TRANSITION RESOURCES/ALTERNATIVAS TRANSITORIAS
California Children Services (CCS), Santa Barbara County Public Health Department

Education/Educación
Cal. State Universities: http://www.calstate.edu/SAS
College Planning: www.going-to-college.org
Hancock College, Disabled Student Services:
922-6966, ext. 3274 (Santa Maria)
735-3366, ext. 5274 (Lompoc)
www.hancockcollege.edu (Student Services LAP)
Heath Resource Center: www.heath.gwu.edu
Local School District (until graduation or age 22)
Santa Barbara City College, Disabled Student Services: 965-0581, ext. 2364
www.sbcc.edu/dsps
Universities of California: www.universityofcalifornia.edu

Employment/Empleo
Blind/Visually impaired: www.transition2employment.com
Dept. of Rehabilitation: 928-1891 (S.M), 925-4393 ((SM)
www.dor.ca.gov
Disability Info: www.disabilityinfo.gov (employment)
Workforce Resource Center/One Stop Center:
www.workforceresource.com
568-1296 (SB) 614-1550 (SM)

Financial/Finanzas
Disability Benefits: www.ca.db101.org
SB County Social Services : 1-866-404-4007
Social Security (SSI): 1-800-772-1213
1-866-695-6285 (SB) 1-866-331-2316 (SM)
www.ssa.gov (also SSDI for disabled adult children of those receiving Social Security)

Healthcare/Cuidados de Salud
California Children Services (until age 21)
California Major Risk Medical Insurance and PCIP Programs: 1-800-289-6574 (if denied regular health insurance due to pre-existing condition)
www.mrmib.ca.gov
Community & County Health Clinics (low fees)
www.211sbcounty.org (search “community clinics”)
Cottage Rehabilitation Hospital 687-7444; 569-8999 (out-pt)
www.cottagehealthsystem.org (click on “Our Hospitals”)
Genetically Handicapped Persons Program (GHPP)
1-800-639-0597, www.dhcs.ca.gov/services/ghpp
Guide to Health Organizations in CA (Eng/Span)
1-888-430-2423, www.chcf.org/salud
Medically Indigent Adult Program (MIA):
Apply in person at Santa Barbara County Clinics,
www.countyofsb.org/phd 681-5390

Medi-Cal: 1-866-404-4007
www.dhcs.ca.gov/services/medi-cal
Medication help: www.rxassist.org; www.needymeds.org
Planned Parenthood (reproductive health care)
1-888-898-3806, www.ppsbvslo.org

Websites (access to healthcare):
www.healthcare.gov
www.ehealthinsurance.com; http://coverageforall.org
Websites (Personal Health Records):
www.myphr.com
http://depts.washington.edu/healthtr/resources/tools/forms.html

Housing/Independent Living
Vivienda/Alojamiento Independiente
Braille Institute of SB: 682-6222 (daily living training)
www.brailleinstitute.org (About us, Locations, SB)
Housing Authority (Low Income Housing):
965-1071(SB), 925-4393 ((SM)
735-8351 (Lpc), 967-3402 (County)
In-Home Supportive Services (evaluates need for in-home help and provides if client qualifies):
681-4550(SB), 346-8303(SM), 737-6020(Lpc)
Independent Living Resource Center:
963-0595 (SB), 925-0015 (SM)
www.ilrc-trico.org
Tri-Counties Regional Center (for developmentally disabled): 962-7881 (SB), 922-4640 (SM)
www.tri-counties.org
United Cerebral Palsy: 566-9000 www.ucpla.org

Legal
Age of Majority: 18 (in charge of all decisions unless conserved)
Legal Aid Foundation.: 963-6754 (SB), 922-9909 (SM)
Legal Resource Ctr: 568-3303(SB),349-1289(SM),737-5454(L)

Mental Health/Salud Mental
Information & Support: www.nami.org
SB County Alcohol Drug, & Mental Health Dept:
1-888-868-1649, www.countyofsb.org/admhs

Recreation/Recreación
Adaptive: 564-5421 (SB), 925-0951, ext.157 (SM),
875-8100 (Lompoc Recreation Dept)
Cottage Rehabilitation Hospital Aquatics: 569-8999, x2102
National Center on Physical Activity and Disability: www.ncpad.org

Transportation (door to door)/Transportación (puerta a puerta): For those unable to use regular bus service:
Easy Lift (SB): 681-1180
HELP of Carpinteria: 684-0065
Lompoc Transit: 736-7666
Santa Ynez Valley Transit: 688-5452
SMAT/SMOOTH (SM): 922-8476

Websites (illnesses & disabilities)
Sitios Web (enfermedades y discapacidades)
www.disabilityinfo.gov (health, housing, etc.)
www.healthfinder.gov
www.medlineplus.gov
www.nichcy.org
www.pacer.org

Websites (transition) Sitios Web (transición)
www.tknlyouth.org
http://hctransitions.ichp.ufl.edu
www.depts.washington.edu/healthtr
www.hrtw.org

Updated 8/27/12 by M. Jochim