## Deliverable Form E – 5-Year Action Plans

*(For further instructions see separate document titled “Action Plan Guidelines”)*

### MCAH SOW Goal 3:

<table>
<thead>
<tr>
<th>Problem Category</th>
<th>SIDS/SUID</th>
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<tbody>
<tr>
<td><strong>Problem Statement(s)</strong></td>
<td>High risk, low income, and undocumented women of newborns have a presumed increase of unexpected infant deaths due to unsafe infant sleep environments, e.g., lack of space in the home, lack of resources to obtain safe sleep surface, lack of understanding and/or exposure to cigarette smoking and/or alcohol in utero or early infancy.</td>
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<tr>
<td><strong>Five Year Local Goal(s)</strong></td>
<td>To reduce the number of SIDS/SUID events by promoting optimal sleep environments.</td>
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<tr>
<td><strong>Risk/Contributing Factors</strong></td>
<td>Lack of consistent messaging across disciplines, parents/caregivers lack of knowledge and understanding of safe sleep recommendations, unsafe sleep environment, lack of funding to obtain a safe sleep environment, exposure to substance use in utero and early infancy, lack of regular prenatal care, prematurity, low birth weight.</td>
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<tr>
<td><strong>Intervention Population(s)</strong></td>
<td>CPSP provider offices, parents of children &lt;1 year of age–specifically targeting Hispanic and Oaxacan community, CHDP provider offices, community collaborative partners serving children &lt;1 year of age.</td>
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</table>

### Short and/or Intermediate Objective(s)

<table>
<thead>
<tr>
<th>Inputs, including Community Partner involvement</th>
<th>Intervention Activities to Meet Objectives</th>
<th>Performance Measures Short and/or Intermediate</th>
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</table>
| • PSC  
• SIDS coordinator  
• CPSP provider offices | • PSC and/or SIDS coordinator outreach to provider offices and assesses current knowledge of SIDS and provider SIDS education to clients  
• PSC and/or SIDS coordinator provide infant safe sleep and SIDS risk reduction information to CPSP provider offices  
• Develop an evaluation to assess SIDS education at provider offices  
• Utilize SIDS educational materials located at the State web site: [http://www.cdph.ca.gov/programs/SIDS/Pages/default.aspx](http://www.cdph.ca.gov/programs/SIDS/Pages/default.aspx) And the California SIDS Program web site: | Includes data source(s) including data source(s) |
| • Briefly describe:  
• Process to implement infant safe sleep and SIDS risk reduction practices at CPSP provider offices  
• Presentations given to CPSP provider offices  
• Number of CPSP provider offices demonstrating correct knowledge on the infant safe sleep practices and SIDS risk reduction  
• Community partnership and linkages | • Number of presentations  
• [Number] of CPSP providers who provide correct infant safe sleep and SIDS risk reduction information to all their pregnant and postpartum women/[X] CPSP Provider Offices  
• Briefly describe methodology adopted by CPSP providers |

### Fiscal Year 1: 2015-2016

By June 30, [2016], [12/12] CPSP provider offices will provide correct infant safe sleep and SIDS risk reduction information to all their pregnant and postpartum women.
<table>
<thead>
<tr>
<th>Short and/or Intermediate Objective(s)</th>
<th>Inputs, including Community Partner involvement</th>
<th>Intervention Activities to Meet Objectives</th>
<th>Performance Measures Short and/or Intermediate</th>
<th>Process Description and Measure(s) including data source</th>
<th>Outcome Measure(s) including data source</th>
</tr>
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<tbody>
<tr>
<td><strong>Fiscal Year 2: 2016-2017</strong>&lt;br&gt;By June 30, [2017] develop and implement a community awareness campaign targeting the Hispanic/Oaxacan communities aimed at increasing awareness of safe sleep practices and SIDS risk reduction.</td>
<td>• MCAH Director&lt;br&gt;• SIDS Coordinator&lt;br&gt;• MCAH and Field Nursing Unit&lt;br&gt;• PSC&lt;br&gt;• Driscoll Farms Health Center&lt;br&gt;• Reiter Affiliated Companies&lt;br&gt;• SBCEO&lt;br&gt;• First 5&lt;br&gt;• Promotores de Salud Coalition</td>
<td>• Develop and implement a Continuous Quality Improvement/Quality Assurance (CQI/QA) process to monitor implementation of SIDS and safe sleep education and a feedback mechanism to evaluate the impact&lt;br&gt;• Provide technical assistance as needed</td>
<td>• Evaluation tool developed&lt;br&gt;• The results of provider evaluations&lt;br&gt;• The CQI/QA process developed&lt;br&gt;• Technical assistance provided</td>
<td><a href="http://californiasids.cdph.ca.gov">http://californiasids.cdph.ca.gov</a>&lt;br&gt;• Develop and implement a Continuous Quality Improvement/Quality Assurance (CQI/QA) process to monitor implementation of SIDS and safe sleep education and a feedback mechanism to evaluate the impact&lt;br&gt;• Provide technical assistance as needed</td>
<td>Briefly describe:&lt;br&gt;• Community partnerships, linkages, and outreach&lt;br&gt;• Number of parents receiving education about infant safe sleep practices and SIDS risk reduction&lt;br&gt;• Presentations given&lt;br&gt;• Media campaign&lt;br&gt;• Picture guide developed&lt;br&gt;• Evaluation tool developed&lt;br&gt;• The results of the evaluations&lt;br&gt;• Barriers, challenges, and opportunities to improve infant safe sleep&lt;br&gt;• The CQI/QA process developed&lt;br&gt;• Technical assistance provided</td>
</tr>
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| **Fiscal Year 3: 2017-2018**  
By June 30, [2018], [x/X] CHDP provider offices will provide correct infant safe sleep and SIDS risk reduction information to all parents with children <1 year of age.  
(Year 1/2) | • CHDP PHN  
• CHDP provider offices  
• SIDS coordinator | • CHDP PHN and/or SIDS coordinator outreach to provider offices and assesses current knowledge of SIDS and provider SIDS education to clients  
• CHDP PHN and/or SIDS coordinator provide infant safe sleep and SIDS risk reduction information to CHDP provider offices  
• Develop an evaluation to assess SIDS education at provider offices  
• Utilize SIDS educational materials located at the State web site: http://www.cdph.ca.gov/programs/SIDS/Pages/default.aspx  
And the California SIDS Program web site: http://californiasids.cdph.ca.gov  
• Develop and implement a Continuous Quality Improvement/Quality Assurance (CQI/QA) process to monitor implementation of SIDS and safe sleep education and a feedback mechanism to evaluate the impact | Briefly describe:  
• Process to implement infant safe sleep and SIDS risk reduction practices at CHDP provider offices  
• Presentations given to CHDP provider offices  
• Number of CHDP provider offices demonstrating correct knowledge on the infant safe sleep practices and SIDS risk reduction  
• Community partnership and linkages  
• Evaluation tool developed  
• The results of provider evaluations  
• The CQI/QA process developed  
• Technical assistance provided | • Number of presentations  
• [Number] of CHDP providers who provide correct infant safe sleep and SIDS risk reduction information to all their parents of children <1 year of age/ [X] CHDP Provider Offices  
• Briefly describe methodology adopted by CHDP providers |
| **Fiscal Year 4: 2018-2019**  
By June 30, [2019], [x/X] CHDP provider offices will provide correct infant safe sleep and SIDS risk reduction information to all parents with children <1 year of age.  
(Year 2/2) | • CHDP PHN  
• CHDP provider offices  
• SIDS coordinator | • CHDP PHN and/or SIDS coordinator outreach to provider offices and assesses current knowledge of SIDS and provider SIDS education to clients  
• CHDP PHN and/or SIDS coordinator provide infant safe sleep and SIDS risk reduction information to CHDP provider offices  
• Develop an evaluation to assess SIDS education at provider offices  
• Utilize SIDS educational materials located at the State web site: http://www.cdph.ca.gov/programs/SIDS/Pages/default.aspx  
And the California SIDS Program web site: http://californiasids.cdph.ca.gov | Briefly describe:  
• Process to implement infant safe sleep and SIDS risk reduction practices at CHDP provider offices  
• Presentations given to CHDP provider offices  
• Number of CHDP provider offices demonstrating correct knowledge on the infant safe sleep practices and SIDS risk reduction  
• Community partnership and linkages  
• Evaluation tool developed  
• The results of provider evaluations  
• The CQI/QA process developed  
• Technical assistance provided | • Number of presentations  
• [Number] of CHDP providers who provide correct infant safe sleep and SIDS risk reduction information to all their parents of children <1 year of age/ [X] CHDP Provider Offices  
• Briefly describe methodology adopted by CHDP providers |
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<th>Performance Measures Short and/or Intermediate</th>
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| - Develop and implement a Continuous Quality Improvement/Quality Assurance (CQI/QA) process to monitor implementation of SIDS and safe sleep education and a feedback mechanism to evaluate the impact | • MCAH Director  
• SIDS Coordinator  
• MCAH and Field Nursing Unit  
• CAPC – Child Abuse Prevention Council  
• Child Care Planning Committee of SBC  
• Children’s Resource and Referral of SBC  
• WIC  
• First Five  
• Head Start/Early Head Start  
• TAPP (AFLP) | • SIDS coordinator outreach to community collaborative partners and assesses current knowledge of SIDS and community collaborative partners SIDS education to clients  
• SIDS coordinator provide infant safe sleep and SIDS risk reduction information to community collaborative partners  
• Develop an evaluation to assess SIDS education of collaborative partners  
• Utilize SIDS educational materials located at the State web site: [http://www.cdph.ca.gov/programs/SIDS/Pages/default.aspx](http://www.cdph.ca.gov/programs/SIDS/Pages/default.aspx) And the California SIDS Program web site: [http://californiasids.cdph.ca.gov](http://californiasids.cdph.ca.gov)  
• Develop and implement a Continuous Quality Improvement/Quality Assurance (CQI/QA) process to monitor implementation of SIDS and safe sleep education and a feedback mechanism to evaluate the impact | Briefly describe:  
• Community partnerships, linkages, and outreach  
• Presentations given to community collaborative partners  
• Number of community collaborative partners demonstrating correct knowledge on the infant safe sleep practices and SIDS risk reduction  
• Process to implement infant safe sleep and SIDS risk reduction practices at community collaborative partners organizations  
• Evaluation tool developed  
• The results of provider evaluations  
• The CQI/QA process developed  
• Technical assistance provided |}

**Fiscal Year 5: 2019-2020**

By June 30, [2020], [x/X] community collaborative partners that serve children <1 year of age will demonstrate increased knowledge and adopt infant safe sleep and SIDS risk reduction practices.

- Number of presentations
- [Number] of community collaborative partners who provide correct infant safe sleep and SIDS risk reduction information to all their parents with children <1 year of age/[X] community collaborative partners
- Briefly describe methodology adopted by collaborative partners