-A-Ride Service
Lompoc- (805) 736-7666
Santa Maria- (805) 928-5654
Santa Ynez- (805) 688-5452
These are vans for elderly and disabled, available in Lompoc, Santa Maria, and Santa Ynez. Rides are provided within city limits.

Easy Lift (805) 681-1181 (For disabled/elderly)
Easy Lift transportation provides curbside service to seniors and people with disabilities in South Santa Barbara County. Cost is $2 each way.
Enhancement, Inc. is a nonprofit foundation whose purpose is to teach and disseminate material relating to health and/or wellness, through videos, publications, lectures, etc. Our main focus is on the quality of life issues for breast cancer survivors.

Our Breast Cancer Care Fund assists women in San Luis Obispo County area who are unable to afford prostheses, lymphedema treatment supplies or any breast-cancer-related treatment needs. This fund was created in 2008 from a generous donation by the Central Coast Women's League, which continues to support this fund, and we have distributed more than $30,000 in assistance to survivors since its inception.

**Free Classes**: Enhancement is pleased to announce our new free classes for all cancer survivors. (Family members, caregivers and loved ones are also welcome.) Call for details or just show up.

- **Weekly Yoga classes**, Wednesdays, 4:00-5:00 p.m. at the SLO Veterans Memorial Hall on the corner of Monterey and Grand in San Luis Obispo, in partnership with the San Luis Obispo County Parks Department, and also on Fridays, 11:00 a.m. - 12 noon sponsored by and located at Coastal Integrative Cancer Care, 715 Tank Farm Road in San Luis Obispo. Newly diagnosed or 30 years out, all cancer survivors* are invited to attend these yoga classes designed specifically for cancer survivors, that will offer gentle stretches, breathing, relaxation techniques and tools to help improve one’s quality of life. Classes are taught by master yoga teacher Shoosh Lettick Crotzer who has been a yoga therapist and instructor for more than 36 years, with an emphasis on teaching people with special needs. (*Please check with your doctor if you are undergoing treatment or are under medical care.)

- **Monthly Breast Cancer Workshops**: 2nd Tuesday of every month, 7:00-9:00 p.m. at the Hearst Cancer Resource Center, next to French Hospital on Johnson Ave, Suite 201A, San Luis Obispo. Join us for these special evenings!

- **Lymphedema Education**: 4th Tuesday of every month, 1:00-2:00 p.m. at the Hearst Cancer Resource Center next to French Hospital on Johnson Ave, Suite 201A, San Luis Obispo. Taught by Lymphedema Therapist, (and Enhancement Board Secretary) Leslyn Keith, M.S., OTR/L, these classes provide information on the signs and symptoms of Lymphedema as well as treatment options.
Health Insurance Counseling (HICAP)

**HICAP office for San Luis Obispo County**
528 South Broadway, Santa Maria, CA 93454
(800) 434-0222; (805) 928-5663 Fax (805) 925-9555

Services: Provides objective health insurance information and assistance with Medicare and supplemental insurance, HMOs and long term care insurance for senior citizens. Services include assistance with billing, denials and appeals. Counseling provided at local sites throughout the county. Community education and presentations provided. Speakers are available.

**Long Term Care Ombudsman Services**
3232 S. Higuera, Ste. 101B, San Luis Obispo, CA 93401
(805) 785-0132; (800) 231-4024 (after hours crisis) itcomb17@kcbx.net

**Physician Referral**
San Luis Obispo County Medical Society
(805) 544-3020, Fax (805) 544-3035 www.sloms.org

The Medical Society will refer you to physicians of various specialties who are members of the Society. You may call your insurance carrier for a list of participating physicians on your plan. Most insurance companies also have web sites with this information. A directory of Physicians/Suppliers who accept Medicare Assignments is available by calling your Medicare Carrier.

**Senior Living Consultants**
3165 S. Broad St., Ste. 114, San Luis Obispo, CA 93401
(805) 545-5901 info@seniorlivingconsultants.com www.seniorlivingconsultants.com

**Health Services - Cancer Centers**

- **Arroyo Grande Community Hospital Coastal Cancer Care**
  921 Oak Park Boulevard; Suite 100B, Pismo Beach, CA 93449
  (805) 481-7245

  **Nurturing the Seeds of Hope.** Arroyo Grande Community Hospital (AGCH) and a dedicated group of local physicians have partnered to establish the Coastal Cancer Care in Pismo Beach. When cancer strikes, people want their care provided close to home by doctors and a hospital they have come to know and trust. AGCH’s The Coastal Cancer Care is the first of its kind on the Central Coast, and one of a few such centers in the nation offering convenient access to the latest in prevention, diagnosis, treatment and clinical trials. The center houses extensive services in a thoughtfully designed office located on the Pismo Medical Campus – only 1.8 miles from Arroyo Grande Community Hospital.
The AGCH's Coastal Cancer Care is a place that focuses on the whole person and his or her family, not just the disease. It’s a place where a team of experts meets regularly to discover new and better ways to comfort and cure. It’s place that is shaping the future of how we care for our mothers, fathers, brothers, sisters, friends and neighbors with cancer.

Key components of our cancer care program include:

• Cancer Registry – a comprehensive gathering center for all cancer statistics generated by diagnosis and/or treatment at AGCH

• Cancer Care Committee – a multi-disciplinary group of healthcare professionals who care for cancer patients

• Cancer Conferences – also known as “Tumor Boards,” these conferences consist of meetings between physicians and staff with the primary purpose of making treatment decisions and recommendations.

• Accreditation – Arroyo Grande Community Hospital Cancer Care Program is proud to announce it has been awarded accreditation by the American College of Surgeons (ACoS) in December 2009. We are the first and only hospital cancer program in San Luis Obispo County to be awarded this prestigious distinction. To achieve this honor, our Cancer Program earned seven out of seven commendations by the ACoS Commission on Cancer (CoC). Among the standards that ACoS evaluates are institutional and program resources, program management, outpatient care, supportive and continuing care services, research, quality management and improvement, cancer data management, public education, prevention and detection, and professional education and staff support. In addition, we have been awarded the 2009 ACoS CoC Outstanding Achievement Award – one of only four recipients in California and 80 in the U.S.

• Clinical Trials – Clinical trials are research studies in which people can voluntarily participate. Each study tries to answer scientific questions and to find better ways to prevent, diagnose or treat cancer. Local clinical trials have been available in the Arroyo Grande community since 1994 thanks to the efforts of Medical Oncologist, David Palchak, M.D., and his affiliation with the University of California, San Diego, and in association with the Cancer and Leukemia Cooperation Group. When reviewing the number of patients enrolled in clinical trials in Arroyo Grande for the past four years, those numbers have exceeded the expectations of the American College of Surgeons.

Once a patient is diagnosed with any kind of cancer, they will be referred to make an appointment with our Nurse Navigator. Every patient of AGCH's Coastal Cancer Care Center is partnered with a highly-skilled nurse specially-trained to help you navigate screening needs and the different treatment options you will encounter, also, an important source of support in dealing with the physical, emotional, financial and spiritual challenges of cancer treatment.
• **Hearst Cancer Resource Center**
  1941 Johnson Ave, Suite 201A
  San Luis Obispo, CA 93401
  (805) 542-6234  
  www.frenchmedicalcenter.org

A place for information, support and peace of mind. Free of charge.

Hearst Cancer Resource Center wellness and support services provide a bridge between standard medical care and a full range of healing therapies. Our integrative approach offers a foundation for care that includes an array of programs designed to strengthen the body, educate the mind and alleviate the stress which often comes with a cancer diagnosis. The Hearst Cancer Resource Center hosts everything from laughing classes to nutrition lectures, yoga to support groups and much more. The Hearst Cancer Resource Center also offers the Jennifer Diamond Cancer Resource Library to provide the most current, and trustworthy information on cancer. It also features an Appearance Center complete with wigs, hats, scarves and makeup, to help build confidence and self-esteem in its clients who bravely battle the disease. Classes and services are offered at no charge to cancer patients, family members and friends. The programs are designed to help those touched by cancer and their loved ones live better lives during treatment and beyond. Our goal is to help persons with cancer learn about the disease, recognize opportunity for improved health, build a personal support system, and sense of extended family. We are dedicated to serving patients and their families: ranging from those newly diagnosed with cancer, in treatment or recovery, and survivors. The resource center, staffed by oncology professionals, houses the latest information on cancer treatment options, nutrition, and stress reduction.

**Services offered:** Nurse Navigator to explain and help coordinate patient care, Registered Dietitian for nutritional counseling, Patient and caregiver support groups, Appearance Consultation in collaboration with American Cancer Society “Look Good Feel Better”, Programs to connect mind, body & spirit, Creative and inspirational retreats, Community Educational programs, Multimedia library and internet access, Unique collaboration with local and national cancer organizations.

Call (805) 542-6234 for information or visit us at www.frenchmedicalcenter.org

**Health Services – Free or Low Cost**

• **CMSP - SLO County Medical Services Program**
  2180 Johnson Avenue, San Luis Obispo, CA 93401-4534
  (805) 781-4838

This program determines eligibility, prior-authorizes medical services, and provides payment for medical care for eligible adults. You may be eligible for CMSP if you:
  • Are between ages 21-64
  • Are not eligible for Medi-Cal
• Are either a legal U.S. citizen or an alien "permanently residing in the United States under Color of Law"
• Live in San Luis Obispo County
• Have low assets and income less than 250% of the poverty level
• Have a medical need

• Community Health Centers of the Central Coast
  (866) 614-4636  www.chccc.org

   **About Us** Community Health Centers of the Central Coast, Inc. (CHC) is a 501(c)(3) non-profit network of community health centers serving the residents of California's Central Coast. Conveniently located throughout San Luis Obispo and northern Santa Barbara counties, our committed team of healthcare professionals are dedicated to maintaining your health and well being. We offer fully accredited Medical, Dental and Chiropractic care as well as Health Education and Specialty Care.

   **Our Mission** To enhance the health status of all people in the Central Coast of California, with special emphasis on the medically underserved, by providing accessible, affordable, comprehensive & quality healthcare services, through well trained professional staff, in strategically located health centers.

   **Sliding Fee Scale** Our sliding fee scale offers significant discounts to individuals and families who qualify on the basis of limited income and / or family size.

   **Appointments** To arrange an appointment with Community Health Centers, please contact the medical facility most convenient to you.

• French Hospital Women’s Diagnostic Center Charitable Breast Screening Fund
  (805) 597-6700

Provides breast cancer screening services for women who are not eligible to access other programs that provide these services. Please call and request to speak with Brandy or Taniya.
Lymphedema Therapy

**Lymphedema Therapy Program**
Able Therapy Services, 1061 Murray St, San Luis Obispo, CA 93405
(805) 782-9300

Other Resources

**Driver Safety Evaluation Program**
Central Coast Driver’s Safety Evaluation Program
1128 Iris St. San Luis Obispo, CA 93401
(805) 541-5543                          djeffrey@fix.net
www.ccdse.com

Provides driving evaluation and adaptive equipment assessments

Smoking Cessation

**San Luis Obispo County Public Health Department**
(805) 781-5564

The San Luis Obispo County Public Health Department provides education, prevention and stop smoking programs to reduce the use of tobacco products and the harmful effects of smoking.

Supportive Services

**211 Help line Dial 2-1-1** in San Luis Obispo County

211 is a non-emergency telephone number that connects individuals and families with information and community resources. If you or someone you know needs help, 211 call specialists can provide referrals to local health and human service programs. In the event of a disaster, 211 is also a resource for local information.

**American Cancer Society**
1540 Branch St. Arroyo Grande CA 93420
(805) 473-2719. Toll free (800) 227-2345

Maintains a current list of all San Luis Obispo County cancer support groups in English and Spanish. Call ACS San Luis Obispo office.

**Cancer Connections of San Luis Obispo**
(805) 235-2997

If you are newly diagnosed and want to talk to some one about your cancer please call Cancer Connections to be matched with a volunteer who has a
similar type of cancer and is surviving. The phone line hours are 9 AM to 9 PM throughout the year. Our phone is being provided free of charge by Cellular One of SLO.

**Hospice Partners of the Central Coast**  
277 South St., Suite R, San Luis Obispo, CA 93401  
(805) 782-8608

Hospice Partners of the Central Coast is a non-profit, State licensed, Medicare and Medi-Cal certified hospice that provides a comprehensive and progressive hospice program, including hands-on hospice care. Hospice Partners is available 24 hours a day, 365 days a year. Serves San Luis Obispo and northern Santa Barbara county. Our services include: Physicians, RN/Case Managers, Medical Social Workers, Home Health Aides, Spiritual Counselors, Dieticians, Bereavement Counselors, Volunteers, Therapists (physical, occupational, speech), Therapeutic Musician, Inpatient Care and Pharmacy Services, Medical Equipment, and Medical Supplies

**Hospice Paso Robles**  
1345 Oak Street, Paso Robles, CA 93446  
(805) 434-116

**Hospice of San Luis Obispo County**  
(805) 544-2266

Hospice of San Luis Obispo County supports the community in coping with loss and promoting healing by providing free counseling, community education and volunteer support to those grieving a death or dealing with potential end of life issues.

**The Wellness Community-Central Coast**  
Community in Development  
614 13th Street, Paso Robles, CA 93446  
(805) 238-4411

The Wellness Community is dedicated to help people with cancer and their loved ones enhance their health and well-being by providing a professional program of emotional support, education, and hope. The Wellness Community is part of an international not-for-profit organization dedicated to providing free support, education and hope to those affected by cancer. Through participation in professionally led support groups, educational workshops, nutrition and exercise programs, and mind/body connection classes, people affected by cancer learn vital skills that enable them to regain control, reduce isolation and restore hope, regardless of the stage of their disease.
Transportation

Free or Low Cost by type of service

For general transportation information, one telephone number has been established for your convenience. Call the Regional Ridesharing Program at (805) 541-CARS (541-2277).

- **Door-to-Door Service**

  **Atascadero Dial-a-Ride**
  (805) 466-7433, (805) 541-2277
  www.atascadero.org/transit
  Service within Atascadero;
  Connections to RTA buses; to and from Twin Cities Hospital

  **Cambria’s Anonymous Neighbors (CAN)**
  (805) 927-5673
  Transportation to medical appointments locally and within SLO County for residents of Cambria and San Simeon.

  **Morro Bay Dial-a-Ride**
  (805) 772-2744, (805) 541-2277
  www.morro-bay.ca.us/dialaride.html
  Service within Morro Bay
  Connections to RTA buses

  **Nipomo Dial-a-Ride**
  (805) 929-2881
  Service within Nipomo
  Connections to RTA buses.

  **Paso Robles City Area Transit (PRCATS)**
  (805) 239-8747, (805) 541-2277
  www.rideshare.org/buses/prsched.html
  Service within Paso Robles
  Connections to RTA buses; to and from Twin Cities Hospital

  **Ride-On Transportation**
  (805) 541-8747 (805) 541-2277
  info@ride-on.org
  www.ride-on.org

  A nonprofit organization providing transportation countywide. Senior Shuttle is $2 each way serving North Coast on Mondays, South County on Tuesdays and Thursdays, North County on Wednesdays and Five Cities Shuttle on Wednesdays.
Runabout Service
(805) 781-4363 Info
(805) 541-2544 Reservations www.slorta.org/runabout.htm

Runabout is a countywide door-to-door service for people who are unable to use the regular fixed route bus service due to a disability. Eligibility is based on the person's individual abilities and limitations, not a specific age, diagnosis or disability. Fares range from $2.00 to $6.50 per one way trip depending on distance traveled. Runabout is the provider of service for qualified riders under the Americans with Disabilities Act (ADA). See details under Door-to-Door service.

South Bay Dial-a-Ride
(805) 528-7433 www.southbaydialaride.com
Service within Baywood/Los Osos
Connections to RTA buses

• Fixed-Route Service

Atascadero Transit
(805) 466-7433, 541-2277 www.atascadero.org/transit

Avila Beach Trolley
(805) 541-2228, (805) 541-2277 www.cambriatransit.org

Cambria Trolley
(805) 927-0468 www.cambriatransit.org

SLO Downtown Trolley
(805) 541-2228, (805) 541-2277 www.cambriatransit.org

• Countywide Area Service

Five Cities Area Service Regional Transit Authority - South County Area Transit (RTA-SCAT) (805) 541-2228; (805) 541-2277 www.scattransit.org

Paso Robles City Area Transit (PRCATS)
(805) 239-8747, (805) 541-2277 www.rideshare.org/buses/prsched

San Luis Obispo Regional Transit Authority (RTA)
(805) 541-2877; 541-2277

San Luis Obispo City Area Service SLO Transit
(805) 541-2877

• Long Distance Travel – Train Amtrak
(800) 872-7245 (USA-RAIL) www.amtrak.com
• **Long Distance Travel – Bus**  
  Greyhound Reservations Center (800) 231-2222  
  en Espanol (800) 531-5332  
  www. Greyhound.com

  Greyhound Terminals  
  150 South St. San Luis Obispo, CA 93401, (805) 543-2121  
  800 Pine St., Paso Robles, CA 93446, (805) 238-1242

• **Senior Vans**

  **Cambria Community Bus**  
  (805) 927-4173

  **Cayucos Senior Citizens Club**  
  (805) 995-3543

  Purpose: non-profit, non-partisan and non-denominational committed to community services and to meeting the needs and interests of all Cayucos residents sixty and older.

• **Special Senior Transportation**

  **Rides 4 Seniors**  
  Paso Robles Senior Center  
  (805) 237-3880

  Provides transportation for nondriving homebound seniors in Paso Robles, Atascadero, Templeton, San Miguel and nearby areas. Monday through Friday 8 a.m. – 5 p.m. Volunteers must use their own vehicles. Appointments made through senior center – reservations requested one week in advance. Collaboration between RSVP and City of Paso Robles.